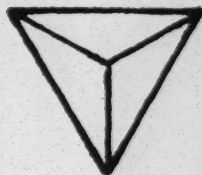


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**Vol. XII
No. 1**

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"A
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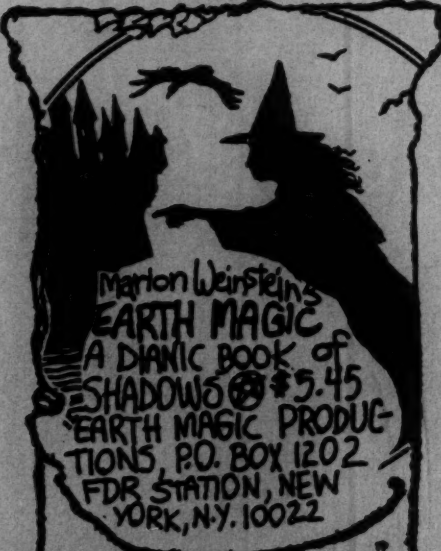
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LAUGHING MATTER. YOU'LL NEVER KNOW HOW MANY PEOPLE HAVE GONE TO THEIR MAKER BECAUSE A BUNGLING DOCTOR MADE A FATAL ERROR. THEN THE MAN WHO MADE THE MISTAKE IS ALSO THE MAN WHO FILLS OUT THE DEATH CERTIFICATE SHOWING THE CAUSE OF DEATH. ETHICS WILL NOT PERMIT ANY OF HIS COLLEAGUES TO CRITICIZE HIS STATEMENT AS TO CAUSE OF DEATH. TO MY KNOWLEDGE, NEVER IN HISTORY HAS "DOCTOR ERROR" EVER BEEN LISTED AS THE CAUSE OF DEATH.

IF DOCTORS SPENT EVEN HALF AS MUCH TIME IN CONTINUING STUDIES OF NUTRITION, HEALTH, AND RECENT MEDICAL ADVANCEMENTS AS THEY SPEND IMPROVING THEIR GOLF SCORES AND STUDYING THEIR STOCK PORTFOLIOS AND REAL ESTATE INVESTMENTS, WE WOULD ALL ENJOY A LONGER LIFE AND NOTICABLY IMPROVED GENERAL LEVEL OF WELL-BEING. IN THE ATMOSPHERE OF MODERN AMERICAN MEDICINE, IT JUST ISN'T SAFE TO GET SICK! WITNESS, FOR EXAMPLE, THE WIDELY PUBLICIZED DOCTOR STRIKE IN LOS ANGELES JUST A FEW YEARS AGO. THE LOS ANGELES DEATH RATE DROPPED NOTICEABLY FOR THE DURATION OF THE STRIKE THEN ROSE AGAIN TO NORMAL LEVELS ONCE THE STRIKE WAS RESOLVED.

IF IT ISN'T SAFE TO DEPEND ON A DOCTOR, JUST WHAT ALTERNATIVE DOES THAT LEAVE OPEN? JUST "DON'T GET SICK". OF COURSE, IF YOU'RE A TYPICAL CITIZEN WHO HAS FALLEN INTO THE PATTERN OF LIVING MOST COMMON IN OUR LAND, THE CHANCES OF REMAINING DISGUSTINGLY HEALTHY ARE PRETTY SLIM. OUR SOCIETY IS ORIENTED TO "THE GOOD LIFE" AND THE IDEA THAT THE MEDICAL PROFESSION WILL MAKE US WELL AGAIN IN THE EVENT OF SICKNESS. NOBODY SEEMS WILLING TO CHAMPION THE CAUSE OF "STAYING WELL" INSTEAD OF "GETTING WELL". IT TAKES EFFORT TO STAY WELL NOWADAYS AND MOST PEOPLE CAN'T BE BOTHERED. YOU CAN'T SELL "PREVENTION". THE YOUNG AREN'T INTERESTED IN PRESERVING YOUTH, THE HEALTHY AREN'T INTERESTED IN PRESERVING THAT GOOD HEALTH, AND THE FREE ARE NOT WILLING TO SUPPORT THE MILITARY STRENGTH TO MAINTAIN THEIR FREEDOM. BUT, THEY'LL DEVOTE THEIR TOTAL RESOURCES TO WAR ONCE THEIR FREEDOM IS CHALLENGED, PHONEY NOSTRUMS PROMISING TO GROW HAIR, ELIMINATE WRINKLES, OR OTHERWISE HIDE THE RAVAGES OF TIME, AND FOR MEDICAL BILLS IN A FUTILE EFFORT TO RECOVER THE HEALTH THEY PREVIOUSLY NEGLECTED.

EVEN IF YOU'RE AMONG THAT SMALL MINORITY WHO ARE AWARE OF THE DISSIPATING EFFECTS OF MODERN LIVING, DOING ANYTHING ABOUT IT ISN'T EASY. GOVERNMENT, THE PRESS, AND THE MEDICAL ESTABLISHMENT ALL SEEM TO BE TOTALLY UNAWARE OF THE PROBLEM, ITS CAUSE, OR THE CURE. WEIGHTED STATISTICS, OUTLINED ON THE PREVIOUS PAGE HAVE EFFECTIVELY GLOSSED OVER THE REAL TRUTH OF OUR DETERIORATING NATIONAL HEALTH. BILLIONS OF DOLLARS ANNUALLY FLOWING INTO OUR GIANT FOOD PROCESSING INDUSTRY AND OUR MEDICAL INDUSTRY ARE REPRESENTED BY STRONG LOBBIES THAT EFFECTIVELY BLOCK ANY EFFORTS TO CHANGE THE EXISTING ORDER OF THINGS. WHAT CAN YOU, AS AN INDIVIDUAL, BE EXPECTED TO DO WHEN THE ESTABLISHED AUTHORITY, CHARGED WITH THAT RESPONSIBILITY, DOES NOTHING?

WELL, THAT'S WHERE THE NATURAL SCIENCE PROGRAM COMES IN AT. REGARDLESS OF WHAT ANY ENTITY WITH A FINANCIAL INTEREST IN NATIONAL HEALTH SAYS, HERE ARE THE FACTS: FIRST OFF, THE PROBLEM BEGINS WITH FOOD PROCESSING. DUE TO THE PROBLEMS OF TRANSPORTING AND STORING FOODS ECONOMICALLY WITHOUT SPOILAGE, A NUMBER OF CHEMICALS ARE ADDED. THEN, IN THE PROCESS OF CREATING EYE-APPEAL TO IMPROVE THE COMPETITIVE POSITION OF THE PRODUCT, IT IS SOMETIMES BLEACHED, BLANCHED, BAKED, BOILED, AND OTHERWISE PROCESSED UNTIL ORIGINAL NUTRITIONAL VALUE IS DESTROYED AND LITTLE MORE REMAINS THAN THE BULK. SOME FEW OF THE NUTRIENTS THUS DESTROYED ARE RETURNED THROUGH FORTIFICATION AND



"What do you mean, where's her weenie? Didn't you learn ANYTHING at Medical School?"

THE PRODUCT IS THEN LABELED "ENRICHED". THE MORE SOCIETY HAS DEMANDED CONVENIENCE, THE MORE OUR FOODS HAVE BEEN PROCESSED AND THE FURTHER THEY'VE DEVIATED FROM THE ORIGINAL NUTRITIONAL CONTENT. NO MATTER WHAT THE LIST OF NUTRITIONAL VALUES ON MOST CONTAINERS SAY, "PROCESSED FOODS ARE ABSOLUTELY NOT THE SAME AS NATURAL UNPROCESSED FOODS!"

THINK ON THIS AND THINK HARD BECAUSE WE'RE TALKING ABOUT YOUR LIFE AND YOUR WELL-BEING. MODERN SCIENCE SEEMS TO BE AVERAGING ABOUT ONE DISCOVERY PER YEAR OF A NEW VITAMIN OR NUTRIENT. AFTER EACH DISCOVERY THEY PUBLISH MATERIAL PROCLAIMING THE SIGNIFICANCE OF THE DISCOVERY AND OUTLINING THE ESSENTIAL NATURE OF THE NEW VITAMIN TO OUR HEALTH. THEN, ITS SYNTHESIZED, ADDED INTO FOOD, AND ADDED TO THE LIST OF NUTRITIONAL VALUES PRINTED ON THE PACKAGE. BUT, WHAT DID WE DO FOR THAT "ESSENTIAL VITAMIN" BEFORE THEY DISCOVERED IT. IF WE WERE EATING PROCESSED FOOD WE SIMPLY DID WITHOUT IT. SO, YOU SAY YOU DIDN'T

MISS IT AND DIDN'T SUFFER ANY ILL EFFECTS FROM ITS ABSENCE BEFORE THEY PUT IT IN. THAT ERROR IS YOUR PERSONAL CONTRIBUTION TO YOUR OWN EVENTUAL ILL HEALTH AND PREMATURE DEATH! YOU POSITIVELY DID NEED IT!

THE HUMAN MECHANISM IS A FAR MORE INTRICATE AND A FAR BETTER GUARDIAN OF ITS OWN WELL-BEING THAN WE IMAGINE. THE SOPHISTICATED COMPUTERS THAT PUT A MAN ON THE MOON ARE INSIGNIFICANT COMPARED TO THE CAPABILITY OF THE HUMAN COMPUTER WITHIN EACH OF US. EVERY BODILY FUNCTION IS MONITORED CONSTANTLY AND EVERY SLIGHT CHANGE IN EITHER INTERNAL OR EXTERNAL INFLUENCES IS NOTED AND CONSIDERED. MOMENT BY MOMENT CORRECTIONS ARE MADE, VALVES ARE OPENED, CHECKS AND STOPS ARE PHASED IN AND OUT ACCORDING TO OUR NEEDS, ALL WITHOUT ANY CONSCIOUS AWARENESS OF OUR AUTOMATIC INTERNAL ACTIVITY. EVERY MORSEL OF FOOD WE EAT IS MONITORED AND EVERY NUTRIENT WITHIN IT IS ANALYZED BY THAT HUMAN COMPUTER. COMMANDS ARE ISSUED BY THE BRAIN TO DESIGNATE THOSE SPECIAL SUBSTANCES IN SHORT SUPPLY AND THOSE TO BE PLACED IN RESERVE. RESERVES ARE, LIKEWISE MONITORED TO DECIDE WHAT IS AVAILABLE FROM MINUTE TO MINUTE FOR USE IN MAINTAINING THE BODY AT ITS HIGHEST POSSIBLE LEVEL. WHEN AN ESSENTIAL NUTRIENT IS IN SHORT SUPPLY AND REPLACEMENT ISN'T FORTHCOMING, THE BRAIN INSTITUTES ITS OWN RATIONING PROGRAM TO EXTEND THE SUPPLY ON HAND AS LONG AS POSSIBLE. AS THE PERIOD WITHOUT REPLACEMENT OF RESERVES CONTINUES, THE RATIONING BY THE HUMAN COMPUTER BECOMES TIGHTER AND THE BODY'S PHYSICAL FUNCTIONS ACTUALLY BEGIN TO FEEL THE PINCH OF TIGHT RATIONING IN A VARIETY OF WAYS. AND, IF WE DON'T EVENTUALLY FIND THE NECESSARY NUTRIENTS SOMEWHERE, PHYSICAL FUNCTIONS ULTIMATELY MALFUNCTION, RESULTING IN SICKNESS AND EVEN DEATH.

TIME INVOLVED?....MANY YEARS! THROUGH CONSTANT READJUSTMENT THE COMPUTER WITHIN YOU EXTENDS THE BODY AS FAR AS POSSIBLE WITHOUT NEW NUTRIENTS. WHEN RESERVES OF CRITICAL NUTRIENTS ARE FINALLY TOTALLY EXHAUSTED, THE COMPUTER THEN REASSESSES THE SITUATION AND DECIDES WHAT CAN BE SACRIFICED TO THE SURVIVAL OF THE ENTIRE BODY. MAYBE, FOR INSTANCE, IT MIGHT DECIDE THAT THE COLOR OF YOUR HAIR ISN'T AS IMPORTANT AS THE BEAT OF YOUR HEART AND SEND A COMMAND TO DRAW UPON THE NUTRIENT STORED IN HAIR FOLICLES TO BE TRANSFERRED INTO HEART MUSCLES. BY SO DOING, IT MIGHT CAUSE THE HAIR TO BEGIN GREYING PREMATURELY BUT THE HEART'S HEALTHY BEAT GOES ON.

WHILE THE ABOVE SCENARIO ABOUT HAIR COLOR WAS ONLY A HYPOTHETICAL EXAMPLE OF HOW NUTRIENT TRANSFER MIGHT VISIBLY AFFECT YOU, THE UNDERLYING LOGIC IS IRREFUTABLE. TO UNDERSTAND THE MARVELOUS MECHANISM OF THE HUMAN COMPUTER, YOU MUST FIRST UNDERSTAND ITS DIVINE DESIGN. ANY GOOD PARENT DOES ALL THE THINKING FOR ITS CHILDREN UNTIL THE CHILD CAN THINK FOR HIMSELF. DURING THE EVOLUTION PROCESS BEFORE MANKIND MATURED TO ITS PRESENT CIVILIZED LEVEL, OUR DIVINE MOTHER NATURE PROGRAMMED HER CHILDREN FOR THEIR OWN WELFARE. THAT PROGRAM WAS, OF COURSE, BASED ON THE LIFESTYLE MANKIND WAS INTENDED TO LIVE. UNDERSTAND THAT MANKIND HAS EXISTED IN NATURE ACCORDING TO THAT PROGRAM FOR POSSIBLY A MILLION YEARS AND ONLY ABOUT A HUNDRED YEARS OR SO IN THE ATMOSPHERE OF MODERN CIVILIZATION. THEREFORE, THE HUMAN BODY IS PROGRAMMED FOR HEALTH THROUGH NATURAL LIVING, NOT FOR CIVILIZATION.

DURING THE PREHISTORIC CHILDHOOD OF MANKIND, MAN WAS A NOMADIC ANIMAL WHO WANDERED AIMLESSLY SEEKING FOOD, JUST AS ALL GOD'S OTHER CREATURES DID. IF HE CAME UPON A BERRY PATCH, HE ATE BERRIES TO THE EXCLUSION OF ANYTHING ELSE. IF HE FOUND A GOOD PATCH OF EDIBLE ROOTS, HE GOURGED HIMSELF ON ROOTS. ON THOSE RARE OCCASSIONS WHEN HE WAS ABLE TO HIT A RABBIT WITH A HANDY CLUB, HE FEASTED ON RAW MEAT. THE IDEA OF A BALANCED DIET OR THE IDEA OF THREE MEALS A DAY WAS STILL A MILLION YEARS OFF IN THE FUTURE. THEN, OF COURSE, THERE WERE THOSE DAYS WHEN HE ATE NOTHING. IF WEATHER FORCED HIM TO TAKE SHELTER BENEATH AN OVERHANGING ROCK, HE EXISTED ON



"Any day now, I expect some damn fool doctor to say this causes cancer!"

THE RESERVES OF BODY FAT ACCUMULATED FROM FOOD EATEN IN EXCESS OF IMMEDIATE NEEDS ON DAYS WHEN FOOD IN ABUNDANCE WAS EASY TO FIND. JUST AS HIS ENERGY NEEDS WERE PROVIDED FOR FROM FAT RESERVES, SO ALSO WERE HIS COUNTLESS OTHER NUTRITIONAL NEEDS. BUT, THE COMPUTER WAS DESIGNED TO DRAW NUTRIENTS FROM RESERVE ON THE ASSUMPTION THAT SOONER OR LATER HE'D AGAIN STUMBLE ON THE PARTICULAR FOOD THAT SUPPLIED EACH OF THOSE INDIVIDUAL ESSENTIALS.

MODERN FOOD PROCESSING DESTROYS NATURAL NUTRITIONAL SUBSTANCES IN FOOD. THE MODERN CITY DWELLER, RAISED MOST OF HIS LIFE ON PROCESSED FOODS, IS ALREADY ON BORROWED TIME IN TERMS OF HIS NEED FOR AN ASSORTMENT OF ELEMENTS CRITICAL TO HIS VERY LIFE. RECOGNIZING THE DESTRUCTIVE ASPECT OF FOOD PROCESSING, MODERNDAY NUTRITIONISTS ARE RETURNING TO OUR PROCESSED FOOD EVERY NUTRIENT THAT SCIENCE CAN ISOLATE AND IDENTIFY. BUT, WHAT ABOUT THE ONES SCIENCE HAS NOT YET DISCOVERED. SURELY WE NEED THEM JUST AS BADLY NOW AS WE WILL AFTER THEY'VE BEEN ISOLATED AND IDENTIFIED.

THE NATURALIST CONCEPT INVOLVES "RESULTS", NOT SCIENTIFIC INTRICACIES. WE SIMPLY MAKE SURE WE'RE GETTING THE BEST THAT NATURE CAN PROVIDE, WHETHER OR NOT SCIENCE HAS YET GOTTEN AROUND TO DISCOVERING IT. AND WHAT COULD BE SIMPLER THAN THAT!

OF COURSE, THE PROBLEM DOESN'T END WITH THAT SIMPLE UNDERSTANDING. FIRST OFF, YOU NEED TO KNOW WHAT'S MISSING, AT LEAST A GENERAL IDEA OF THE TYPE, IF NOT THE SPECIFIC NUTRIENTS. THEN YOU HAVE TO FIGURE OUT HOW TO FIND THEM IN A SOCIETY ALMOST TOTALLY DEVOID OF THEM. HERE, AGAIN, THE NATURAL SCIENCE PROGRAM COMES CLOSER TO THE ANSWER THAN ANY OTHER ENTITY OF ANY KIND IN OUR SOCIETY. AN EVER INCREASING ARMY OF HOLISTICALLY-INCLINED PEOPLE ARE USING "ORGANIC" FOODS, IN THE MISTAKEN IDEA THAT AVOIDING CHEMICAL ADDITIVES IS THE ANSWER OR THAT CHEMICAL PESTICIDES ARE RESPONSIBLE FOR OUR PROBLEMS. IN ADDITION, THE NUMBER OF FAMILIES TAKING PHARMACEUTICAL VITAMIN PREPARATIONS HAS INCREASED NOTICABLY AS MORE AND MORE PEOPLE BECOME AWARE OF OUR NATIONAL HEALTH CRISIS AND STRIVE TO PROTECT THEIR OWN FAMILIES, AS BEST THEY CAN, FROM THE HAZARDS OF NUTRITIONAL DEFICIENCIES.

WHILE BOTH OF THESE APPROACHES ARE POSITIVE EFFORTS THAT CAN DO NO HARM, NEITHER OF THEM HAS ISOLATED THE ACTUAL PROBLEM AND, THEREFORE, CAN'T BE EXPECTED TO SOLVE IT. THE PROBLEM DOES NOT COME FROM ADDITIVES; IT COMES FROM DEFICIENCIES RESULTING FROM THE DESTRUCTION CAUSED BY PROCESSING AND BY GROWING FOOD IN CHEMICAL FERTILIZERS THAT LACK THE BROAD SPECTRUM OF NECESSARY BUT YET UNDISCOVERED NUTRIENTS. DAILY INGESTION OF PHARMACEUTICAL VITAMIN SUPPLEMENTS CAN, MORE OR LESS, REPLACE THE KNOWN NUTRIENTS YOU'RE FAILING TO GET ADEQUATELY IN YOUR DIET OF PROCESSED FOODS BUT, OF COURSE, CAN DO NOTHING TO REPLACE THE ONES SCIENCE HAS NOT YET DISCOVERED. HOW CAN YOU BUY A VITAMIN THAT HASN'T EVEN YET BEEN DISCOVERED?

THEORETICALLY, IF YOU WERE TO COMPLETELY ELIMINATE PROCESSED FOODS FROM YOUR DIET AND EXCLUSIVELY ORGANIC UNPROCESSED FOODS WERE SUBSTITUTED, YOU SHOULD BE ABLE TO PROVIDE YOUR FAMILY WITH THEIR TOTAL NUTRITIONAL NEEDS. BUT, CAN ANYONE ANYWHERE STILL FIND ORGANIC FOODS IN SUCH VARIETY THAT WE WOULDN'T SUFFER THE MONOTONY FROM LACK OF VARIETY IN OUR MEALS. ALSO, THERE'S THE PROBLEM OF PREPARING RAW FOODS. THE AVERAGE HOUSEWIFE TODAY IS A WORKING WIFE, WITH A JOB OUTSIDE THE HOME IN ADDITION TO THE BURDENS OF MAINTAINING THE HOME AND PREPARING MEALS. CONSEQUENTLY MOST HOUSEWIVES TODAY ARE BOUND BY NECESSITY TO STICK TO THE PROCESSED CONVENIENCE FOODS. ANY ATTEMPT TO ACHIEVE NUTRITIONAL ADEQUACY BY USING NOTHING BUT NATURAL UNPROCESSED FOODS WOULD CREATE AN ALMOST INSURMOUNTABLE HARDSHIP FOR THESE WORKING MOTHERS. VIRTUALLY EVERYONE IN THE CITY, FOR ONE REASON OR ANOTHER, IS FACED WITH THIS SAME PROBLEM.



"It's for you!"

WHAT CAN YOU DO ABOUT IT? EXCEPT FOR THE GLARINGLY OBVIOUS ITEMS TOO DANGEROUS TO INGEST UNDER ANY CIRCUMSTANCES, YOU JUST HAVE TO FEED YOUR FAMILY THE JUNK FROM THE CORNER SUPERMARKET. THEN, AWARE THAT SOMETHING ESSENTIAL IS MISSING FROM THEIR FOOD, GIVE THEM THESE SUPPLEMENTS IN A NATURAL, NUTRITIONALLY COMPLETE FORM.

I EMPHASIZE "NATURAL" AS THE ANSWER TO TOTAL NUTRITIONAL NEEDS. IN A NATURAL PRODUCT, YOU DON'T HAVE TO WAIT FOR SCIENCE TO DISCOVER IT IN ORDER TO EAT IT. MOTHER NATURE STILL PUTS PROPER NUTRITION IN THE SAME PLACES SHE USED TO.

DUE TO THE LIMITATIONS OF TIME AND SPACE, THE FOREGOING WAS A GROSS OVER-SIMPLIFICATION. IT DOESN'T MENTION THE IMMUNE SYSTEM, OR FOR THAT MATTER, EVEN THE EFFECT OF THE HUMAN SPIRIT UPON THE HUMAN BODY. IT CONSIDERED, AND WILL CONTINUE TO CONSIDER, ONLY THE BASIC QUESTION OF WHAT YOU CAN EAT TO CURE NUTRITIONAL DEFICIENCIES BEFORE THEY MANIFEST THEMSELVES AS KILLER DISEASES AND THE PREMATURE RAVAGES OF WHAT WE COMMONLY CALL "OLD AGE".

NATURALISTS DEPEND ON AND SWEAR BY WHAT WE CALL "THE SUPER FOODS", THOSE NATURAL SUBSTANCES, IN CONCENTRATED FORM, MOST ABLE TO PROVIDE FOR OUR WELL-BEING WITHOUT DEVIATING APPRECIABLY FROM THE MODERN MARKET BASKET CONCEPT OF DAY TO DAY GROCERY SHOPPING. BY USING OUR SUPERFOOD ADDITIVES, WE'RE ABLE TO EAT ANYTHING ELSE WE WANT, IN ANY QUANTITY WE WANT, ANYTIME WE WANT, AND DO VIRTUALLY ANYTHING ELSE WE WANT WITHOUT REGARD TO THE POPULAR CONCEPT OF ITS POSSIBLE DISSIPATING INFLUENCE. I SMOKE TOO MUCH, DRINK IF I FEEL LIKE IT, NEVER BOTHER WITH EXERCISE UNLESS THERE'S SOME HEAVY WORK I NEED TO DO, AND OTHERWISE BREAK EVERY RULE OF GOOD HEALTH EVER WRITTEN. STILL, WHILE ABUSING THE RULEBOOK AND THE BODY, I'VE GROWN VISIBLY ABOUT 20 YEARS YOUNGER IN JUST THE LAST FEW YEARS.

AND, WHAT ARE THESE "SUPER FOODS"? SPECIFICALLY, WE USE DESSICATED LIVER IN PRESSED TABLET FORM, BEE POLLEN, BREWER'S YEAST, HONEY, AN ASSORTMENT OF PHARMACEUTICAL VITAMINS, KELP AND CHLOROPHYL IN PRESSED TABLETS, AND SEVERAL SELECTED HERBS IN CAPSULATED FORM. THE HERBS, THOUGH, MORE THAN ANYTHING ELSE, ARE THE KEY TO OUR MIRACULOUS DEFIANCE OF TIME AND OUR RADIANT HEALTH.

I'M NOT TALKING ABOUT THE ORDINARY GARDEN VARIETY OF CULINARY HERBS. RATHER, I REFER TO A FEW ALMOST UNKNOWN PLANTS BELONGING TO A CLASS WE CALL THE "HERBAL ENERGIZER" FAMILY. BEST KNOWN, AND CONSEQUENTLY THE MOST CONTROVERSIAL OF THESE IS GINSENG. WE USE THE SPECIES "ELEUTHEROCOCCUS SENTICOSUS", COMMONLY KNOWN AS SIBERIAN GINSENG. HERE IS A TYPICAL EXAMPLE OF ESSENTIAL ELEMENTS SCIENCE HAS THUS FAR FAILED TO ISOLATE. CONSEQUENTLY, MUCH OF THE MEDICAL ESTABLISHMENT STILL CLAIMS THEY DON'T EXIST. ASK ANY CHINAMAN HOW GOOD GINSENG IS? WE DON'T GIVE A DERN WHAT THE UNIDENTIFIED MAGIC ELEMENTS ARE, JUST SO WE KEEP GETTING THE RESULTS!

BUT, WHILE THE CONTROVERSY OVER GINSENG RAGES LONG AND LOUD, THE REAL MIRACLE HERB GOES ALMOST UNNOTICED. FO-TI, ANOTHER CHINESE HERB, IS ATTRIBUTED WITH REMARKABLE POWERS OF REGENERATION. THOSE WHO TAKE IT HAVE REPORTED THAT THE WRINKLES AND LINES OF AGE VANISH, ENERGY LEVEL RAISES, SEX DRIVE INCREASES, AND AN ACROSS-THE-BOARD CHANGE IS VISIBLE. ITS DISCOVERER, WHEN HE DIED AT THE AGE OF 254, LOOKED TO BE NO MORE THAN 50 YEARS OLD.

THE THIRD HERB I PERSONALLY SWEAR BY IS CALLED "SABA" AND IS A DOMESTIC RATHER THAN AN ORIENTAL IMPORT. IT GROWS ONLY IN FLORIDA AND OTHER SEMI-TROPICAL LOCALES AND IS CONSIDERED BY OUR NEIGHBORS TO BE THE WORST NUISANCE ON THEIR PROPERTY. WE CONSIDER OURSELVES BLESSED, HOWEVER, BY ITS ABUNDANCE HERE SINCE IT CAN NOT BE SUCCESSFULLY PLANTED OR TRANSPLANTED BY MAN. SINCE IT IS NOT AN ANNUAL, WE GET A GOOD CROP ONLY EVERY THREE OR FOUR YEARS AND HAVE TO DEHYDRATE AND STORE ALL WE CAN PICK.

THERE ARE A LOT MORE ELEMENTS TO OUR PERSONAL PROGRAM FOR HEALTH AND WELL-BEING BUT THIS BRIEF ARTICLE WILL AT LEAST SERVE TO PROVIDE AN UNDERSTANDING OF ITS UNDERLYING BASIS. FOR DETAILED INFORMATION ON HOW YOU TOO CAN EASILY ROLL BACK THE CLOCK JUST AS WE HAVE DONE, WE STRONGLY RECOMMEND THAT YOU REQUEST A COPY OF OUR NEW BOOK, "THE MIRACLE OF NATURE". LIKE "THE TRUTH", IT IS ABSOLUTELY UNCENSORED AND HAS, AS ITS ONLY JUSTIFICATION FOR EXISTENCE, THE WELL-BEING OF OUR MEMBERS AND READERS. IT EXPOSES FULLY THE OUTRAGE OF INDIFFERENTLY TRADING HUMAN LIVES FOR A FEW MORE DIRTY DOLLARS TO BE MADE ON HUMAN SUFFERING. HOLISTIC IMMUNITY TO CANCER, AND THE PREVENTION OF VIRTUALLY EVERY DISEASE OF MANKIND ARE INCLUDED. WE LIKE TO GET \$10 FOR THIS BOOK BUT WILL PROVIDE IT TO ANY MEMBER WHO WANTS IT FOR WHATEVER HE CAN AFFORD TO SEND. YOUR LIFE AND HEALTH ARE TOO IMPORTANT TO DEPEND ON YOUR ABILITY TO PAY A SPECIFIC PRICE.

JUST AS WE WILL ACCEPT LESS, OR NOTHING, WE ALWAYS APPRECIATE RECEIVING MORE. ANY DONATION WILL HELP TO FURTHER THE SPREAD OF THE TRUTH. A TAX-DEDUCTABLE RECEIPT AND OUR SINCERE THANKS WILL BE MAILED TO YOU.



"Pssst, Nurse ... do you remember where this goes?"



A HARD LOOK AT NUDISTS

A NATURAL SCIENCE STUDY

NUDISTS LIKE TO TELL US THAT THEY DO NOT GET UNDRESSED TO BE NUDISTS BUT RATHER THAT THEY GET DRESSED AS SOCIETY AND WEATHER CONDITIONS DEMAND. NUDITY, OF COURSE, IS OUR NATURAL STATE. WE COME INTO THIS WORLD NUDE AND, AS LITTLE CHILDREN, PREFER TO REMAIN THAT WAY. TODDLERS MUST BE TAUGHT, EVEN SOMETIMES DISCIPLINED, BY THEIR PARENTS TO TEACH THEM TO KEEP THEIR CLOTHES ON. THROUGHOUT CHILDHOOD WE ARE NEVER AGAIN PERMITTED TO EXPERIENCE NUDITY EXCEPT IN ABSOLUTE PRIVACY. THROUGH YEARS OF THIS CONDITIONING WE LEARN TO ACCEPT BODY SHAME AS A MATTER OF FACT AND EVEN WHEN WE BECOME MATURE, THINKING ADULTS, OUR INTELLECT OVERCOMES THIS CONDITIONING ONLY WITH EXTREME DIFFICULTY.

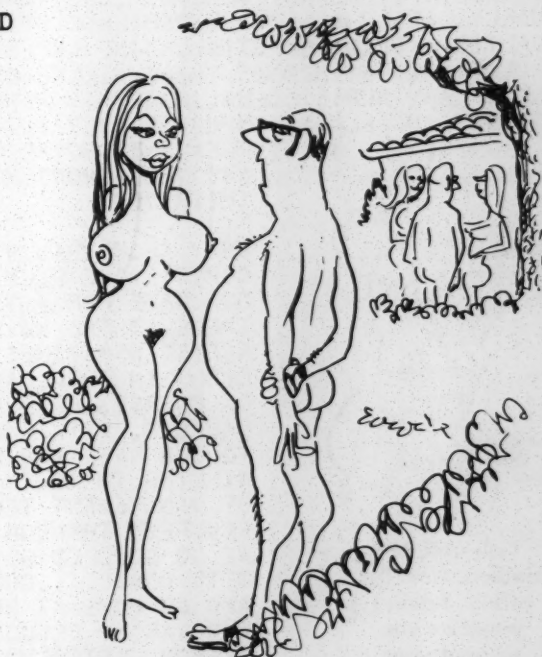
THE WORD, "SOCIAL", IS THE KEY TO IDENTIFYING NUDISTS. WITHOUT "SOCIAL", WE WOULD ALL BE CONSIDERED NUDISTS BECAUSE EACH OF US MUST BECOME NUDE IN ORDER TO PERFORM SUCH BASIC FUNCTIONS AS BATHING. ONE IS CONSIDERED TO BE A NUDIST IF HE PARTICIPATES SOCIALLY IN ACTIVITIES IN THE NUDE.

WHY BECOME NUDE IN ORDER TO ENJOY ANY ACTIVITY? ACTUALLY, WHY NOT? ONLY BODY SHAME KEEPS US FROM UNIVERSALLY ENJOYING ITS BENEFITS. CAN YOU GIVE ANY LOGICAL REASON FOR HAVING TO WEAR CLOTHES WHEN YOU GO SWIMMING? FOR THAT MATTER, WHY WEAR CLOTHES FOR ANY ACTIVITY THAT IS NOT INJURIOUS? IN SUMMER YOU'RE ALMOST AUTOMATICALLY 20 DEGREES COOLER WHEN YOU REMOVE ALL YOUR CLOTHES. YEAR AFTER YEAR I OPERATED THE OFFICE OF THE AMERICAN NUDIST ASSN. IN MIAMI HEAT WITHOUT EVER NEEDING AIR-CONDITIONING. NONE OF THE OFFICE STAFF EVER EXPRESSED A NEED FOR ARTIFICIAL COOLING WHEN NATURE DID SUCH AN ADMIRABLE JOB.

I CAN JUST HEAR YOUR COMMENT, "WHY TAKE EVERYTHING OFF WHEN YOU CAN BE JUST AS COMFORTABLE AND HEALTHY WEARING A LITTLE BIT?". YES, UP TO A POINT THERE IS MERIT TO THAT ARGUMENT, AND AS A MATTER OF FACT, MILLIONS OF AMERICANS DO EXACTLY AS YOU HAVE SUGGESTED EVERY SINGLE DAY OF THE SUMMER. THESE MILLIONS ARE ENSLAVED BY BODY SHAME, THE ONLY THING THAT DISTINGUISHES THEM FROM PRACTICING SOCIAL NUDISTS.

THE ORGANIZED SOCIAL NUDIST ORGANIZATION HAS EXISTED IN THE UNITED STATES FOR ABOUT 50 YEARS. IN OUR PERMISSIVE SOCIETY OF TODAY ITS HARD TO VISUALIZE THE ATMOSPHERE OF PERSECUTION THAT EXISTED A MERE HALF CENTURY AGO. A SOCIAL NUDIST, IF IT BECAME KNOWN, FACED CRIMINAL PROSECUTION, RIDICULE, SOCIAL OSTRACISM, LOSS OF JOB, AND MUCH MORE. IN ITS STRUGGLE FOR LEGALITY AND SOME DEGREE OF SOCIAL ACCEPTANCE THE NUDIST MOVEMENT PLACED HEAVY EMPHASIS ON THE IRREFUTABLE BENEFIT OF SUNSHINE ON THE BODY. "SUNSHINE AND HEALTH", WAS THE NAME OF THE OFFICIAL MAGAZINE OF THE NUDIST ORGANIZATION BACK IN THE EARLY DAYS. ADDITIONAL PHRASES, EACH ONE PLACING EMPHASIS ON THE WHOLESOMENESS AND THE HEALTHY ASPECTS OF NUDISM, WERE COINED AND OFT-REPEATED DURING THOSE EARLY YEARS OF NUDIST HISTORY. "HEALTH THROUGH NATURAL LIVING", "A HEALTHY MIND IN A HEALTHY BODY", "THE NATURAL WAY TO HEALTH AND HAPPINESS", "THE FAMILY THAT PLAYS TOGETHER STAYS TOGETHER", WERE BUT A FEW OF THE SLOGANS TO BE FOUND THROUGHOUT NUDIST LITERATURE.

IN ADDITION TO ITS EMPHASIS ON THE BENEFICIAL EFFECT OF SUNSHINE UPON THE BODY, THE NUDIST MOVEMENT PLACED HEAVY EMPHASIS ON THE VALUE OF FAMILY PARTICIPATION. "FAMILY NUDISM" WAS A



"Well, no—I have none of those health hang-ups. I'm an exhibitionist."

THEME PURSUED BY MOST OF THE PIONEER NUDIST CLUBS AND IS, IN FACT, STILL THE STANDARD FOR A GOODLY PORTION OF THE PRESENT DAY CLUBS. IN ALL PARTS OF CANADA AND THE UNITED STATES THERE ARE NUDIST CLUBS CURRENTLY THAT LIMIT MEMBERSHIP TO FAMILY UNITS AS OPPOSED TO SINGLE PEOPLE. WHILE PEOPLE JOIN NUDIST CLUBS FOR A VARIETY OF REASONS (WE'LL DISCUSS LATER), QUITE A FEW PARENTS PARTICIPATE ACTIVELY BECAUSE OF WHAT THEY FEEL IS ITS WHOLESOME INFLUENCE ON THEIR CHILDREN. CHILDREN OF NUDIST PARENTS VISIT THEIR LOCAL NUDIST CLUB, USUALLY ON THE WEEKEND, WHERE THEY PARTICIPATE IN A VARIETY OF SPORTS, GAMES, AND SOCIAL ACTIVITIES, ALL IN THE NUDE. EVERY AGE BRACKET, FROM TODDLERS TO TEENS, MAY BE REPRESENTED AT ANY TYPICAL FAMILY NUDIST CLUB ON AN AVERAGE SATURDAY OR SUNDAY. THE OUTSTANDING FEATURE OF THIS ACTIVITY IS THE APPARENT INDIFFERENCE TO THEIR NAKEDNESS AND THE OBVIOUS FUN ALL OF THE CHILDREN ARE HAVING. PARENTS FEEL THAT CHILDREN RAISED WITH SUCH AN ATTITUDE OF INDIFFERENCE TO NUDITY ARE FREE FROM THE MORBID CURIOSITY THAT PREOCCUPIES THE MINDS OF MOST OTHER TEENAGERS.

INSTEAD OF SPEAKING ABSTRACTLY, LET ME BE SPECIFIC. AS THE OPERATOR OF ONE OF THE LARGER, FULL-TIME NUDIST FACILITIES IN THE LAND, 24 HOURS A DAY MY FAMILY AND I LIVED, WORKED, AND SOCIALIZED INSIDE THE GATES OF A NUDIST CLUB. ON WEEKDAYS MY FOUR DAUGHTERS COMMUTED TO TOWN TO SCHOOL EXACTLY THE SAME AS ANY OTHER RURAL CHILDREN. EVERY ONE OF THEIR FRIENDS AND CLASSMATES WERE AWARE OF THEIR UNIQUE HOME ENVIRONMENT AND EVIDENTLY DIDN'T THINK IT MADE A WHOLE LOT OF DIFFERENCE IN THEIR SOCIAL RELATIONSHIPS WITH MY GIRLS. AS A MATTER OF FACT, FREQUENTLY MY OLDER GIRLS ENTERTAINED THEIR FRIENDS FROM SCHOOL WITH FRIDAY EVENING SWIMMING PARTIES AT OUR PLACE. NEEDLESS TO SAY, WE REQUIRED PARENTAL CONSENT IN WRITING BEFOREHAND AND ENFORCED OUR NORMAL GROUND RULES ABOUT NO BATHING SUITS BEING ALLOWED IN OUR POOL. ITS WORTHY TO NOTE AT THIS POINT THAT, IN SPITE OF THE FACT THAT THESE TEEN-AGERS WERE NOT FROM NUDIST FAMILIES AND WERE NOT ACCOMPANIED BY THEIR FOLKS, THERE WAS NEVER AN UNPLEASANT EXPERIENCE WITH ANY OF THEM. SOCIAL NUDITY HAS ALWAYS, FOR SOME REASON, SEEMED TO BRING OUT THE BEST IN A PERSON'S NATURE. AT FIRST WE TENDED TO CHAPERONE THEM A BIT AT THEIR PARTIES BUT WE SOON FOUND THEY GOT ALONG BEAUTIFULLY WITHOUT US. OUR DAUGHTERS MADE GOOD HOSTESSES AND EVIDENTLY WERE CAPABLE OF DISCREETLY STEERING THE TONE AND LEVEL OF CONDUCT OF ALL THEIR FRIENDS.

WE ALL KNOW, THOUGH, THAT KIDS ARE MORE ADAPTABLE TO CHANGES IN ENVIRONMENT AND CIRCUMSTANCES THAN ADULTS. HOW DO ADULTS ACT WHEN THEY VISIT A CLUB? THE LAYMAN VISUALIZES ALL THAT FEMALE NUDITY AND IS CERTAIN THAT HE'LL HAVE AN EMBARRASSING EXPERIENCE THE FIRST TIME HE SEES A NAKED WOMAN. NOTHING COULD BE FURTHER FROM THE TRUTH. DURING THE FIRST FEW MINUTES TO POSSIBLY THE FIRST HALF HOUR, HE'S SO ILL AT EASE AND CONSCIOUS OF HIS OWN NUDITY THAT HE IS SCARCELY ABLE TO BE AWARE OF THE NUDITY OF OTHERS. BY THE TIME HE GETS OVER THIS INITIAL PERIOD OF DISCOMFORT, HE'S SO RELAXED BY THE ENVIRONMENT AND THE COMPOSURE OF EVERYONE ELSE THAT HE JUST DOES NOT BECOME STIMULATED SEXUALLY. AFTER ALL, TO EXPERIENCE STIMULATION YOU MUST EITHER BE ABLE TO VISUALIZE A SEXUALLY STIMULATING EXPERIENCE OR ACTUALLY EXPERIENCE PHYSICAL STIMULATION. NEITHER OF THESE WILL EVER HAPPEN IN THE RELAXED SOCIAL ATMOSPHERE OF ANY NUDIST CLUB. FROM HIS FIRST PERIOD OF DISCOMFORT AT HIS NUDITY, HE SLOWLY AND ALMOST IMPERCEPTIBLY SETTLES INTO A FEELING OF COMFORT AT THE PLEASANT SOCIAL CONTACT, THE CONVERSATION, ACTIVITIES, AND THE ALMOST TOTAL INDIFFERENCE TO HIS NUDITY OR THEIR OWN.



Well, well, Miss Simkins, from the office! I didn't recognize you without your glasses."

WHAT ABOUT HIS WIFE? NOW, HERE'S WHERE IT REALLY GETS COMIC. I'VE SEEN HUNDREDS OF NEW COUPLES ARRIVE AT OUR GATE FOR A TRIAL VISIT. AT LEAST 75% OF THEM ARE THERE AT THE HUSBAND'S INSISTENCE. HE'S BEEN READING NUDIST MAGAZINES, SEEN ALL THOSE LOVELY YOUNG NAKED GIRLS IN THEM, AND NOW WANTS TO SEE THEM IN THE FLESH. OF COURSE, HE DOESN'T TELL US OR HIS WIFE THIS. HE'S MANAGED, WITH ONE TALE OR ANOTHER, TO GET HER CLEAR TO OUR GATE AND NOW SHE'S FROZEN THERE IN TERROR, NOT WILLING TO GO ANOTHER FOOT. I WON'T GO INTO THE DETAIL OF MANAGEMENT TECHNIQUES FOR GETTING THEM THE LAST FEW FEET THROUGH THE GATE AND OUT OF THEIR CLOTHES BUT WE DO SUCCEED 95% OF THE TIME. NOW, HERE'S WHERE IT GETS COMIC....GUESS WHO DOESN'T WANT TO GET DRESSED AND GO HOME AT SUNDOWN?...YOU GUESSED IT, THE WIFE WHO WAS SO RELUCTANT A FEW SHORT HOURS AGO. FOR SOME REASON, AFTER YOU GET THEM OUT OF THEIR THINGS, EVEN THOUGH THEY WERE ORIGINALLY FRIGHTENED, WOMEN LOVE

NUDITY AND THE ATMOSPHERE OF THE TYPICAL, WELL-RUN CLUB. AT OUR CLUB THEY PLANTED FLOWER GARDENS, PRESIDED OVER FISH FRIES, AND INDULGED IN TYPICAL RECREATIONAL ACTIVITIES YOU MIGHT EXPECT TO FIND AT A CHURCH PICNIC OR ON ANY WEEKEND AT A CONSERVATIVE COUNTRY CLUB. THE ONLY OBVIOUS DIFFERENCE, IN FACT, BEING THE LACK OF CLOTHING. I'VE ALWAYS PERSONALLY MAINTAINED THAT A PERSON CAN ENJOY ANY ACTIVITY IN THE NUDE THAT HIS BODY-SHAME COUNTERPARTS IN TOWN MIGHT INDULGE IN. I WILL CONCEDE, HOWEVER, THAT THIS IS NOT WITHOUT EXCEPTION. I SURE WOULDN'T WANT TO GO BERRY PICKING IN THE NUDE.

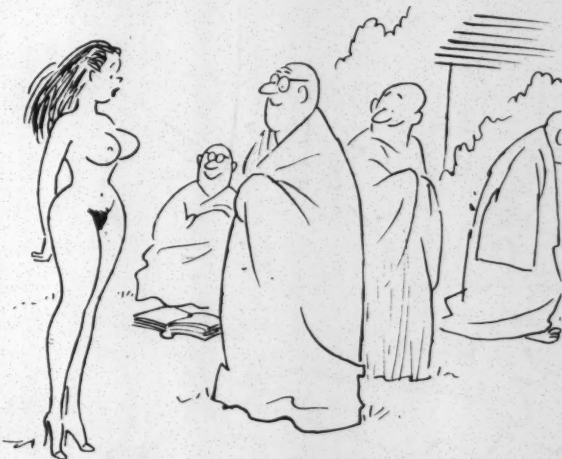
NOW, WHAT ABOUT ALL THOSE BEAUTIFUL NAKED BODIES? LET'S FACE IT, NOBODY HAS THE KIND OF PERFECT BODY THEY'D LIKE TO HAVE. AT LEAST 99% OF THE POPULACE LOOK MUCH BETTER WITH CLOTHES ON THAN THEY LOOK IN THE NUDE. IMAGINATION PLAYS AN IMPORTANT PART IN SEXUALITY AND ALLURE. THE PARTIALLY NUDE BODY SUGGEST THE ALLURE YOU'D FIND IN TOTAL NUDITY BUT REALITY JUST CAN NOT BEAR THIS OUT. AS A MATTER OF FACT, AN AWARENESS AND SELF-CONSCIOUSNESS OF THEIR OWN PHYSICAL IMPERFECTIONS IS THE PRINCIPAL REASON WHY MOST HOUSEWIVES WILL ADAMANTLY REFUSE TO VISIT A NUDIST CLUB. ONCE THEY'RE PAST THIS HURDLE, THE LITTLE LADIES SETTLE IN AND REALLY ENJOY THEIR CLUB VISITS. WHILE PHYSICAL FLAWS ARE VISIBLE IN ALMOST EVERY NAKED BODY PRESENT, EXTREMELY FAT PEOPLE ARE CONSPICUOUS BY THEIR ABSENCE. IN ALL MY YEARS AS A NUDIST OFFICIAL I CAN REMEMBER VERY FEW PEOPLE WHO WERE MORE THAN JUST PLEASINGLY PLUMP AND NONE WHO WERE DOWNRIGHT GLOBBY FAT.

BUT, HERE AND THERE AMONG ALL THOSE IMPERFECT HUMAN FORMS YOU WILL SEE ONE GEM THAT OUTSHINES ALL OTHERS. AND, BELIEVE ME, THAT ONE MAKES UP FOR ALL THE MILES OF FLABBY FLESH YOUR EYEBALLS PROCESS DURING A GIVEN WEEKEND. AS A CLUB OPERATOR, I THINK MOST FOLKS CONSIDERED ME AS PART OF THE SHRUBBERY. IF NOT, AT LEAST THEY HAD ABSOLUTE FAITH IN ME. MY HOBBY WAS MAKING COLOR NUDIST MOVIES AND NOBODY EVEN RAISED AN EYEBROW AS MY CAMERA CAUGHT ANYONE AND EVERYONE CANDIDLY. TO THIS DAY I STILL HAVE AMONG MY PERSONAL EFFECTS ABOUT A MILE OF THE MOST BEAUTIFUL GIRLS IN THE WORLD ON FILM.

NOW, WHAT ABOUT THOSE BEAUTIFUL GIRLS? WELL, IF YOU'RE THINKING ABOUT ACTION WITH THEM, EITHER AT THE CLUB OR ELSEWHERE, FORGET IT. I HAVEN'T MADE UP MY MIND YET WHETHER MOTHER NATURE MADE THEM BEAUTIFUL TOO SOON OR JOHN LAW MADE THEM LEGAL TOO LATE. WHICHEVER IT IS, DON'T PLAN ON MONKEYING BECAUSE MOST OF THEM ARE BETWEEN 13 AND 16 YEARS OF AGE. FEMININE PERFECTION OCCURS AT A VERY EARLY AGE AND THE LITTLE IMPERFECTIONS BEGIN MANIFESTING THEMSELVES BEFORE THEY'RE EVEN OUT OF THEIR TEENS. ONLY ONCE, AMONG THE COUNTLESS THOUSANDS OF NUDE FEMALE FORMS I'D HAD THE PLEASURE OF STUDYING MINUTELY HAVE I EVER FOUND ABSOLUTE PHYSICAL PERFECTION IN A GIRL OF LEGAL AGE. THE ONLY PROBLEM WAS, SHE WAS A VISITOR AND ONLY CAME TO THE CLUB ONCE. DURING HER FEW HOURS AS OUR GUEST I DID MY BEST TO ABSORB ENOUGH OF THAT TO LAST ME A LIFETIME. TO HECK WITH THE WORK; I SPENT MY TIME SEEING TO IT THAT SHE DIDN'T FEEL NEGLECTED.

OK, IF YOU CAN'T SCORE WITH THE BEAUTIFUL GIRLS, WHAT ABOUT THE ONES WHO AREN'T QUITE SO PERFECT? SURELY, YOU THINK, ANY GIRL WHO'D RUN AROUND NAKED IN FRONT OF STRANGERS WOULD BE EASY. AMONG THE LADIES PRESENT AT ANY TYPICAL FAMILY CLUB NOTHING COULD BE FURTHER FROM THE TRUTH. MOST ARE, BELIEVE IT OR NOT, THE MOST CONSERVATIVE HOUSEWIVES, PRESENT THERE WITH THEIR HUSBANDS AND POSSIBLY THEIR CHILDREN. ONLY A SMALL PERCENTAGE OF THE YOUNGER LADIES ARE SINGLE. ONE IN PARTICULAR STANDS OUT IN MY MIND. SHE WAS EMPLOYED AS AN EXOTIC DANCER AND SPENT A FEW HOURS IN THE SUN EVERY WEEKEND IN ORDER TO MAINTAIN AN OVERALL TAN MINUS THE USUAL SUIT MARKS. AS FOR HER MORALS, I HAVEN'T THE FAINTEST IDEA. I WOULD IMAGINE THEY WERE ABOUT THE SAME AS ANY NON-NUDIST MODERN SINGLE GIRL. I NEVER ATTEMPTED TO TEST THEM AND SHE NEVER ASKED ME TO.

NOW, THE OFFICIALS OF THE NUDIST ORGANIZATION WOULD LIKE TO HAVE YOU BELIEVE NUDITY HAS NOTHING TO DO WITH SEX AND THAT THERE IS ABSOLUTELY NO HANKYPANK EVER AT ANY NUDIST CLUB. YOU AND I BOTH KNOW BETTER. NOPLACE CAN YOU ASSEMBLE HUNDREDS OF NORMAL



"BUDDHIST?! I thought you said it was a NUDIST colony!"

HEALTHY ADULTS AND NOT HAVE THEM MANIFEST A HEALTHY INTEREST IN SEX. EACH AND EVERY ONE OF THEM THERE, MALE OR FEMALE, NO MATTER HOW DISCRETELY THEY AVOID ANY OUTWARD SHOW OF SEXUAL INTEREST OR SEXUALITY, HAS A HEALTHY SEX DRIVE AND, CONSEQUENTLY, AN INTEREST IN SEX. BUT SEXUAL INTEREST CAN TAKE MANY FORMS OTHER THAN COPULATION. EVEN IN THE MOST PERFECT MARRIAGE THERE EXISTS A KIND OF MENTAL INFIDELITY. MOST HEALTHY YOUNG MARRIEDS AT LEAST FANTASIZE ABOUT DREAM MATES ALTHOUGH THEY USUALLY EXERCISE RESTRAINT WHERE ACTUAL ADULTERY IS CONCERNED. THE ATMOSPHERE OF A NUDIST CLUB CAN BE ONE OF THE HEALTHIEST OUTLETS FOR THE FRUSTRATIONS OF MARITAL FIDELITY. WITHIN IT'S GROUNDS YOU CAN ABSORB ENOUGH ASSORTED NUDITY IN A WEEKEND TO SATISFY THE BODY'S DEMANDS FOR CHANGE AND VARIETY FOR A LONG TIME. BOTH MEN AND WOMEN EXPERIENCE THIS NEED ALTHOUGH MOST WILL NEVER ADMIT IT, EVEN TO THEMSELVES. IN ADDITION TO ASSIMILATING ALL THAT CANDID NUDITY, WOMEN ENJOY AN ADDED PLEASURE. ALMOST ALL WOMEN ARE MORE EXHIBITIONISTLY-INCLINED THAN MEN ARE AND, WHILE THEY NEVER WANT THEIR HUSBANDS TO KNOW IT, THEY LOVE TO SHOW OFF ALL THE LAW ALLOWS THEM TO EXHIBIT. AND, OF COURSE, WITHIN THE GROUNDS OF A BONAFIDE NUDIST CLUB THE LAW ALLOWS THEM TO SHOW IT ALL.

DON'T THINK, THOUGH, THAT HUSBANDS AREN'T AWARE OF THEIR WIVES CHARMS OR THE ATTRACTION THEY PRESENT TO OTHER MEN. ITS JUST THAT MOST MEN ARE WILLING TO TOLERATE OTHER MEN LOOKING THE OLD GAL OVER PROVIDING THEY CAN ENJOY THE OPPORTUNITY, IN TURN, OF LOOKING OVER THE OTHER GUYS WIVES. ALL IN ALL, ITS A MUTUALLY PLEASURABLE, HARMLESS OUTLET. HE SEES LOTS OF LOVELY LADIES IN THE BUFF, SHE SEES SOME PRETTY WELL-ENDOWED MEN, AND BOTH ENJOY THE PLEASURE OF BEING ADMIRER, BE IT EVER SO SUBTLE. MEANWHILE, WHAT ABOUT THE KIDS?....THEY'RE ENJOYING THEIR OWN LITTLE NUDIST WORLD, SPLASHING IN THE KIDDIE POOL OR DIGGING IN THE SANDBOX, COMPLETELY OBLIVIOUS TO ALL THE UNDERCURRENT OF ADULT SEXUALITY.

BUT, REMEMBER, NOBODY ADMITS ANY OF THIS. ON THE SURFACE IT WOULD BE EASY TO BELIEVE NUDIST LITERATURE THAT BELIES THE SEXUAL CONNOTATION TO NUDITY. BUT THEN, ON THE SURFACE THERE'S A LOT OF THINGS THEY DON'T ALLOW. LIQUOR IN ANY FORM, UNTIL RECENT YEARS, WAS STRICTLY FORBIDDEN AT ALL CLUBS. ONLY THE MOST LIBERAL CLUBS, EVEN TODAY, OPENLY ENDORSE OR PERMIT IT. WOULD YOU BELIEVE, I WAS HONESTLY SO NIAVE THAT I DIDN'T SUSPECT THE PRESENCE OF ALCOHOL ON MY OWN GROUNDS ALTHOUGH MOST FAMILIES BROUGHT A COOLER OF SOME KIND OF HOME-PREPARED BEVERAGE. FOR YEARS IT NEVER ENTERED MY MIND THAT ALL THOSE GLASSES THEY WERE TOTING AROUND WERE SPIKED WITH A LITTLE WHISKEY.

PROFANITY IS PROHIBITED, AS IS ANY "IMPROPER" CONDUCT. NOT OFTENER THAN ONCE, MAYBE, IN A YEAR WAS THERE EVER AN INSTANCE OF IMPROPER CONDUCT THAT CALLED FOR MANAGEMENT ACTION. NEVER DID WE NEED TO USE FORCE TO EJECT ANY MEMBER OR GUEST FOR IMPROPER BEHAVIOR. EACH OF THE CASES THAT CAME TO OUR ATTENTION WERE CONTROLLABLE VERBALLY. THEN, THE FOLLOWING DAY WE'D SEND A REGISTERED LETTER TO THE OFFENDER AND NOTIFY HIM THAT HE WAS SUSPENDED FROM THE CLUB PENDING A HEARING BEFORE THE BOARD REGARDING HIS ACTIONS. MOST, ONCE THEY GOT SOBER, WERE TOO EMBARRASSED BY THE WHOLE THING TO EVER SHOW UP FOR THE HEARING. SO, PAINLESSLY, WE WERE RID OF THE MAN WHO COULDN'T SNEAK HIS DRINKS AND STILL CONDUCT HIMSELF IN A GENTLEMANLY FASHION.



"But I can't keep my legs crossed all day!"

OF COURSE, WHAT I'VE OUTLINED HERE IS ALL A PART OF THE PORTION OF THE CLUB SHARED BY EVERYONE. WHAT GOES ON IN A TRAILER IN THE CLUB TRAILER PARK IS BEYOND THE AUTHORITY OF MANAGEMENT. A MAN'S HOME IS HIS CASTLE, EVEN IF THAT HOME IS IN THE MIDDLE OF A NUDIST CLUB. I ASSUME THERE COULD POSSIBLY HAVE BEEN JUST ABOUT AS MUCH SWAPPING OR SWINGING THERE AS YOU'D FIND IN ANY TYPICAL MIDDLE-CLASS SUBURB.

AND, WHAT I'VE DESCRIBED IS THE LEVEL OF SOCIAL CONDUCT MAINTAINED IN THE STRICTEST FAMILY CLUB. REMEMBER, MY CLUB WAS THE HOME OF THE NATIONAL ORGANIZATION AND, AS SUCH, HAD TO BE A MODEL OF PERFECT DECORUM. WITHOUT A DOUBT, THE SO-CALLED "ADULTS ONLY" TYPE OF CLUB FREQUENTLY IS NOTHING MORE THAN A LEGAL FRONT FOR THE LOCAL SWINGING SET.

RITUAL

RITUAL IS A VERY SERIOUS ASPECT OF OUR RELIGION. LEASTWISE, THE BUREAUCRATS CHARGED BY "BIG BROTHER" IN WASHINGTON WITH PROTECTING OUR SOULS SEEM TO THINK IT IS. FOR SOME MYSTERIOUS AND STILL-UNEXPLAINED REASON, EVERY INQUIRY FROM THE FEDERAL GOVERNMENT STATES, "DESCRIBE YOUR RELIGIOUS SERVICE". LAST YEAR I RESPONDED TO THAT VERY QUESTION FROM THE INTERNAL REVENUE SERVICE BY STATING, "WE MAKE NO SACRIFICES, HUMAN OR OTHERWISE, WE DO NOT WORSHIP IN THE NUDE, AND BEYOND THAT WE FEEL IT'S NONE OF YOUR BUSINESS". THEN I PHONED THEM AND READ MY RESPONSE. IMAGINE MY SURPRISE WHEN BIG BROTHER ON THE OTHER END OF THE LINE TURNED OUT TO BE A YOUNG, SWEET, AND SEXY "BIG SISTER". ALTHOUGH I INVITED HER TO BRING HER HUSBAND AND INVESTIGATE BY PARTICIPATING IN PERSON IN ONE OF OUR SERVICES, SHE CHOSE INSTEAD TO RECOMMEND APPROVAL TO WASHINGTON ON THE STRENGTH OF MY WORD ALONE.

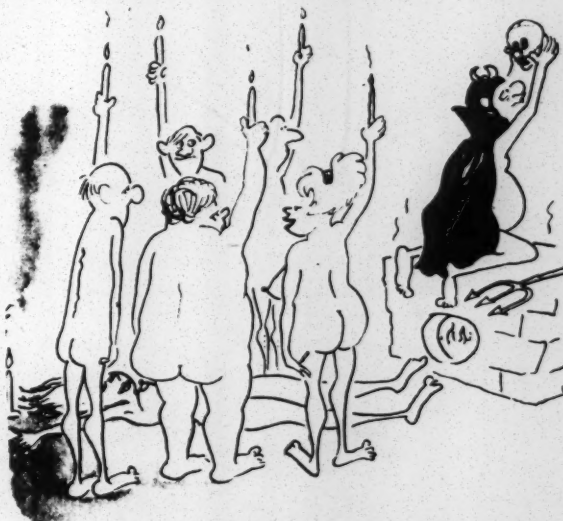
DURING THE PAST MONTH WE'VE RECEIVED TWO DIFFERENT "SHOW CAUSE" ORDERS FROM THE U.S. POSTAL SERVICE. THE FIRST INDICATED THEY WANT US TO SHOW CAUSE WHY OUR NON-PROFIT MAILING PRIVILEGE SHOULD NOT BE REVOKED AND SPECIFICALLY ASKS AGAIN THAT I DESCRIBE OUR SERVICE. THIS TIME MY REPLY WAS MORE POLITE BUT LESS EXPLICIT. I STATED THAT WE HOLD OUR SERVICES IN THE EVENING AND THAT ALL OUR SERVICES ARE CANDLELIGHT. ALTHOUGH THAT REPLY SPECIFICALLY REQUESTED A RESPONSE FROM THE POSTAL DEPARTMENT SHOWING THEIR DECISION, AS OF THE DAY OF WRITING THIS I'VE HEARD NOTHING.

IT APPEARS THAT OUR CIRCULARS ARE OFFENSIVE TO A FEW OF THOSE WHO RECEIVE THEM. I'VE READ AND REREAD THEM AND CAN FIND NOTHING OFFENSIVE EXCEPT MAYBE THE NATURALIST VIEW OF SEX. I HAVE TO ASSUME THAT ANY POSTAL COMPLAINTS, IF THIS IS THE REASON, ARE COMING FROM BORN-AGAIN CHRISTIANS. THEY, OF COURSE, NOT ONLY BELIEVE THAT SEX IS A SIN BUT BELIEVE ALSO THAT ANYONE WHO THINKS DIFFERENTLY THAN THEM MUST BE EITHER SAVED OR DESTROYED. OUR LITERATURE HAS TWO SPECIFIC REQUESTS THAT THE READER DEPOSIT IN THE GARBAGE IF HE DOESN'T AGREE OR APPROVE. AFTER ALL, I ASSUMED WHEN I WROTE IT, I PUT MOUNTAINS OF THEIR UNSOLICITED LITERATURE THERE SO THERE'S NO REASON WHY THEY CAN'T DO THE SAME WITH OURS. THEIR LITERATURE, IF YOU THINK ABOUT IT, IS PRETTY BLOOD-THIRSTY STUFF. THEY DRIVE NAILS THROUGH A MAN'S HANDS WHILE HE'S STILL ALIVE AND HANG HIM UP TO DIE. MEANWHILE EVERYBODY STANDS AROUND MAKING A HOLIDAY OF THE WHOLE EVENT. I THINK SUCH LITERATURE IS OBSCENE BUT HAVE THE STRONG BELIEF IN THEIR RIGHT TO WORSHIP AS THEY CHOOSE AND ADVERTISE THEIR RELIGION LIKEWISE.

AND THIS BRINGS US BACK TO THE SUBJECT OF RITUAL. AS YOU MAY BE AWARE, MOST CHRISTIAN RITUAL HAS SOMETHING TO DO WITH THE BIRTH OR DEATH OF JESUS. WE HONOR JESUS CHRIST AS ONE OF THE GREATEST MORTALS WHO EVER LIVED BUT NOWHERE IN OUR RITUAL DO WE COMMEMORATE ANY ASPECT OF HIS BEING. FURTHERMORE, THERE IS NO ANCIENT HUMAN ELEVATED TO GOD STATUS ANYWHERE IN THE NATURALIST RELIGION. AS NATURALISTS, WE BELIEVE THAT ALL LIFE MUST BE BORN, NOT CREATED BY MIRACLE OR DIVINE COMMAND. AND SINCE MAN IS CREATED IN GOD'S IMAGINE, WE REALIZE A DIVINE MOTHER IN NATURE MUST SHARE EQUALLY IN OUR BEING.

OUR RELIGION, THEREFORE, RECOGNIZES SEX AS THE DIVINE CREATOR. THE ONES WHO ARE MAD AT US CLAIM THAT SEX IS A SIN, AND SINCE THEY OUTNUMBER US BY A FANTASTIC MARGIN, UNCLE SAM APPEARS TO BE TRYING TO INFLICT A STANDARD ON US THAT IS DESIGNED BY THEM.

THE ANCIENT PAGANS HELD FERTILITY RITES AND FREQUENTLY WORSHIPPED IN THE NUDE. FOR THOUSANDS OF YEARS EVERYBODY IN EUROPE WAS PAGAN, AT LEAST TILL THE CHRISTIANS ARRIVED. WHEN THEY FAILED TO TALK THE PAGANS INTO SWITCHING TO CHRISTIANITY AND GIVING UP THEIR "PAGAN RITES", THEY SIMPLY EXECUTED THEM. DID YOU KNOW 9,000,000 DIED, GENERALLY IN A VERY CRUEL FASHION, AT THE HANDS OF THE LOVING CHRISTIANS DURING THE 400 YEARS OF THE INQUISITION?



"This is the part I like ... when he jumps down and forks her."

OF COURSE, THIS CAN NEVER HAPPEN WITHOUT GOVERNMENT SANCTION. ANYWHERE OR ANYTIME THAT GOVERNMENT FAVORS ONE RELIGION OVER ANOTHER WE HAVE THE SEEDS OF DISASTER. UNDER HITLER PROTESTANT GERMANY EXECUTED 6,000,000 JEWS, JUST AS THE CATHOLICS EXECUTED 9,000,000 PAGANS. I SHUDDER AT THE THOUGHTS OF THE POTENTIAL TO THIS CONSTANT GOVERNMENT CURIOSITY ABOUT OUR RITUAL.

CHEVROLET SELLS A HECKUVA BUNCH MORE CARS IN AMERICA THAN CHECKER DOES, NOT BECAUSE THE CHEVIE IS BETTER THAN CHECKER, BUT BECAUSE CHEVIE HAS A GIGANTIC ADVERTISING BUDGET AND DEALERSHIPS IN EVERY TOWN. LIKEWISE, THERE ARE A BILLION CHRISTIANS, NOT BECAUSE IT'S THE RIGHT ANSWER TO LIFE'S MYSTERY, BUT BECAUSE THEY'VE HAD A 2,000 YEAR ADVERTISING PROGRAM AND HAVE LOCAL CHURCHES IN EVERY NEIGHBORHOOD. THEIR RITUAL IS BASED ON THEIR STERILE BELIEFS AND OURS IS BASED ON THE FERTILE CONCEPT OF NATURE. ONE-ON-ONE ADVERTISING OF OUR RESPECTIVE BELIEFS COULD FEASIBLY MAKE THE NATURALIST CHURCH THE WORLD'S LARGEST. FOR ONE THING, OURS IS A HAPPY RELIGION AND OUR RITUALS AND BIG FESTIVALS REFLECT IT. THERE IS NO LIST OF "THOU SHALT NOT'S" NOR THE CORRESPONDING GUILT. CAN YOU IMAGINE LIGHTING A CIGARETTE IN A CHURCH? THE CHAPEL HERE AT PARADISE HAS AN ASHTRAY ON EVERY SEAT. ONLY DURING ACTUAL RITUAL, WHEN YOU'RE USING BOTH HANDS AND YOUR MOUTH, IS IT NECESSARY TO REFRAIN FROM SMOKING. IN ADDITION TO WINE FURNISHED BY THE CHURCH, IT IS PERFECTLY PROPER FOR THE MEMBERS TO BRING ADDITIONAL ALCOHOL. DURING THE FEAST THAT'S ALMOST ALWAYS A PART OF OUR GATHERINGS, MODERATE SOCIAL DRINKING IS PERFECTLY ACCEPTABLE.

"SEX".... REGARDLESS OF OUR RELIGIOUS ATTITUDES, WE DON'T DO IT AS PART OF OUR RITUALS. SEX IS BASICALLY A PHYSICAL ACT WHILE OUR RITUALS ARE PRIMARILY SPIRITUAL. OF COURSE, I MUST ADMIT THAT WE RECOGNIZE THE INSEPARABLE BOND BETWEEN BODY AND SPIRIT AND ADMIT THAT SEX, WHERE IT IS PERTINENT, IS TREATED MATTER-OF-FACTLY AND WITHOUT SHAME.

I CAN'T SAY THAT I'VE NEVER WORSHIPPED IN THE NUDE ALTHOUGH WE'VE NEVER HELD A NUDE RITUAL HERE. I'VE ATTENDED NUDE CHRISTIAN SERVICES HELD AT VARIOUS NUDEST CLUBS MANY TIMES. (WOULDN'T THAT JUST TEAR THOSE FOOT-STOMPERS UP!) I WON'T SAY, EITHER, THAT WE NEVER WILL HOLD A NUDE RITUAL. IF THE PARTICULAR PURPOSE OF THE RITUAL WOULD BE BEST SERVED BY NUDE PARTICIPATION, I CAN SEE NO LOGICAL REASON FOR NOT DOING SO. CERTAIN NATURAL FUNCTIONS INVOLVE NUDITY SO, LOGICALLY, A RITUAL DEDICATED TO SUCH PURPOSES WOULD BEST ACCOMPLISH THE DESIRED END IF THAT RITUAL WERE PERFORMED IN THE NATURAL STATE.

NOW, YOU AND I BOTH KNOW THAT THE GOVERNMENT DOESN'T REALLY GIVE A DERN IF YOU PRAY WITH OR WITHOUT YOUR PANTS ON. I THINK THEY KEEP INQUIRING INTO WHAT WE DO IN CHURCH AS A BAROMETER OF WHAT WE THINK. AS YOU KNOW, THE U.S. CONSTITUTION DOESN'T ALLOW THEM TO POKE INTO OUR THINKING. I WONDER HOW THEY WOULD RESPOND TO A SERVICE THAT INCLUDES RITUALISTIC SEX. CERTAIN PAGAN CHURCHES, I HAVE BEEN LEAD TO BELIEVE, DO PERFORM SPECIFIC RITUALS OF A SEXUAL NATURE. MAYBE THAT'S WHY THE CHRISTIANS COULD NEVER GET THE PAGANS TO GIVE UP THEIR RELIGION AND CONVERT TO CHRISTIANITY. ATTENDING CHURCH, FOR A PAGAN, WAS A FUN-THING EVERYBODY LOOKED FORWARD TO. MODERN PAGANISM, JUST AS IN ANCIENT TIMES, PLACES NO RELIGIOUS LIMITATIONS ON VICTIMLESS PLEASURES OF THE FLESH. NEITHER DO WE; IT'S JUST THAT WE'RE NOT SO BLATANTLY OBVIOUS IN

OUR RITUALS AS THEY ARE. THEIR ALL-NIGHT DANCES PUNCTUATE THE AIR WITH HOWLS AND WHOOPS THAT ATTRACT THE IRE OF CHRISTIANS FOR MILES AROUND. OURS INCLUDE ALL THAT OTHER GOOD STUFF BUT SPECIFICALLY EXCLUDE THE WOLF HOWLS.

THE MOST SIGNIFICANT DIFFERENCE BETWEEN CHRISTIAN AND NATURALIST SERVICES IS IN THE MATTER OF PARTICIPATION. WE DO NOT SIT IN Pews AND LISTEN TO A SERMON. NO PREACHER STANDS ABOVE YOU SANCTIMONIOUSLY LECTURING YOU ON THE EVIL OF YOUR WAYS AND PROFESSING TO BE "HOLIER THAN THOU". OF COURSE, THERE IS SOMEONE FAMILIAR WITH THE WORDS WHO ALWAYS LEADS THE GROUP IN PRAYER BUT THAT ONE MAY BE ANY WILLING MEMBER. SOME PEOPLE LOVE TO LEAD GROUP INCANTATIONS WHILE OTHERS AVOID IT LIKE THE PLAGUE, BEING AT EASE ONLY WHEN THEY'RE REPEATING THE WORDS AS PART OF THE GROUP.



"Momma ... what's a fertility rite?"

TO UNDERSTAND OUR RITUAL, FIRST YOU MUST UNDERSTAND IT'S PURPOSE. I SUGGEST YOU READ OUR ARTICLE, "THE POWER OF PRAYER" TO ACQUIRE THE RUDIMENTS OF THAT UNDERSTANDING. NATURALISTS NEVER PRAY FOR THE FORGIVENESS OF SIN BECAUSE WE DON'T BELIEVE IN SIN. "SIN" IS PURELY A JUDIA-CHRISTIAN CONCEPT. NATURALISTS BELIEVE, "DO AS THOU WILT SO LONG AS YOU HARM NOBODY".

AND, WE NEVER BEG GOD FOR THE HANDOUT OF A FEW CRUMBS EITHER. WE ASK OUR DIVINE MOTHER AND FATHER ONLY FOR THE "POWER" TO DO THINGS FOR OURSELVES. A NATURALIST RITUAL IS A GROUP EFFORT AT GENERATING, CONTROLLING, AND AIMING THAT POWER TO INFLUENCE EVENTS THAT TOUCH UPON OUR LIVES. WE INVOKE ONLY THEIR ASSISTANCE IN GENERATING THIS POWER; THE PARTICIPANTS THEMSELVES GUIDE THAT POWER INTO THE DESIRED RESULTS.

NOW, THE ABILITY TO ACTUALLY ALTER THE COURSE OF EVENTS AND BEND THE FORCES OF NATURE TO OUR WILL ABSOLUTELY SCARES THE HELL OUT OF SOME OF THOSE SUPERSTITIOUS BIGOTS. MAYBE THEY'RE AFRAID WE'RE GOING TO USE THAT POWER ON THEM. TEMPTING AS IT MIGHT BE AT TIMES, OUR RELIGION STRICTLY FORBIDS IT. "SO LONG AS YOU HARM NO ONE" MEANS EXACTLY THAT; IT DOES NOT MEAN, "SO LONG AS YOU HARM NO ONE EXCEPT A BIGOT WHO'S TRYING TO HARM YOU". OUR RELIGION DOES, HOWEVER, ALLOW US TO PUNCH THEM IN THE MOUTH. WE CAN USE WHATEVER PHYSICAL MEANS NECESSARY BUT ARE PROHIBITED FROM USING THE SPIRITUAL POWER OF NATURE FOR ANYTHING HARMFUL TO ANYONE.

SO, NO MATTER HOW MUCH WE'D SOMETIMES LIKE TO DO IT, YOU'LL NEVER FIND ONE OF OUR RITUALS DEDICATED TO CONJURING UP SOME KIND OF A DOUBLE WHAMMY AIMED AT HARMING THEM. DON'T MISUNDERSTAND ME; IF WE WEREN'T FORBIDDEN, WE HAVE THE ABILITY TO DO IT. OURS ARE NOT PRAYERS OF MERCY; THEY'RE INVOKATIONS OF POWER.

ACTUALLY WE HOLD 2 SEPARATE AND DISTINCTLY DIFFERENT TYPES OF SERVICES. A SERVICE TO WHICH WE INVITE ANY INTERESTED NON-MEMBER IS OPEN AND INFORMAL. ANY ACTUAL RITUAL IS INTENTIONALLY VAGUE AND DOESN'T EVEN INCLUDE ESSENTIAL ELEMENTS FOR THE INVOKATION OF POWER. SUCH SPECIFIC ELEMENTS ARE STRICTLY RESERVED FOR RITUALS INVOLVING MEMBERS ONLY. INDISCRIMINATE USE OF POWER OF THIS MAGNITUDE IS DANGEROUS EXCEPT IN THE HANDS OF ONE WHO IS BOUND BY OATH TO NEVER USE IT EXCEPT FOR GOOD.

UNFORTUNATELY THERE ARE NO NATURALIST CHURCHES CLOSE TO MOST READERS HOMES. THEREFORE, ALTHOUGH ITS A LOT HARDER, MOST NATURALISTS HAVE TO PRAY ALONE. EVEN IN SOLITUDE, THOUGH, THE ELEMENTS OF A SUCCESSFUL RITUAL ARE EXACTLY THE SAME..... THE SOLITUDE, THE DARKNESS, THE CANDLES AND INCENSE, THE ROBE (NUDITY, IF CALLED FOR), AND THE RITES OF CONSECRATION. IN SPITE OF THE DISADVANTAGE, SUCH SOLITARY RITUALS CAN AND DO YIELD A SUCCESS.

WHETHER YOU'RE A MEMBER OF A LOCAL NATURALIST GROVE OR THE ONLY NATURALIST IN YOUR TOWN, YOU'LL STILL FIND AMPLE OPPORTUNITY TO JOIN HANDS WITH OTHERS IN BIG RITUALS. NATURALIST FESTIVALS AND ORGANIZED EVENTS ARE HELD ON THE NINE MAJOR HOLIDAYS OF NATURE BY US AND AT OTHER GROVES IN MANY AREAS. IN ADDITION, THE 13 FULL MOONS GENERALLY PROVIDE THE EXCUSE FOR SPECIAL EVENTS AT MOST GROVES. SOME SUCH EVENTS, IN PARTICULAR THOSE HELD DURING SUMMER VACATION, LAST FOR DAYS AND DRAW BIG CROWDS FROM THROUGHOUT THE LAND.

IT'S A TIME FOR RENEWING OLD FRIENDSHIPS, SINGING, DANCING, FEASTS, AND FUN. WORKSHOPS ARE CONDUCTED, RITUALS FOR VARIOUS PURPOSES ARE HELD, AND POWER IS RAISED. (HELL IS RAISED ALSO) AND, WHEN IT'S ALL OVER YOU'LL HEAD FOR HOME WITH ONLY ONE REGRET, THAT IT ENDED SO SOON. FROM THE WORKSHOPS YOU WILL HAVE ABSORBED NEW KNOWLEDGE, FROM THE BIG RITUALS NEW POWER, AND FROM THE CAMPFIRES, NEW FRIENDS AND FOND MEMORIES.



"At times like this, Nefertooti, I can see why those young students are leaving the church..."



100% PURE PLACEBO HERBAL APHRODISIACS!!



UNCONDITIONALLY GUARANTEED TO BE 100% PURE. NO FILLERS, NO ADDITIVES, NO SUBSTITUTES. DON'T TAKE CHANCES ON UNKNOWN "PHONEY-BALONEY" FAKES WITH HIGH-SOUNDING NAMES AND BIG PROMISES. ALL F.O.Y. HERBS ARE SHIPPED IN AIR-TIGHT PACKAGES AND PLAIN WRAPPER. EVERYTHING SHIPPED POSTPAID. WE SHIP IN 24 HOURS UNLESS WE'RE TEMPORARILY OUT OF AN ITEM. PERSONAL CHECKS CREATE A SHIPPING DELAY UNTIL THEY CLEAR. CHARGECARD ORDERS SHIPPED SAME DAY.

30 DAY
SUPPLY

90 DAY
SUPPLY

THE SEX DRUGS

\$5.00	\$11.95	<u>YOHIMBE</u> - PRINCIPAL INGREDIENT IN "AFRICAN RED" SMOKE MIX. 100% PURE AFRICAN YOHIMBE, MAKE TEA OR SMOKE IT.
\$7.95	\$19.95	<u>AFRIJUANA</u> - YOHIMBE AND SPURIOUS MARAJUANA, LEGAL AFRICAN RED SMOKING MIX, WITH LACTUCA ELONGATA.
\$6.95	\$15.95	<u>DAMIANA</u> - (TURNERA APHRODISIACA) THE PURE STUFF. ITS LATIN NAME SHOULD TELL YOU WHAT TO EXPECT.
\$7.95	\$19.95	<u>DAMISABA</u> - OUR OWN BLEND FOR SUPER-EFFECTIVENESS. CONTAINS DAMIANA AND SABA.
\$5.00	\$11.95	<u>SABA</u> - (SARENOA SERRULATA) DRIED BERRIES. JUST CHEW A FEW. SABA IS SAID TO NOURISH THE TESTICLES.
\$5.95	\$13.95	<u>SABA</u> - SEEDLESS POWDER, PREPARED IN OUR OWN LAB. MAKES AN EXCELLANT TEA OR PUT INTO GELATIN CAPSULES.
\$5.00	\$11.95	<u>GOTU KOLA</u> - (HYDROCOTYLE ASIATICA) HINDU HERB, EVIDENTLY DOES ALL THEY CLAIM FOR IT. SCIENTIFICALLY PROVEN.
\$7.95	\$19.95	<u>FO-TI</u> - SOMETIMES CALLED "HI-TEST GOTU KOLA", FROM CHINA. THEY CLAIM MIRACULOUS LONGEVITY AND VIRILITY FROM IT.
\$12.95	\$29.95	<u>GINSENG, SIBERIAN</u> - (ELEUTHEROCOCCUS SENTICOSUS) CULTIVATED BY THE RUSSIANS AFTER THEY RESEARCHED GINSENG CLAIMS.
\$5.95	\$13.95	<u>MUJIRA PAUMA</u> - (LIRIOSMA OVATA) NOT WELL KNOWN HERE BUT IN BRAZIL IT IS WELL KNOWN AS AN APHRODISIAC.
\$9.95	\$23.95	<u>KAVA-KAVA</u> - USED IN POLYNESIAN FERTILITY RITES.

\$5.00..... THE HANDBOOK OF APHRODISIACS - WORLD'S MOST COMPLETE GUIDE WITH OVER 100 APHRODISIACS FULLY DETAILED INCLUDING WHERE TO GET THEM, HOW TO USE THEM. INCLUDES ALL THE DANGEROUS ONES AS WELL AS THE SAFE, EFFECTIVE ONES.

SIGNATURE MY AGE IS _____
(MUST BE SIGNED, NOT PRINTED)

CREDIT CARD NO.

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PRINT NAME _____

MASTERCARD
INTERBANK NO.

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ADDRESS _____

MY CARD EXPIRES _____

CITY _____

ENCLOSED IS \$ _____
PLEASE SEND THE ITEMS I HAVE
CHECKMARKED ABOVE.

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FOUNTAIN
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YOUTH

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BOX 81, PONCE DE LEON, FLORIDA 32455

WHAT IS NATURAL SCIENCE ?

ASK A MAN OF THE CLOTH A QUESTION HE CAN'T ANSWER AND HIS USUAL REPLY IS, "HAVE FAITH". CAN YOU IMAGINE HIM REPLYING INSTEAD, "MAN DOES NOT YET KNOW THE ANSWER TO THAT QUESTION".

RELIGION HAS BEEN DEFINED AS, "THE OPIATE OF THE MASSES". BUT, WHAT ABOUT THE HALF THE WORLD WHO ARE NOT WILLING TO ACCEPT BLINDLY SUPERSTITIONS OF TWO THOUSAND YEARS AGO? FULLY HALF THE WORLD HAVE EITHER REJECTED ALL RELIGION COMPLETELY OR MERELY GIVE LIP SERVICE TO A SOCIALLY ACCEPTABLE CHURCH RATHER THAN ALIENATE THEMSELVES FROM SOCIETY.

NATURAL SCIENCE IS A PHILOSOPHY OF LIFE THAT DARES TO QUESTION ALL THE TENETS OF OUR ANCIENT RELIGIONS. IT DARES YOU TO THINK INSTEAD OF MERELY ACCEPTING A CONCEPT ON FAITH ALONE. IT DOES NOT ACCEPT "MIRACLES" ON FAITH ALONE. NATURAL SCIENCE BELIEVES THAT THE SUPERNATURAL IS REALLY ONLY THE NATURAL THAT WE DO NOT YET UNDERSTAND.

NATURAL SCIENCE EXAMINES EVERY ASPECT OF THE RELATIONSHIP OF MAN TO GOD AND NATURE WITH AN OPEN MIND. THE NATURAL SCIENCE MANIFESTO MIGHT BE DESCRIBED AS "THE GROWING BIBLE". IT RECOGNIZES THAT OUR KNOWLEDGE OF OURSELVES AND OUR UNIVERSE IS STILL IN ITS INFANCY AND THAT THE ULTIMATE TRUTH HAS YET TO BE FOUND. AS NEW TRUTHS ARE UNEARTHED, THEY ARE ADDED TO THE NATURAL SCIENCE MANIFESTO.

IT RAISES QUESTIONS AND SEEKS ANSWERS TO VIRTUALLY ALL THE MYSTERIES OF LIFE YOU'VE NEVER DARED TO ASK ALOUD BEFORE... WHAT IS THE PURPOSE OF LIFE?, IS THERE REALLY LIFE AFTER DEATH?, WAS JESUS REALLY THE SON OF GOD?, IS SEX OUTSIDE MARRIAGE REALLY A SIN?, HOW COME OTHER ANIMALS CAN DO IT WITHOUT GETTING MARRIED?, WHO IS GOD?, HOW DO WE KNOW GOD ISN'T A WOMAN?, DO SWINGERS ALL GO TO HELL?, WHERE DO NON-CHRISTIANS GO WHEN THEY DIE?

AND, IT DOES MORE THAN JUST RAISE QUESTIONS. NATURAL SCIENCE BELIEVES THAT MAN WAS DESIGNED BY GOD TO LIVE IN HARMONY WITH NATURE. WITH EACH TECHNOLOGICAL ADVANCEMENT MAN HAS CARRIED HIMSELF FURTHER AND FURTHER FROM THE ENVIRONMENT HE WAS DESIGNED FOR. GOD, IN HIS INFINITE WISDOM, PROVIDED A PERFECT BALANCE IN NATURE WITH MAN AS JUST ONE SMALL PART OF NATURE. HE HAS TAMPERED WITH NATURE UNTIL NOW HE STANDS ON THE BRINK OF WIPING HIMSELF AND ALL OTHER LIFE FROM THE FACE OF THE EARTH.

NATURAL SCIENCE RESEARCH HAS ALREADY PROVEN THAT MAN CAN BE HEALTHIER, HAPPIER, AND LIVE A LONG, DISEASE-FREE LIFE BY REJECTING THE CHEMICAL CONCOCTIONS IN OUR FOOD AND MEDICINES IN FAVOR OF THEIR NATURAL COUNTER-PARTS. BY RETURNING TO NATURAL LIVING YOU CAN SOON LOOK AND FEEL TWENTY YEARS YOUNGER AND EASILY LIVE A FULL AND USEFUL LIFE WELL BEYOND THE CENTURY MARK.

OTHER RELIGIONS TEACH YOU TO HAVE FAITH AND THAT GOD WILL PROTECT YOU FROM ALL HARM. BUT, JUST TAKE A LOOK AT A THOUSAND EXAMPLES IN YOUR OWN LIFETIME OF THOSE WHO DEPENDED ON GOD TO PROTECT THEM. NATURAL SCIENCE BELIEVES THAT GOD HELPS HE WHO HELPS HIMSELF. IT BELIEVES THE WORLD NOW FACES ALMOST CERTAIN DISASTER AND PROVIDES A PRACTICAL BLUEPRINT FOR SURVIVAL. DOWN THROUGH THE AGES PLAGUES HAVE ALWAYS REDUCED THE POPULATION WHEN MANKIND BEGAN TO OVER-POPULATE THE EARTH BUT THESE PLAGUES HAVE ALWAYS ENDED JUST AS MYSTERIOUSLY AS THEY BEGAN, BEFORE THEY TOOK ALL HUMAN LIFE FROM THE FACE OF THE EARTH. A BILLION PEOPLE WILL DIE IN THE NEXT GREAT DISASTER AND ITS YOUR RESPONSIBILITY TO SEE TO IT THAT YOU AREN'T AMONG THEM. IT'S THE ARTIFICIAL WORLD OF ADVANCED TECHNOLOGY THAT FACES DISASTER TODAY AND A RETURN TO A MORE NATURAL LIFE STYLE CAN BE YOUR SALVATION.

NATURAL SCIENCE IS A PHILOSOPHY FOR THE FUTURE, NOT THE PAST. IT BELIEVES THAT THE PURPOSE OF LIFE IS LIFE ITSELF, NOT DEATH, AND THAT HAPPINESS AND LONGEVITY SHOULD BE MAN'S GOALS. IT OPPOSES MIND CONTROL THROUGH A GUILT COMPLEX AND STRIVES TO IDENTIFY TRUE SINS AS OPPOSED TO SUGGESTED SIN. VICTIMLESS CRIMES ARE LIKE VICTIMLESS SINS.... UNREALISTIC TO LIVE WITH, ANTIQUATED, AND COUNTER-PRODUCTIVE TO MAN'S WELFARE AND WELL-BEING. YOU MUST BE COMPLETELY OPEN-MINDED AND INTELLIGENT TO COPE WITH THIS ON-GOING, GROWING PHILOSOPHY OF LIFE.

THE LUNAR CALENDAR

WHAT IS IT? - WHAT GOOD IS IT? - HOW DO YOU USE IT?

UNTIL SHORTLY BEFORE THE BIRTH OF CHRIST TIME WAS RECKONED IN THE WESTERN WORLD IN ACCORDANCE WITH THE LUNAR CALENDAR. THEN APPARENTLY FOR POLITICAL REASONS, IN 45 B.C. CAESAR REPLACED IT WITH THE JULIAN CALENDAR. DURING THE 16TH CENTURY THIS, IN TURN, WAS REPLACED BY POPE GREGORY XIII WITH OUR PRESENT DAY GREGORIAN CALENDAR. IN SPITE OF THE FACT THAT THERE IS NO REAL LOGICAL REASON FOR DIVISION OF TIME INTO MONTHS IN THE GREGORIAN CALENDAR, IT HAS CONTINUED IN LEGAL USE THROUGHOUT THE WORLD EVER SINCE.

THE LUNAR CALENDAR, BY COMPARISON, MAKES SENSE. MONTHS ARE MEASURED BY THE LUNATION, THE PERIOD FROM NEW MOON TO NEW MOON. THE MOON TAKES ROUGHLY 27 DAYS AND 8 HOURS TO COMPLETE ONE CYCLE OF THE EARTH. BUT, SINCE THE EARTH HAS MEANWHILE JOURNEYED ALONG IN HER ORBIT AROUND THE SUN, THE TIME TAKEN BY THE MOON TO RETURN TO THE SAME POSITION, AS SEEN FROM EARTH, IS SOMEWHAT LONGER. THIS CYCLE, ROUGHLY 29 DAYS AND 13 HOURS, IS KNOWN AS A SYNODIC MONTH OR LUNATION. LUNAR MONTHS BEGIN WITH NEW MOON AND END THE SAME. EXPRESSED IN WHOLE DAYS, LUNAR MONTHS MAY INCLUDE EITHER 29 OR 30 DAYS.

INCLUDED HERE ARE SEVERAL PAGES OF NATURALIST LUNAR CALENDAR. THE FIRST MONTH OF THE LUNAR YEAR IS "BETH" AND THIS YEAR THE NEW MOON, BETH 1, FALLS ON DECEMBER 7TH OF OUR CIVIL CALENDAR. ON ALL CALENDAR PAGES THAT FOLLOW, THE GREGORIAN CALENDAR IS OUTLINED WITH A HEAVY, SOLID BLACK LINE. DOTTED LINES ARE USED TO OUTLINE BEGINNING AND END OF LUNAR MONTHS. IN EVERY SQUARE BOTH THE GREGORIAN AND LUNAR DATE IS GIVEN, GREGORIAN AT THE TOP AND LUNAR DATE AT THE BOTTOM OF THE BLOCK.

ON THE FOLLOWING PAGES ARE PRESENTED THE MONTHS OF BETH, LUIS, AND NION. IN ADDITION THERE IS A CONDENSED COMPOSITE CONTAINING THE FIRST QUARTER OF THE LUNAR YEAR. ON THE QUARTERLY COMPOSITE, NATURALIST HOLIDAYS APPEAR AS SHADED AREAS. ON THE INDIVIDUAL MONTHLY CALENDAR PAGES TIME OF DAILY MOONRISE AND MOONSET IS ALSO SHOWN.

TIMES SHOWN FOR MOONRISE AND MOONSET AND EXPRESSED IN TERMS OF EASTERN STANDARD TIME. FOR CENTRAL STANDARD TIME, SUBTRACT ONE HOUR, ETC. ADD ONE HOUR FOR CALCULATIONS INVOLVING DAYLIGHT SAVINGS TIME. AS EXACT TIMES OF MOONRISE AND MOONSET ARE BASED ON BOTH LATITUDE AND LONGITUDE, TIMES IN THE CALENDARS CONTAINED HEREIN MAY NOT BE EXACT FOR YOUR LOCALE AND ARE PRESENTED ONLY AS AN APPROXIMATION.



"Larry, doesn't that full moon do something to you?"

THE PERIOD FROM NEW MOON TO FULL MOON IS KNOWN AS THE WAXING MOON, A PERIOD FAVORED FOR POSITIVE ACTION, HEALING, BUSINESS SUCCESS, NEW LOVE AFFAIRS, ETC.






THE FULL MOON IS THE CULMINATION OF THE PERIOD OF WAXING MOON AND IS CONSIDERED TO BE THE TIME OF HIGHEST SENSITIVITY AND CREATIVITY.







THE PERIOD FROM FULL MOON TO NEW MOON IS KNOWN AS THE WANING MOON AND IS CONSIDERED TO BE A NEGATIVE TIME. IT IS CONSIDERED BY SOME TO BE BEST FOR RITES OF BANISHMENT, ETC. NEW VENTURES ARE NOT CONSIDERED IDEAL FOR THIS PERIOD.

THE NEW MOON IS A TIME OF DARKNESS AND PEACE WHEN ALL OF NATURE RESTS BEFORE THE NEW CYCLE OF WAXING ENERGY.

THE MOON DOES INFLUENCE OUR LIVES, BOTH VISIBLY AND SUBTLY... THE TIDES, OVULATION & PREGNANCY, LUNACY, AND AN ESOTERIC INFLUENCE, BOTH NEGATIVE AND POSITIVE, UPON OUR PRAYERS AND RITUALS.

LUNAR CALENDAR - BETH, LUIS, + NION						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOV. 30 1980 RUIS 24	DEC. 1 RUIS 25	DEC. 2 RUIS 26	DEC. 3 RUIS 27	DEC. 4 RUIS 28	DEC. 5 RUIS 29	DEC. 6 RUIS 30
DEC. 7 ● BETH 1	DEC. 8 BETH 2	DEC. 9 BETH 3	DEC. 10 BETH 4	DEC. 11 BETH 5	DEC. 12 BETH 6	DEC. 13 BETH 7
DEC. 14 ◐ BETH 8	DEC. 15 BETH 9	DEC. 16 BETH 10	DEC. 17 BETH 11	DEC. 18 BETH 12	DEC. 19 BETH 13	DEC. 20 BETH 14
DEC. 21 ●	DEC. 22 BETH 16	DEC. 23 BETH 17	DEC. 24 BETH 18	DEC. 25 BETH 19	DEC. 26 BETH 20	DEC. 27 BETH 21
DEC. 28 BETH 22	DEC. 29 ◐ BETH 23	DEC. 30 BETH 24	DEC. 31 BETH 25	JAN. 1, 1981 BETH 26	JAN. 2 BETH 27	JAN. 3 BETH 28
JAN. 4 BETH 29	JAN. 5 BETH 30	JAN. 6 ● LUIS 1	JAN. 7 LUIS 2	JAN. 8 LUIS 3	JAN. 9 LUIS 4	JAN. 10 LUIS 5
JAN. 11 LUIS 6	JAN. 12 LUIS 7	JAN. 13 ◐ LUIS 8	JAN. 14 LUIS 9	JAN. 15 LUIS 10	JAN. 16 LUIS 11	JAN. 17 LUIS 12
JAN. 18 LUIS 13	JAN. 19 LUIS 14	JAN. 20 ○ LUIS 15	JAN. 21 LUIS 16	JAN. 22 LUIS 17	JAN. 23 LUIS 18	JAN. 24 LUIS 19
JAN. 25 LUIS 20	JAN. 26 LUIS 21	JAN. 27 ◐ LUIS 22	JAN. 28 LUIS 23	JAN. 29 LUIS 24	JAN. 30 LUIS 25	JAN. 31 LUIS 26
FEB. 1 LUIS 27	FEB. 2 ●	FEB. 3 LUIS 29	FEB. 4 ● NION 1	FEB. 5 NION 2	FEB. 6 NION 3	FEB. 7 NION 4
FEB. 8 NION 5	FEB. 9 NION 6	FEB. 10 NION 7	FEB. 11 ◐ NION 8	FEB. 12 NION 9	FEB. 13 NION 10	FEB. 14 NION 11
FEB. 15 NION 12	FEB. 16 NION 13	FEB. 17 NION 14	FEB. 18 ○ NION 15	FEB. 19 NION 16	FEB. 20 NION 17	FEB. 21 NION 18
FEB. 22 NION 19	FEB. 23 NION 20	FEB. 24 NION 21	FEB. 25 ◐ NION 22	FEB. 26 NION 23	FEB. 27 NION 24	FEB. 28 NION 25
MARCH 1 NION 26	MARCH 2 NION 27	MARCH 3 NION 28	MARCH 4 NION 29	MARCH 5 NION 30	MARCH 6 ● FEARN 1	MARCH 7 FEARN 2
MARCH 8 FEARN 3	MARCH 9 FEARN 4	MARCH 10 FEARN 5	MARCH 11 FEARN 6	MARCH 12 ◐ FEARN 7	MARCH 13 FEARN 8	MARCH 14 FEARN 9

NOV. 30 SUNDAY RUIS 24 DEC. 7 RISE 6.42 AM  NEW MOON SET 4.38 PM BETH 1	DEC. 1 MONDAY RUIS 25 DEC. 8 RISE 7.39 AM SET 5.23 PM BETH 2	DEC. 2 TUESDAY RUIS 26 DEC. 9 RISE 8.33 AM SET 6.14 PM BETH 3	DEC. 3 WEDNESDAY RUIS 27 DEC. 10 RISE 9.27 AM SET 7.07 PM BETH 4
DEC. 14 RISE 11.59 AM  FIRST QUARTER SET 11.34 PM BETH 8	DEC. 15 RISE 12.32 PM BETH 9	DEC. 16 SET 12.45 AM RISE 1.04 PM BETH 10	DEC. 17 SET 1.50 AM RISE 1.37 PM BETH 11
DEC. 21 SET 6.42 AM RISE 4.33 PM YULE  FULL MOON WINTER SOLSTICE BETH 15	DEC. 22 SET 7.44 AM RISE 5.31 PM BETH 16	DEC. 23 SET 8.39 AM RISE 6.33 PM BETH 17	DEC. 24 SET 9.25 AM RISE 7.37 PM BETH 18
DEC. 28 SET 11.35 AM RISE 11.40 PM BETH 22	DEC. 29 SET 12.01 PM  LAST QUARTER BETH 23	DEC. 30 RISE 12.38 AM SET 12.28 PM BETH 24	DEC. 31 RISE 1.30 AM SET 12.55 PM 1980 BETH 25
JAN. 4 RISE 5.29 AM SET 3.17 PM BETH 29	JAN. 5 RISE 6.25 AM SET 4.07 PM BETH 30	JAN. 6  LUIS 1	JAN. 7 LUNAR CALENDAR MONTH BETH 31

DEC. 28 SUNDAY BETH 22	DEC. 29 MONDAY  BETH 23	DEC. 30 TUESDAY BETH 24	DEC. 31 WEDNESDAY 1980 BETH 25
JAN. 4 BETH 29	JAN. 5 BETH 30	JAN. 6 RISE 7.18 AM  NEW MOON SET 5.03 PM LUIS 1	JAN. 7 RISE 8.07 AM SET 6.04 PM LUIS 2
JAN. 11 RISE 10.36 AM SET 10.36 PM LUIS 6	JAN. 12 RISE 11.07 AM SET 11.46 PM LUIS 7	JAN. 13 RISE 11.39 AM  FIRST QUARTER LUIS 8	JAN. 14 SET 12.57 AM RISE 12.13 PM LUIS 9
JAN. 18 SET 5.29 AM RISE 3.15 PM LUIS 13	JAN. 19 SET 6.26 AM RISE 4.15 PM LUIS 14	JAN. 20 SET 7.16 AM  FULL MOON RISE 5.18 PM LUIS 15	JAN. 21 SET 7.58 AM RISE 6.22 PM LUIS 16
JAN. 25 SET 10.03 AM RISE 10.26 PM LUIS 20	JAN. 26 SET 10.29 AM RISE 11.24 PM LUIS 21	JAN. 27 SET 10.56 AM  LAST QUARTER LUIS 22	JAN. 28 RISE 12.21 AM SET 11.24 PM LUIS 23
FEB. 1 RISE 4.13 AM SET 1.56 PM LUIS 27	FEB. 2 RISE 5.07 AM SET 2.49 PM CANDLE MAS FEBRUARY EYE LUIS 28	FEB. 3 RISE 5.58 AM SET 3.49 PM LUIS 29	FEB. 4  NION 1

DEC. 3 WEDNESDAY	DEC. 4 THURSDAY	DEC. 5 FRIDAY	DEC. 6 SATURDAY	MONTH OF BETH
LUIS 27	LUIS 28	LUIS 29	LUIS 30	
DEC. 10 9.23 AM 7.11 PM	DEC. 11 RISE 10.08 AM SET 8.13 PM	DEC. 12 RISE 10.49 AM SET 9.18 PM	DEC. 13 RISE 11.26 AM SET 10.26 PM	
BETH 4	BETH 5	BETH 6	BETH 7	
DEC. 17 1.56 AM 1.37 PM	DEC. 18 SET 3.09 AM RISE 2.14 PM	DEC. 19 SET 4.22 AM RISE 2.54 PM	DEC. 20 SET 5.34 AM RISE 3.41 PM	
BETH 11	BETH 12	BETH 13	BETH 14	
DEC. 24 9.25 AM 7.37 PM	DEC. 25 SET 10.04 AM RISE 8.40 PM	DEC. 26 SET 10.38 AM RISE 9.42 PM	DEC. 27 SET 11.08 AM RISE 10.42 PM	
BETH 18	CHRISTMAS BETH 19	BETH 20	BETH 21	
DEC. 31 1.36 AM 12.55 PM 80	JAN. 1 RISE 2.34 AM SET 1.24 PM 1981	JAN. 2 RISE 3.32 AM SET 1.57 PM	JAN. 3 RISE 4.31 AM SET 2.34 PM	
BETH 25	BETH 26	BETH 27	BETH 28	
JAN. 7 NAR NDAR TH OF TH	JAN. 8 TIMES SHOWN ARE MOONRISE AND MOONSET	JAN. 9 DOTTED LINE MONTH OF BETH	JAN. 10 HEAVY SOLID LINE MONTH OF DECEMBER	

DEC. 31 WEDNESDAY 1980	JAN. 1 THURSDAY 1981	JAN. 2 FRIDAY	JAN. 3 SATURDAY	MONTH OF LUIS
BETH 25	BETH 26	BETH 27	BETH 28	
JAN. 7 8.06 AM 6.04 PM	JAN. 8 RISE 8.49 AM SET 7.10 PM	JAN. 9 RISE 9.28 AM SET 8.17 PM	JAN. 10 RISE 10.03 AM SET 9.26 PM	
LUIS 2	LUIS 3	LUIS 4	LUIS 5	
JAN. 14 12.57 AM 12.13 PM	JAN. 15 SET 2.07 AM RISE 12.51 PM	JAN. 16 SET 3.17 AM RISE 1.33 PM	JAN. 17 SET 4.25 AM RISE 2.21 PM	
LUIS 9	LUIS 10	LUIS 11	LUIS 12	
JAN. 21 7.58 AM 6.22 PM	JAN. 22 SET 8.35 AM RISE 7.25 PM	JAN. 23 SET 9.07 AM RISE 8.27 PM	JAN. 24 SET 9.36 AM RISE 9.27 PM	
LUIS 16	LUIS 17	LUIS 18	LUIS 19	
JAN. 28 12.21 AM 11.24 AM	JAN. 29 RISE 1.19 AM SET 11.55 AM	JAN. 30 RISE 2.18 AM SET 12.30 PM	JAN. 31 RISE 3.16 AM SET 1.09 PM	
LUIS 23	LUIS 24	LUIS 25	LUIS 26	
FEB. 4	FEB. 5 TIMES SHOWN ARE MOONRISE AND MOONSET	FEB. 6 DOTTED LINE MONTH OF BETH	FEB. 7 HEAVY SOLID LINE MONTH OF JANUARY	
NION 1	NION 2	NION 3	NION 4	

MONTH OF NION

JAN. 25 SUNDAY	JAN. 26 MON DAY	JAN. 27 TUESDAY	JAN. 28 WEDNESDAY	JAN. 29 THURSDAY	JAN. 30 FRIDAY	JAN. 31 SATURDAY
LUIS 20	LUIS 21	LUIS 22	LUIS 23	LUIS 24	LUIS 25	LUIS 26
FEB. 1	FEB. 2	FEB. 3	FEB. 4	FEB. 5	FEB. 6	FEB. 7
LUIS 27	LUIS 28	LUIS 29	FEB. 11	NION 2	NION 3	NION 4
FEB. 8	FEB. 9	FEB. 10	FEB. 11	FEB. 12	FEB. 13	FEB. 14
RISE 9.10 AM SET 9.36 PM	RISE 9.42 AM SET 10.47 PM	RISE 10.16 AM SET 11.58 PM	RISE 10.52 AM SET 11.32 AM	RISE 1.08 AM SET 11.32 AM	RISE 2.16 AM SET 12.17 PM	RISE 3.20 AM SET 1.08 PM
NION 5	NION 6	NION 7	NION 8	NION 9	NION 10	NION 11
FEB. 15	FEB. 16	FEB. 17	FEB. 18	FEB. 19	FEB. 20	FEB. 21
SET 4.18 AM RISE 2.04 PM	SET 5.09 AM RISE 3.04 PM	SET 6.54 AM RISE 4.07 PM	SET 6.32 AM RISE 5.10 PM	SET 7.06 AM RISE 6.12 PM	SET 7.36 AM RISE 7.13 PM	SET 8.04 AM RISE 8.13 PM
NION 12	NION 13	NION 14	NION 15	NION 16	NION 17	NION 18
FEB. 22	FEB. 23	FEB. 24	FEB. 25	FEB. 26	FEB. 27	FEB. 28
SET 8.30 AM RISE 9.12 PM	SET 8.57 AM RISE 10.10 PM	SET 9.24 AM RISE 11.08 PM	SET 9.54 AM RISE 10.26 AM	RISE 12.06 AM SET 10.26 AM	RISE 1.03 AM SET 11.03 AM	RISE 2.00 AM SET 11.46 AM
NION 19	NION 20	NION 21	NION 22	NION 23	NION 24	NION 25
MARCH 1	MARCH 2	MARCH 3	MARCH 4	MARCH 5	MARCH 6	MARCH 7
RISE 2.54 AM SET 12.35 PM	RISE 3.46 AM SET 1.31 PM	RISE 4.34 AM SET 2.33 PM	RISE 5.17 AM SET 3.41 PM	RISE 5.57 AM SET 4.51 PM	RISE 6.51 AM SET 5.51 PM	RISE 7.46 AM SET 6.46 PM
NION 26	NION 27	NION 28	NION 29	NION 30	NION 31	NION 32

PAGAN PAGES

MERRY MEET -

TO KEEP THIS FROM GETTING HOPELESSLY CONFUSING, LET ME EXPLAIN WHAT'S GOING ON AND WHY. YOU MAY BE RECEIVING THIS AS A FOUR PAGE NOTE OR YOU MAY FIND IT INSERTED AS A FOUR PAGE CENTER SECTION IN YOUR COPY OF "THE TRUTH". NO MATTER WHICH WAY YOU RECEIVE IT (OR BOTH WAYS), IT HAS TO SERVE AS A REPLY TO THE MOUNTAIN OF MAIL IN FRONT OF ME.

IF YOU'RE WAITING FOR AN ISSUE OF "THE TRUTH", IT'LL BE ALONG DIRECTLY. WE, LIKE MOST SMALL ENTITIES, WORK WITH LIMITED STAFF AND FACILITIES. FROM TIME TO TIME CIRCUMSTANCES RESULT IN AN AVALANCHE OF WORK WE'RE INCAPABLE OF PROCESSING FAST ENOUGH. IN YOUR CASE, HERE'S WHAT HAPPENED.....

EVENTS ARE MOVING RAPIDLY AND THE MAILS HAVE MOVED SLOWLY. WHILE MAIL IS ENROUTE NEW DEVELOPMENTS CHANGE EVERYTHING. ABOUT A MONTH AGO WE MAILED A NEWLETTER CALLED "A LOOK BACK AT PAN-PAGAN 1980" TO MOST OF OUR PAGAN MAILING LIST. THE SAME DAY WE ALSO MAILED THE FIRST 1,000 COPIES OF A LETTER TO NON-PAGANS OFFERING A COUPLE OF OUR NEW BOOKS. BOTH OF THESE MAILINGS CAN ONLY BE CALLED "TESTS" BECAUSE WE HAD NEVER BEFORE USED OUR NON-PROFIT MAILING PRIVILEGE BEFORE. WE ARE, HOWEVER, EXPERIENCED MAILERS SO WE ALREADY KNOW HOW LONG OTHER CLASSES OF MAIL TAKE TO REACH THEIR DESTINATION AND GET A REPLY BACK TO US. WELL, ANYWAY, WE DROPPED THE TEST MAILINGS AND SAT BACK TO WAIT FOR RESULTS.

IMAGINE MY SURPRISE WHEN, AFTER ONLY ABOUT 48 HOURS, I GOT A PHONE CALL FROM MARLENE IN CLEVELAND STATING THAT SHE HAD RECEIVED MY LETTER. TALK OF MIRACLES...THE POSTAL SERVICE WAS EVIDENTLY DELIVERING NON-PROFIT MAIL FASTER BY FAR THAN FIRST CLASS MAIL. A LETTER FROM NASHVILLE 2 OR 3 DAYS LATER ONLY TENDED TO CONFIRM THIS CONCLUSION. SO, WITH THESE TWO EVIDENCES THAT THE MAIL HAD BEEN DELIVERED, I SAT BACK AGAIN TO AWAIT THE ARRIVAL OF ALL THE REPLIES FROM THE MAILING. REMEMBER, THIS WAS, TO US, A TEST OF OUR NON-PROFIT MAILING.

WELL, FOR A MONTH THAT'S ALL I DID..."WAIT". AFTER A FEW WEEKS I TOLD VERA IT WAS OBVIOUS THAT PAGAN FOLKS DIDN'T WANT TO LISTEN TO MY DRIVEL. I DECIDED TO MAIL REFUNDS OF THE FEW ORDERS FOR THE PAGAN VERSION OF "THE TRUTH" AND FORGET ABOUT THE IDEA. MEANWHILE, THE OTHER LETTER I MAILED WAS PULLING ENOUGH REPLIES EVERY DAY THAT WE REPRINTED IT AND MAILED SEVERAL THOUSAND MORE. TO FURTHER AID OUR TEST EVALUATIONS WE PRINTED THE SECOND MAILING ON YELLOW PAPER. SOON ORDERS ON YELLOW COUPONS BEGAN POURING IN AND WE BEGAN TO RUN BEHIND FILLING THEM. TO MAKE MATTERS WORSE, MEANWHILE WE BEGAN ADDRESSING AND STUFFING 5,000 MORE OUTBOUND YELLOW LETTERS.

THEN IT HAPPENED....LAST THURSDAY MY P.O. BOX WAS CRAMMED NOT ONLY WITH YELLOW COUPON ORDERS, BUT ALSO WITH MAIL OF ALL SORTS FROM PAGANS. FRIDAY THE TRICLE OF INBOUND TURNED TO A FLOOD, AND BY SATURDAY TO THE AVALANCHE OF MAIL I'M NOW BURIED UNDER. TODAY IS SUNDAY AND DERNED IF I'M NOT ALMOST TOO CHICKEN TO OPEN THE BOX ON MONDAY MORNING.

HOW COULD THIS HAVE HAPPENED? HOW COME TWO OTHER MAILINGS WERE COMPLETELY DELIVERED WHILE MY PAGAN MAILING TOOK A MONTH ENROUTE? I CAN ONLY ASSUME THAT SOMEHOW A FEW PIECES WERE ROUTED DIRECTLY OUTBOUND BEFORE SOME POSTAL INSPECTOR DECIDED TO EXAMINE THE CONTENTS OF THAT OUTBOUND PAGAN LETTER. REMEMBER, IT WAS OUR FIRST USE OF OUR NON-PROFIT MAILING AND COULD HAVE WELL BEEN SUBJECTED TO SPECIAL SCRUTINY. MOST PROBABLY A LOCAL REDNECK BAPTIST POSTAL INSPECTOR TURNED BLUE WHEN HE DISCOVERED "NATURAL SCIENCE CHURCH" WAS PAGAN AND HE DECIDED TO HOLD THE ENTIRE BALANCE OF THE MAILING PENDING A DECISION BY WASHINGTON ON THE MATTER. NOW, YOU AND I BOTH KNOW THAT WE, LIKE ALL PAGANS, ARE COMPLETELY LEGAL, WHETHER LOCAL BAPTIST POSTAL EMPLOYEES LIKE IT OR NOT, SO WASHINGTON UNDOUBTEDLY INSTRUCTED THE LOCAL POST OFFICE TO RELEASE AND DELIVER THE PAGAN MAIL THEY WE'RE HOLDING.

AND THIS BRINGS US RIGHT UP TO THE MOMENT AND WHAT WE'RE GOING TO DO ABOUT IT. TO RUSH REPLIES TO ALL PAGANS SO THEY KNOW I GOT AND READ EVERY WORD, I DECIDED TO PUT OUT ONE SPECIAL LETTER. THEN, REALIZING THAT I'LL HAVE TO MAIL AT LEAST 200 OF THEM, I THOUGHT, "OH HECK, WHY NOT USE THE COMMERCIAL PRINTING TECHNIQUES NORMALLY APPLIED TO PUBLICATION PAGES AND JUST PRINT THE LETTER. THAT'S HOW THIS PAGE HAPPENS TO BE SERVING DOUBLE DUTY. THE FIRST FEW HUNDRED WILL BE MAILED AS A NOTE TO PAGANS AS A REPLY AND ACKNOWLEDGEMENT OF MY INBOUND MAIL. BALANCE OF THE PRESS RUN WILL BE INSERTED AS THE PAGAN SECTION OF THE UPCOMING ISSUE OF "THE TRUTH".

BUT, I USED A WHOLE PAGE TO TELL YOU ABOUT IT BECAUSE THERE APPEARS TO BE AN IMPORTANT ISSUE INVOLVED....RELIGIOUSDISCRIMINATION. (SORRY ABOUT THAT)

AS A CHARTERED CHURCH WE'RE AUTOMATICALLY EXEMPT FROM TAXES. UNFORTUNATELY OUR ATTORNEY, AND NOBODY ELSE, EVER TOLD US THAT. SO, WE INNOCENTLY APPLIED TO INTERNAL REVENUE FOR A CLARIFICATION OF OUR TAX EXEMPT STATUS FOR TAX PURPOSES. WOW, WHAT A HASSLE! WHEN THEY LEARNED FROM OUR APPLICATION THAT WE WERE NOT CHRISTIANS, THEY PUT US THROUGH THE WRINGER...SO MUCH SO, IN FACT, THAT I FINALLY LOST MY TEMPER AND TELEPHONED TO RAISE CAINE. DURING THE PHONE CALL I READ ALOUD TO THEM MY STRONGLY PHRASED LETTER TELLING THEM IT WAS NONE OF THEIR BUSINESS HOW WE PRAYED. THE CALL FINALLY ENDED IN OUR MUTUAL PLEASURE WITH INTERNAL REVENUE ASSURING US THEY WERE APPROVING OUR APPLICATION. ANYWAY, EVERYTHING FILED IN WASHINGTON SPELLS OUT WHO WE ARE AND WHAT WE STAND FOR. WHILE WE'VE MADE OUR PEACE WITH UNCLE SAM, IT WASN'T WITHOUT PROBLEMS. THE RED TAPE AND HASSLE TOOK 6 MONTHS AND KEPT ME AWAY FROM MY OTHER WORK. NOW, WE'RE SPINNING OUR WHEELS DOWN HERE STRIVING TO CATCH UP FOR SOME OF THOSE LOST MONTHS.

I IMAGINE WE'LL HAVE NO FURTHER PROBLEMS WITH PAGAN MAILS BEING DELAYED BUT I SURE HAVE TO SHAKE MY BONES NOW TO MAKE UP FOR THAT LAST DELAY. BUT, WHAT OTHER RAMIFICATIONS CAN I EXPECT? HOW ABOUT THIS ONE.....

THREE WEEKS AGO I PLACED A CLASSIFIED AD IN THE LOCAL DAILY, A TEST AD TO RUN SATURDAY, SUNDAY, AND MONDAY, SEEKING LOCALS INTERESTED IN WHAT WE ALL STAND FOR. SUNDAY, WHILE READING THE PAPER I DISCOVERED THAT OUR AD HAD NEVER APPEARED. MONDAY THEY EXPLAINED TO ME THAT THEY HAD HAD A COMPUTER FAILURE AND THAT ALL ADS ACCEPTED PRIOR TO THURSDAY WERE STRANDED INSIDE THE COMPUTER AND CONSEQUENTLY DID NOT GET PRINTED. BUT, FOR SURE, YOUR AD WILL BE IN NEXT WEEKEND. THE NEXT WEEK, WHEN IT AGAIN DIDN'T APPEAR, I PHONED THEM AGAIN. THIS TIME THEY COULD OFFER NO EXPLANATION FOR WHY IT HAD AGAIN FAILED TO APPEAR BUT ASSURED ME THAT IT ABSOLUTELY WOULD APPEAR THE FOLLOWING WEEK. WELL NOW, HERE IT IS, THE FOLLOWING WEEK AND, GUESS WHAT. YOU'RE RIGHT; AGAIN IT HASN'T APPEARED. THIS TIME I GOT THE DEPARTMENT BOSS ON THE LINE AND HE PROMISES IT WILL BE IN NEXT WEEK. WE'LL KEEP YOU POSTED. A HUNDRED MILES FROM HERE GRACE ESTAFTHIO LOST HER JOB BECAUSE OF HER PAGAN ACTIVITIES THEN LOST HER COURT SUIT ON THE ISSUE. AM I BEING A BIT PARANOID OR ARE WE BEING SINGLED OUT FOR SPECIAL ATTENTION EVERYWHERE?

ON THE NEXT PAGE (IF I REMEMBER) I'LL TRY TO REPRODUCE AN AD RUNNING ON THE RELIGIOUS PAGE OF TODAY'S LOCAL PAPER. I REPRODUCE IT HERE WITHOUT POLITICAL COMMENTS. MY ONLY INTEREST IN IT IS THE DEROGATORY REFERENCE TO PAGANISM AND THE IMPLICATION THAT SEXUAL PERVERSIONS ARE A STEP TOWARD PAGANISM.

AND THAT, OF COURSE, RAISES THE NEXT ISSUE OF THE DAY...BAD PRESS! ITS ONLY A PERSONAL OPINION BUT, I FEEL THAT PAGANS NEED TO FIGHT BACK. LACK OF CENTRAL ORGANIZATION RESULTS IN LACK OF ORGANIZED PUBLIC RELATIONS. WITHIN THE PAGAN MOVEMENT ARE SOME OF THE MOST TALENTED WRITERS I KNOW (NOT ME; I'M A RANK AMATEUR COMPARED TO SOME). I'M SURE THESE TALENTS COULD BE MUSTERED TO WRITE "GOOD PAGAN PRESS" FOR DISTRIBUTION IF THERE WERE SOME STRONG CENTRAL ORGANIZATION DIRECTING THAT EFFORT. CMEW IT THEN LET'S HEAR YOUR COMMENTS, EITHER "PRO" OR "CON". NEXT ISSUE WE'LL TRY TO PUBLISH THE IDEAS IT GENERATES.

NOW TO THE NEXT ISSUE AND PERSONAL OPINION. AGAIN, I SPECIFICALLY INVITE REPLY AND PERSONAL COMMENT PRO OR CON. THAT ISSUE IS "MONEY". PAGANS SEEM TO BE OBLIGATED TO WORK FOR NOTHING, A SURE WAY TO GUARANTEE WE'LL NEVER GET UP OFF THE GROUND. WHAT'S WRONG WITH EARNING MONEY FOR A JOB WELL DONE? I WAS LOOKING AT THE COST FIGURES IN THE CURRENT ISSUE OF "WHICH WAY" AND WAS SHOCKED! JANICE HAS WORKED HER HEART OUT TO PUT OUT A GREAT LITTLE NEWS-LETTER AND WOUND UP WITH LESS THAN \$50 WORTH OF INCOME FROM IT FOR THE MONTH. AND, I'M TALKING ABOUT GROSS INCOME, NOT PROFIT. NOT ONLY DID SHE RECEIVE ZERO AS HER PAY FOR HER EFFORTS BUT ALSO FAILED TO MEET ACTUAL CASH OUTLAY FOR EXPENSES. NO WONDER PAGAN PUBLICATIONS PASS OUT OF EXISTENCE IN SUCH NUMBERS.

INCIDENTALLY, THIS ONE WON'T; I SHOW A PROFIT! YOUR \$5 SUBSCRIPTIONS ARE THE ONLY CHEAP ONES I SELL. A WEEK AFTER I MADE THE \$5 OFFER TO PAGANS, I RAISED THE SUBSCRIPTION PRICE OF "THE TRUTH" FROM \$10 TO \$15 AND THE SINGLE ISSUE PRICE TO \$5. WHILE I WILL NOT ATTEMPT TO MAKE MONEY FROM PAGANS, I'LL MOST PROBABLY CONTINUE TO PUBLISH PROFITABLY FOR THE REST OF MY DAYS. I DO NOT APOLOGIZE FOR THIS FACT. I DRIVE A LINCOLN CONTINENTAL CONVERTIBLE AND HAVE AN EDITORIAL OFFICE ON A BIG, AIR-CONDITIONED CRUISER. THESE REWARDS FOR A JOB WELL DONE TEND TO GUARANTEE I'LL CONTINUE TO DO THAT JOB. ITS NOT THAT I'M A GOOD WRITER; ITS JUST THAT I'M A GOOD BUSINESS MAN. OH HECK, WHY NOT REPEAT THE \$5 OFFER WHILE I'M THINKING ABOUT IT. IF YOU'D LIKE TO GET ON MY SUBSCRIBER LIST, THE OFFER IS EXTENDED ANOTHER MONTH.

BACK TO THE DISCUSSION OF MONEY.... I STILL BELIEVE THE PAGAN PRESS IS ALMOST NON-EXISTENT BECAUSE OF LACK OF IT. AND, BECAUSE THE PAGAN PRESS IS

'GAY RIGHTS' & CARTER



Participant
at "Gay Pride"
Parade this
year in San
Francisco.

Excerpted from a column by Patrick Buchanan (c) 1980 PJB Enterprises, Inc.

"Our born-again Southern Baptist President has undergone another conversion. The government of the United States, he now contends, should provide a special protected status in law for individuals who profess and practice a lifestyle that Carter's church teaches is aberrant, sinful and immoral.

"We must," the President says on page 54 of his position paper to the Democratic Platform Committee, 'affirm . . . the right of each individual to have equal access to and participation in the institutions and services of our society, including actions to protect all groups from discrimination based on race, color, religion, national origin, sex or sexual orientation.'

"Which would elevate homosexuals to the same protected legal status as Hispanics and blacks. Whether the President wishes to provide special status in law for those whose proclivities run to polygamy, polyandry, bisexuality, sadism, masochism, wife-swapping, incest or just plain old promiscuity is unclear from his statement . . .

"[President Carter] would put the United States government on record as declaring officially that a) society should not concern itself with the sexual preferences of its members and b) a homosexual relationship, between man and man, say, is at least equal (if not superior) to the traditional husband-wife relationship, heretofore favored in federal law (for example, with tax benefits, etc.).

"The next plateau to paganism is just over the horizon."

NOTE

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SUFFERING, PAGANISM ITSELF SUFFERS ACCORDINGLY. WE NEED A STRONG PAGAN PRESS AND A STRONG PAGAN PUBLIC RELATIONS PROGRAM.

OH OH, ANOTHER CONTROVERSIAL ISSUE....PUBLIC RELATIONS. "SECRECY" HAS BEEN A PAGAN PRINCIPLE SINCE TIME IMMORTAL. WELL, I, FOR ONE, DISAGREE. SECRECY HAS ITS PROPER FUNCTION BUT SHOULD NOT, ANY MORE THAN ANYTHING ELSE, BE CARRIED TO SUCH AN EXTREME THAT IT DOES US HARM. THE POLICY OF OPEN STUDY AND CLOSED WORKING GROUPS IS A GOOD ONE. WHY CAN'T WE APPLY THAT SAME IDEA TO A PAGAN PRESS, GIVING THE PUBLIC THE TRUTH ABOUT WHAT WE STAND FOR WITHOUT AIRING THE PRIVATE PORTION OF THE PAGAN CONCEPT UNLESS AND UNTIL ONE HAS CHOSEN TO BE INITIATED INTO THE CRAFT.

I'LL MAKE YOU ALL A FRIENDLY LITTLE WAGER....NATURAL SCIENCE SHOULD, INSIDE OF A FEW YEARS, BE BIGGER THAN ALL OTHER PAGAN GROUPS COMBINED. WHY? BECAUSE WE'VE GOT A PUBLIC EDUCATION PROGRAM. REMEMBER, WE'VE ONLY BEEN INCORPORATED LESS THAN 2 YEARS AND ONLY SETTLED UP WITH UNCLE SAM A MONTH BEFORE THE PAN-PAGAN. STILL, RIGHT NOW WE'RE SWAMPED UNDER THE INFLUX OF REPLIES TO OUR FIRST PUBLIC OFFER. RIGHT NOW WE'RE ADDING SUBSCRIBERS TO "THE TRUTH" AT THE RATE OF SEVERAL HUNDRED NEW ONES A MONTH. THE TRUTH IS A PAGAN SALESMAN FROM COVER TO COVER. SURELY YOU CAN VISUALIZE THE LONG RANGE IMPACT ITS BOUND TO HAVE.

OK, WHILE I'M STIRRING THE POT LET'S CHEW ON THE NEXT ISSUE....PAGAN SITES. WHY SHOULD AN ORGANIZATION THAT'S BEEN IN EXISTENCE FOR THOUSANDS OF YEARS HAVE TO RENT SPACE FROM A PUBLIC CAMP GROUND? AM I THE ONLY ONE WHO OWNS USABLE SITES? (I USED THE PLURAL BUT THEY'RE ALMOST ALL IN THE SAME LOCAL AREA AND ONLY ONE IS DEVELOPED SUFFICIENT TO HANDLE BIG EVENTS.)

I DO HEAR, IN MY UNANSWERED INCOMING MAIL, THAT SOME CHICAGO PAGANS WHO VISITED TENNESSEE FOR AN INITIATION CEREMONY WERE SO IMPRESSED THAT THEY DECIDED TO BUY THE PROPERTY. IF THE DEAL GOES THROUGH, WE'LL PROBABLY BE ABLE TO LOOK FORWARD TO EVENTS BEING SPONSORED AND HELD THERE IN THE NEAR FUTURE.

AND, OF COURSE, WE MUSTN'T OVERLOOK THE BANG-UP JOB CIRCLE IS DOING UP IN WISCONSIN IN PROVIDING A SITE FOR THEIR LOCALS AND VISITORS.

NOW, WHAT ABOUT THE REST OF THE U.S. AND CANADA. LET'S HEAR IT FROM ANY OF YOU WHO MIGHT BE ABLE TO AT LEAST LEND THE USE OF THEIR PROPERTY. WE'LL TRY TO PASS THE WORD ON TO THOSE NEAR ENOUGH TO TAKE THEM UP ON THE OFFER.

NOW, THE MAJOR DIFFICULTY IN ACHEIVING ADDITIONAL SITES IS THAT THEY'RE USED TOO FEW DAYS PER YEAR TO CARRY THE COST OF MAINTAINING THEM. HERE AT PARADISE WE HAVE NO SUCH PROBLEM BECAUSE ITS OUR HOME AS WELL AS THE HOME OF NATURAL SCIENCE. AFTER ALMOST 10 YEARS ON THE PROPERTY, FACILITIES HAVE

"HAPPENED" WITHOUT PLANNING. IF I'D CLEAN UP THE CLUTTER AND MOW THE WEEDS, PRESENT FACILITIES WILL HANDLE ANY SIZE GROUP. WE HAVE AN ASSORTMENT OF OLD TRUCKS WE'VE QUIT USING THAT NEED TRANSFERRED TO A REMOTE CORNER AND WAIST-HIGH WEEDS THAT NEED CUT. OUR WEEDS ARE SO HIGH RIGHT NOW THAT I'VE LOST A SET OF EXTENSION LADDERS SOMEWHERE IN THE YARD. WILL HAVE TO WARN THE MAN RUNNING THE BUSH HOG TO KEEP HIS BLADE HIGH AND HIS EYES OPEN.

SPEAKING OF WEEDS, EAT YOUR HEART OUT, SNOWBIRDS. ALTHOUGH ITS THE END OF OCTOBER, RIGHT NOW (2:30 A.M.) ALL THE WINDOWS ARE OPEN AND I'M SITTING HERE WEARING NOTHING BUT GYM SHORTS AND SNEAKERS. I'VE BEEN WAITING FOR THE WEATHER TO COOL BEFORE TACKLING HEAVY YARD WORK BUT IT REFUSES TO. FLORIDA SUN COOKS ROOFS TO DEATH SO WE NEED TO SERVICE EVERY ONE OF THEM ANNUALLY. AND, ITS JUST TOO HOT EVERY DAY TO TAR ROOFS. STILL, GOTTA FIND THOSE LADDERS PRETTY SOON; WE'RE BEGINNING TO SHOW LEAKS IN ALMOST EVERY BUILDING.

ABOUT USING OUR PROPERTY FOR EVENTS....WHILE MAIL DISCUSSES EVERYTHING ELSE, I'VE GOTTEN NO REACTION TO THE QUESTION RAISED IN MY LAST LETTER. WE WOULD BE DELIGHTED TO HOST AN EVENT, CONTINUOUS EVENTS IF YOU WANT THEM, BUT WE CAN NOT AND WILL NOT INVEST IN SHOWER ROOMS, SNACK BAR, ETC. UNLESS THERE IS A DESIRE FOR SOUTHERN EVENTS. FOR SOME REASON I DIDN'T EVEN GET A REPLY TO MY LETTER TO CHICAGO ON THE SUBJECT. SO, UNLESS I SEE SOME REACTION, NO EVENTS WILL BE PLANNED FOR THE COMING SEASON.

ITS ONLY A SUPPOSITION AT THIS POINT BUT, I EXPECT THAT BY SPRING WE'LL (TIME OUT, PLEASE, THIS TYPEWRITER BROKE DOWN JUST NOW AND I'LL HAVE TO MOVE THIS PAGE TO ANOTHER MACHINE). OK, I'M USING A DIFFERENT MACHINE NOW SO WE CAN GET BACK TO THE ISSUE I WAS DISCUSSING WHEN THE MACHINE BROKE.

I WAS SAYING THAT I EXPECT NATURAL SCIENCE WILL BE HOLDING ITS OWN GATHERINGS HERE BY SPRING. NEEDLESS TO SAY, ALL OTHER PAGANS WILL BE WELCOME. AN "ALL-PAGAN" EVENT, WITH PARTICIPATION BY ALL TRADITIONS, WOULD BE BETTER FOR YOU BUT YOU'LL SURE BE WELCOME REGARDLESS. OUR RITUALS ARE A LITTLE BIT DIFFERENT THAN YOURS BUT NOT ENOUGH TO CREATE ANY PROBLEMS.

NOW, I SEE THE BOTTOM OF PAGE 4 COMING UP. WHEN I STARTED I SAID THAT THIS WOULD BE A FOUR-PAGER. SHOULD I SHUT UP OR GO FOR 4 MORE PAGES? MUCH OF THE INBOUND MAIL EXPRESSED ENJOYMENT OF MY "DOWN HOME" WRITING STYLE. THIS NOTE SHOULD TEND TO CHANGE THEIR MINDS. INSTEAD OF A FRIENDLY, NEWSY LITTLE NOTE, I'VE RAISED ONE CONTROVERSIAL ISSUE AFTER ANOTHER. REMEMBER, THIS PARTICULAR DISSERTATION WILL SERVE A DOUBLE FUNCTION. AFTER THE FIRST FEW HUNDRED ARE MAILED AS A NOTE IN REPLY TO INCOMING MAIL, THE BALANCE OF THE PRESS RUN WILL BE USED AS A PAGAN CENTER SECTION IN NEXT ISSUE OF THE TRUTH.

I'D APPRECIATE HEARING COMMENTS ON YOUR RECEPTION TO DISCUSSION OF ISSUES. OF ALL THE EXCHANGE MATERIAL I'VE RECEIVED SO FAR (PAGAN NEWSLETTERS), NONE SEEM TO ADDRESS THESE PROBLEMS. INSTEAD, ALL SEEM TO AIM AT TEACHING THE VARIOUS ASPECTS OF THE CRAFT, REPORT ON PAST EVENTS, CARRY BOOK REVIEWS, ETC. NOW, THIS IS ALL GOOD MATERIAL AND I KNOW WE ALL WANT TO READ IT BUT THE QUESTION IS.... "DO YOU ALSO WANT TO READ ABOUT AND DISCUSS THE OTHER SIDE OF THE COIN, OUR PROBLEMS?" NOW I'M NOT SUGGESTING THAT I'LL NEVER CARRY CONTRIBUTED MATERIAL OR NEVER PUBLISH ANYTHING CONSTRUCTIVE; I MEAN THAT, IF YOU WANT IT, I'LL CARRY BOTH THE CONSTRUCTIVE, JUST AS NEWSLETTERS DO, AND THE CONTROVERSIAL.

OH HECK, NO WAY I CAN FINISH EVERYTHING IN 4 PAGES. BRACE YOURSELF FOR AN EIGHT-PAGER.

A REMINDER....WE'LL EXCHANGE PUBLICATIONS WITH ANYONE WHO WANTS TO. IF YOU PUBLISH A NEWSLETTER, PUT US ON YOUR MAILING LIST AND YOU, IN TURN, WILL BE ADDED TO OURS.

WHICH WAY" HAS A GOOD IDEA, THE EXCHANGE OF FLYERS. ANY PAGAN GROUP THAT PUBLISHES A FLYER CAN, IF YOU CARE TO, TAKE A FREE RIDE ON OUR POSTAGE IF YOU'LL RETURN THE FAVOR. "WHICH WAY" SUGGESTS SUCH TRADES BE IN INCREMENTS OF 300 PIECES. THAT SOUNDS SENSIBLE. IF YOU HAVE ANY, SEND THEM ALONG AND I'LL GUARANTEE TO DISTRIBUTE THEM. WE DO EXPECT YOU TO RECIPROCATATE, OF COURSE, AND OURS WILL BE SHIPPED TO YOU BY RETURN MAIL. BETTER YET, BE SURE TO INCLUDE A STREET ADDRESS. WE SHIP ALL PACKAGES BY UPS AND THEY WILL NOT DELIVER TO P O BOXES.

EXCHANGE ADS... WE'RE HAPPY TO RUN ANYTHING BUT IT MUST BE GOOD CLEAR COPY. EVERYTHING WE PRINT IS BY PHOTO-OFFSET. FIRST OFF, THE CAMERA CAN NOT SEE LIGHT BLUE AND HAS EXTREME TROUBLE COPING WITH DARK BLUE. FUZZY COPY CAN RESULT ONLY IN AN EVEN FUZZIER REPRODUCTION. IF YOU WANT AN AD PRINTED IN THE TRUTH, MAIL ME A PIECE OF CLEAR SHARP COPY. UNDER NO CIRCUMSTANCES CAN WE ACCEPT ANYTHING FOR PRINTING ON PAPER THAT IS RED, PINK, ORANGE, OR ANY

5

OTHER DEEPTONE COLOR. THE CAMERA SEES ALL SHADES OF RED AS BEING BLACK. WE PRINT A FEW PAGES FULL SIZE (CAMERA SET AT 100%) BUT MOST PAGES ARE DONE AT DRAMATICALLY REDUCED SIZES. THIS PAGE, FOR INSTANCE, IS 8 1/2 X 14 AND WILL BE REDUCED TO 5 1/2 X 8 1/2 (65% CAMERA SETTING). ALSO, THE CAMERA IS VERY SELECTIVE. IT DOES NOT PRINT GREY. IT EXAMINES IT AND DECIDES WHETHER IT IS LOOKING AT WHITE OR BLACK. TO UNDERSTAND WHY, GO BACK TO PAGE 3 AND LOOK AT THE "GAY RIGHTS AND CARTER" AD I'VE REPRODUCED. ITS ON GREY NEWSPRINT BUT I'LL BETCHA YOU DON'T SEE THE GREY. IT VANISHED. POSSIBLY ALONG WITH IT, THE WORDS UNDER THE PHOTO MAY HAVE ALSO VANISHED SINCE THEY'RE VERY WEAK HAZY GREY ON THE ORIGINAL. NOW, YOU GET SOME IDEA OF WHAT NOT TO SEND IN AS AD COPY.

CONTRIBUTIONS TO THE TRUTH. WE'LL PRINT THEM BUT CAN NOT RETYPE THEM. USE A FRESH TYPEWRITER RIBBON THAT MAKES SHARP BLACK COPY, CLEAN YOUR KEYS, AND TYPE ON A PAGE 8 1/2 X 14 IN SIZE. REMEMBER, WE'RE GOING TO PHOTOGRAPH YOUR PAGE SO, DON'T INCLUDE A PERSONAL LETTER OR MESSAGE ON THE SAME PAGE. PUT JUST WHAT YOU WANT EVERYBODY TO READ, EXACTLY AS YOU WANT THEM TO SEE IT. SORRY, AT LEAST FOR NOW WE CAN NOT ACCEPT CONTRIBUTIONS FOR PUBLICATION IN LONGHAND OR IN ANY FORM THAT MUST BE REDONE.

ADVERTISERS.... WE ARE MAJOR DISTRIBUTORS OF MAILORDER PUBLICATIONS, SOME WITH BIG DISTRIBUTION, SO WE KNOW HOW TO HANDLE YOUR AD WELL. HOWEVER, WE ACCEPT 100% CAMERA-READY ONLY. ON THIS ISSUE OF THE TRUTH WE GUARANTEE A DISTRIBUTION OF 1,000 ONLY. ANY ADDITIONAL THOUSANDS WE SELL WILL INCLUDE YOUR AD FREE BECAUSE THE TRUTH IS SELLING NEW SUBSCRIBERS SO FAST RIGHT NOW THAT WE DON'T KNOW HOW TO ESTIMATE ITS SIZE 3 MONTHS FROM NOW. CAMERA READY AD RATE IS \$10 AN INCH. WE DO NOT ACKNOWLEDGE RECEIPT OF YOUR AD BUT WILL SEND A CHECKING COPY SHOWING IT IN PRINT.

IF YOU THOUGHT THE FIRST HALF OF THIS LETTER WAS JUNK, BRACE YOURSELF BECAUSE THE SECOND HALF WILL PROBABLY BE WORSE. ITS NOW 4 A.M. AND I'M NOT AT MY SHARPEST. ITS TIME FOR ME TO REVIEW NEWSLETTERS RECEIVED THIS PAST WEEK OR TWO AND TO REPRINT SIGNIFICANT ARTICLES. BUT, SINCE I'M BEGINNING TO GET THE 4 AM LAZIES, I'LL PROBABLY PASS ON THE REPRINTS AND JUST GIVE YOU BRIEF, PASSING COMMENTS ON THE MOST SIGNIFICANT....

"BOREAS" P O BOX 1182, NEW HAVEN, CONN. 06505. PRINTS A BIG NEWLETTER THAT COST THEM 41¢ FOR POSTAGE AND BEARS A \$1 PRICE TAG. HECK, THEY GOTTA BE LOSING MONEY ON THAT ONE. WHY NOT BE A SPORT AND SEND \$2 WITH YOUR REQUEST FOR A COPY. FOR THAT MATTER, EVERY NEWSLETTER NOWADAYS NEEDS TO GET \$2 JUST TO BREAK EVEN. SURELY YOU CAN GET MORE FROM A PAGAN NEWSLETTER AT \$2 THAN YOU CAN FROM 2 BOTTLES OF BEER. THAT ISSUE ABOUT "MAKING MONEY" AGAIN. I SEE IN BOREAS THAT A GOOD PAGAN NEWSLETTER "ROBIN HOOD'S BARN" HAS HAD TO QUIT BUSINESS.

STATISTICS PICKED UP JUST THE OTHER DAY..... TV EVANGELISTS GET AN AVERAGE DONATION OF \$23 AS COMPARED TO AN AVERAGE OF \$3 IN THE PLATE AT THE LOCAL CORNER CHURCH. AND THESE ARE MULTIMILLION DOLLAR OPERATIONS. MEANWHILE THE PAGAN ORGANIZATION LIMPS ALONG WITH PATCHES ON ITS BRITCHES. SURELY YOUR RELIGION IS WORTH SUPPORTING AS MUCH AS THEIRS IS. INCLUDE AN EXTRA BUCK ANYTIME YOU CAN TO HELP SOME OF OUR LIMPING PUBLICATIONS AND ORGANIZATIONS SURVIVE. CIRCLE, UP IN WISCONSIN, DESERVES YOUR SPECIAL CONSIDERATION. SELENA AND JIM DEDICATE THEIR LIVES TO PAGANISM AND ARE TRYING TO BUILD A PAGAN SITE. ANY SUM YOU CAN SEND WILL HELP.

TZIPORA AND THE WIZARD, A NEW YORK OCCULT SHOP, HAS CLOSED ITS DOORS. BUT THEY'LL CONTINUE ON AS MAILORDER SUPPLIERS. ADDRESS: TZIPORA DUFNER, 38-03 HUNTERS POINT AVE., LONG ISLAND CITY, N Y 11101. THEY'VE GOT HERBS, INCENSE, OILS, AND THAT KINDA GOODIE. DROP 'EM A LINE.

SPEAKING OF HERBS.... MY LAST NOTE LISTED PAGES AND PAGES OF THEM. IF IT WAS ON OUR LIST, WE GOT IT. OTHERWISE WE DON'T. WE ARE NOT HERB SELLERS, PER SE, BUT LISTED THEM STRICTLY BECAUSE SO MANY PEOPLE AT THE FESTIVAL ASKED US TO. ON MOST HERBS, WE'D PREFER IF YOU'D ORDER FROM SOME GOOD PAGAN HERB SHOP. WE CARRY THEM PRIMARILY AS ACCOMODATION TO THOSE WHO CAN NOT FIND THEM ELSEWHERE.

WHOEVER ASKED FOR A POUND OF DAMIANA...YES, WE HAVE IT. MAN, THAT'S A WHOLE BUNCH. I WOULDN'T WANT TO BE YOUR WIFE IF YOU'RE PLANNING ON USING ALL OF THAT YOURSELF! FOR THE UNENLIGHTENED, THE LATIN NAME FOR DAMIANA IS TURNERA APHRODISIACA. NOW YOU SEE WHY I DIDN'T MENTION BY NAME THE FRIEND WHO ASKED ME FOR IT.

I GUESS PAGANS GET SICK THE SAME AS EVERYONE ELSE. SO, EVEN THOUGH THIS IS INTENDED AS THE PAGAN INSERT TO THE TRUTH, I'LL TOSS IN THIS LITTLE BIT OF NATURALIST INFO.... THE CONTROVERSY OVER VITAMIN C AND THE COMMON COLD RAGES ON. THE GOVERNMENT HAS SLOWLY AND RELUCTANTLY WITHDRAWN ITS OBJECTIONS BUT THE MEDICAL ESTABLISHMENT STILL FIGHTS ON. (IF YOU WHIP THE COLD WITH VITAMIN C, HOW MANY BUCKS THE DOCTORS WON'T GET (YOUR BUCKS TIMES 200,000,000 AND THAT'S A HECKUVA GOOD REASON FOR THEM TO ARGUE). ANYWAY, THIS NATURALIST CAN ABSOLUTELY ATTEST TO THE VALUE OF VITAMIN C. I KEEP A BOTTLE ON MY DESK, ONE ON THE DASHBOARD, ONE BY MY EASY CHAIR, ETC. AT FIRST SNIFFLE OR SNEEZE I POP ONE, AN HOUR LATER ANOTHER, ETC. I USE THE BIG 1,000 UNIT JOBS THAT COST ME \$1.89 A HUNDRED AT GNC STORES ANYWHERE. AN ABSOLUTE CURE FOR THE COLD NO MATTER WHAT THE AMA SAYS. GUARANTEED NO SIDE EFFECTS.

I SEE A BUNCH OF 4 AM BOO BOOS. TUFF, HECK IF I CAN MAKE 'EM, YOU CAN READ 'EM SURELY.

NO MORE NATURALIST STUFF IN THIS SECTION. IF YOU WANT THAT SORT OF STUFF, GET YOUR FIVE BUCKS IN THE MAIL AND GUARANTEE YOU'LL BE STUCK WITH MILES OF MY DRIVEL FOR THE NEXT YEAR.

OH, BY THE WAY, IF THIS IS REACHING YOU AS JUST A NOTE, IT SURE DOESN'T COUNT AGAINST ANYTHING OR COST ANYTHING. I'LL MAIL A COPY TO EVERYONE WHO IS WAITING FOR A REPLY OF ANY KIND TO A LETTER SO THEY KNOW I GOT THEIR LETTER AND WHY WE'RE RUNNING LATE. THEN I'LL MAIL SOME FREE ONES TO ANYONE I'D LIKE TO HAVE TIME TO WRITE A LETTER TO. SO, THAT MEANS "YOU" IF YOU CAN'T FIGURE OUT WHY YOU GOT A COPY. SOMETHING IN HERE IS AIMED AT YOU SPECIFICALLY. EVEN THOUGH I CAN'T POSSIBLY WRITE A PERSONAL LETTER TO EVERYONE I'D LIKE TO RIGHT NOW, I DO FIND TIME TO READ EVERY WORD OF EVERY INBOUND LETTER AND ACT AFFIRMATIVELY UPON IT.

THE COVEN VS. THE INDIVIDUAL.... TOO LATE AT NIGHT TO GET INTO A DETAILED DISCUSSION BUT I COULD WRITE A BOOK ON THE VALUE OF BOTH APPROACHES TO THE CRAFT. PERSONALLY I'M A "CANDLE FREAK". ONE BURNS RIGHT NOW HERE IN THE OFFICE AND HAS BEEN BURNING FOR A WEEK. I'M A GREAT BELIEVER IN THE VALUE OF CANDLES AS A PART OF EVERY SERVICE AND RITUAL, EITHER GROUP OR ALONE. I THINK I'VE CORNERED THE CANDLE MARKET HERE IN FLORIDA, HAVING BOUGHT OUT THE ENTIRE STOCK OF EVERY STORE THAT MADE THE MISTAKE OF PUTTING THEM ON SALE. HONEST, I JUST MADE A QUICK COUNT & CAN SEE 59 CANDLE HOLDERS JUST IN THIS ONE ROOM. ABOUT 10 YEARS AGO I DISCOVERED THAT I HAD THE POWER TO BEND A PORTION OF THE WORLD TO MY WILL, PROVIDING I EXERCISED THAT WILL PROPERLY. IN RECENT YEARS I'VE LEARNED TO INCORPORATE CANDLE BURNING INTO MUCH OF MY EXERCISE OF WILL. FUTURE ISSUES, WRITTEN AT MORE SENSIBLE HOURS, WILL HAVE DETAILS ON THE USE OF CANDLES IN BOTH PRIVATE AND GROUP RITUAL. RAY BUCKLAND AUTHORED ONE OF THE BEST BOOKS ON CANDLE BURNING RITUAL THAT I'VE SEEN SO FAR, "PRACTICAL CANDLE BURNING RITUALS".

THE "FAR OUT" DEPT..... I SHOULD GET A STORM OF PROTEST OVER THIS ONE..... CONTRARY TO EVERYTHING YOU'VE HEARD ABOUT BIRTH CONTROL, I WISH EVERY PAGAN GIRL OF CHILD-BEARING AGE WOULD THINK ABOUT RAISING A LARGE FAMILY. FIRST OFF, YOU'D RAISE ANOTHER GENERATION OF PAGANS INSTEAD OF CONVERTING THOSE WHO HAVE LOST FAITH IN CHRISTIANITY. BUT, FAR AND AWAY MORE IMPORTANT..... PAGANS ARE ALMOST ALL ABOVE AVERAGE IN INTELLIGENCE AND THIS IS THE SEGMENT OF THE POPULATION UPON WHOM THE HUMAN RACE MUST DEPEND FOR ITS FUTURE. THE LOWEST SOCIAL ELEMENTS REPRODUCE LIKE RABBITS WHILE THE HIGHEST LIMITS THEIR CONTRIBUTION TO THE FUTURE OF MANKIND TO ONE, POSSIBLE TWO CHILDREN AT MOST. LET SOMEONE ELSE PRACTICE THE BIRTH CONTROL; HUMANITY NEEDS YOU AND THE INTELLECTUAL POTENTIAL YOU CAN PASS ON TO THE FUTURE. AND IF YOU EVER THINK PAGANS AREN'T THE SHARPEST, JUST CONSIDER THE COMPLEXITY OF THE CRAFT. WHO BUT THE SMARTEST CAN MASTER IT? DOWN THROUGH THE AGES "THE WISE" ALWAYS WERE THE PAGANS.

I'LL PROBABLY QUIT AND TAKE A NAP AFTER THIS NEXT DISCUSSION BUT I'D LIKE TO MAKE AN ISSUE ABOUT CHRISTIANS AND THE OCCULT. BASICALLY THEIR CHURCHES DENOUNCE EVERY OCCULT SUBJECT. EVEN SO, ALMOST EVERY CHRISTIAN BELIEVES IN AT LEAST A PORTION OF IT. NOW, THEIR CHURCH, ALTHOUGH IT NO LONGER FLEXES THE BIG MUSCLE IT DID BACK WHEN IT BURNED PAGANS AT THE STAKE, IT STILL APPLIES SOME PRETTY HEAVY PRESSURE TO KEEP ITS STRAYING FLOCK IN LINE. MY HOME, AS YOU KNOW, IS IN THE MIDST OF THE FOOT STOMPING BIBLE BELT. EVEN SO, I FIND THAT VIRTUALLY EVERYONE I SPEAK WITH BELIEVES IN OUR RELIGIOUS PRINCIPLES OR AT LEAST A MAJOR PORTION OF THEM. HERE I SEE THE "BAD PRESS" COMBINED WITH SOCIAL AND CHURCH PRESSURES RESTRAINING THEIR OUTWARD ACTIONS BUT FAILING TO INFLUENCE THEIR INNERMOST THOUGHTS AND BELIEFS. IF WE'D DO

A LITTLE P-R WORK, THERE'S MILLIONS OF PEOPLE OUT THERE RIGHT NOW WHO ARE RIPE, READY, AND ALMOST ANXIOUS TO EMBRACE THE PAGAN RELIGION.

A REMINDER ABOUT STONES.... IF YOUR TRADITION INCLUDES THE OCCULT VALUE OF GEMSTONES, I HAVE THE ONES NOBODY ELSE HAS. EVERY SUPPLY HOUSE OFFERS THE SEMI-PRECIOUS BUT PRECIOUS STONES HAVE ALWAYS BEEN PRICED OUT OF REACH. IT IS MY FIRM CONTENTION THAT, FOR RELIGIOUS PURPOSES, UNCUT NATURAL STONES SHOULD WORK AS WELL, PROBABLY MUCH BETTER THAN FACETED STONES.

FACETING, OF COURSE, IS WHAT ADDS THE BEAUTY, AND 9/10THS OF THE COST TO A PRECIOUS STONE. IF YOU NEED THEM, I HAVE RUBIES, SAPPHIRES, AND EMERALDS IN VIRTUALLY ANY SIZE YOU WANT AT 35¢ A GRAM. THAT COMES TO ABOUT \$10 AN OUNCE. I ACCEPT A MINIMUM ORDER OF \$5 ON STONES.

IN SEMI-PRECIOUS, WE HAVE AMETHYST IN ANY SIZE YOU WANT. FOR YOUR ALTAR I CAN SHIP PROBABLY ANY SIZE UP TO MAYBE 50 POUNDS IN ONE SLAB. PRICE IS \$5.50 A POUND POSTPAID VIA UPS AND INCLUDES INSURANCE.

DECEMBER, JANUARY, AND FEBRUARY (BETH, LUIS, AND NION) ARE COVERED THIS MONTH IN OUR LUNAR CALENDAR IN THE TRUTH. IF YOU'RE PLANNING RITUALS OR EVENTS, MOONRISE AND MOONSET FOR EACH NIGHT ARE SHOWN AS WELL AS MOON PHASE. THIS MATERIAL IS CARRIED IN THE GENERAL SECTION OF THE TRUTH RATHER THAN THE PAGAN PAGES BECAUSE WE NATURALISTS USE THE MOON SO MUCH IN EVERYTHING WE DO THAT ITS A MIRACLE WE HAVEN'T GOT IT WORN OUT.

AND THIS BRINGS ME TO THE NEXT POINT...CLARIFICATION OF JUST WHAT A NATURALIST IS. A PARALLEL...ALL BAPTISTS ARE CHRISTIANS ALTHOUGH ALL CHRISTIANS ARE NOT NECESSARILY BAPTISTS. IN THE SAME VEIN, NATURALISTS ARE PAGAN WHILE PAGANS ARE NOT NECESSARILY NATURALIST. NATURALISTS ARE A DENOMINATION OF PAGANISM JUST AS BAPTISTS ARE A DENOMINATION OF CHRISTIANITY.

I THINK I'LL THROW IN ANOTHER "DISCUSSION SUBJECT" WHILE ITS RATTLING THERE BETWEEN MY EARS.... THE GIFTED PERSON. YESTERDAY I WAS READING "A GIFT OF PROPHECY", THE STORY OF JEANE DIXON. JEANE DIXON IS A DEVOUT CATHOLIC AND IS SURE HER GIFT COMES FROM GOD AND THAT ALL VISIONS COME LIKEWISE. MARLENE IS EQUALLY GIFTED BUT MAKES NO SUCH CLAIM, LEASTWISE NOT TO ME. OF THOSE WHO HAVE AN IDENTIFIABLE POWER, EACH SEEMS TO ATTRIBUTE IT TO HIS OR HER OWN RELIGION. WITCHES REFER TO IT AS WITCH POWER, CHRISTIANS CALL IT GOD POWER. I WONDER WHAT MUSLIMS AND BUDDHISTS CALL IT. AND, FOR SURE, "POWER" OR "GIFT" IS SCATTERED ACROSS THE RELIGIOUS SPECTRUM INDISCRIMINATELY. IT DOESN'T MATTER WHAT RELIGION YOU EMBRACE, IF YOU'RE DESTINED TO BE GIFTED, YOU WILL BE. NATURALISTS, FOR THIS REASON AMONG OTHERS, RECOGNIZE IT AS "NATURAL POWER" NO MATTER WHAT YOUR RELIGION AND NO MATTER WHAT LABEL YOU PERSONALLY MAY HAVE PREVIOUSLY ATTACHED TO YOUR POWER. YOUR RELIGION IS SOMETHING YOU ACQUIRE DURING YOUR LIFETIME BUT YOUR POWER IS SOMETHING YOU HAVE WITHIN YOU WHEN YOU'RE BORN, MERELY LAYING WAITING UNTIL YOU'RE OLD ENOUGH TO DISCOVER AND EXPRESS IT. AS NATURALISTS WE PLACE STRONG EMPHASIS ON THE HEREDITARY FACTOR. MY WIFE, A GENUINE UKRAINIAN GYPSY, NOT ONLY FINDS A CERTAIN AMOUNT OF UNDEVELOPED POWER WITHIN HERSELF BUT HAS ALSO IDENTIFIED IT IN AT LEAST TWO OF HER CHILDREN.

EVERY LIVING HUMAN BEING HAS SOME OF THAT NATURAL POWER. ITS MERELY THAT THE GIFTED GOT A HEAVY JOLT OF WHAT YOU AND I GOT A SMIDGIN OF. BUT WITCHES, AT LEAST, HAVE THE GOOD SENSE TO WORK AT EXERCISING AND DEVELOPING THE BEST USE OF WHAT LITTLE POWER THEY MAY HAVE. AND, THEY RECOGNIZE THAT POWER CAN BE GATHERED FROM SEVERAL INDIVIDUALS AND COMPOUNDED. AFTER THE BIG RITUAL DURING THE FESTIVAL I "STAYED HIGH" FOR A WEEK ON THE DIZZYING EFFECT OF ALL THAT FLOW OF POWER. I, FOR ONE, SEEM TO BE ABLE TO DRAW MORE POWER FROM A CIRCLE THAN I'M ABLE TO CONTRIBUTE. WOULD SURE LIKE TO HEAR REMARKS AND EXPLANATION FROM SOMEBODY SMARTER THAN ME.

THE JOURNAL OF BORDERLINE RESEARCH, P O BOX 549, VISTA, CALIF. 92083
THIS IS ONE OF THE NEW PUBLICATIONS THAT HAS ARRIVED HERE AS A RESULT OF MY FIRST EXCHANGE OFFER. ITS A BIG 36 PAGER AND THIS ISSUE INCLUDES: VOLCANOES ARE SUPERFICIAL EXCORIATIONS, PHASING IN OF THE NEW RACE, ELF WAVES AND EEG ENTRAINMENT, THE SOLARAMA BOARD, SCHEMATIC FOR SAME, NATURAL SMOKE CLEANSSES & HEALS, A WARTIME EXPERIENCE WE NEVER HOPED TO SEE, THE FIRST ERUPTION BUT NOT THE LAST, THE INDIAN POINT OF VIEW, BIG BROTHER IS WATCHING YOU, OCCULT POINT OF VIEW, THE CHARACTER ASSASSINATION TECHNIQUES OF THE LUCIFERS, "RETRO ME" FOR PSYCHIC SELF-DEFENSE, MAGICIANS ENTRAIN SELVES WITH ELF WAVES, WHITE FIRE-EATERS OF HONOLULU, EVERYTHING WAS A SIN, BECOMING THE GOD IN ME, MASTER OF MASTERS, FIRE INITIATION FOR THE NATIONAL HEALTH FEDERATION AND SEVERAL OTHER TOPICS. PRICE IS \$10 A YEAR AND IT COMES OUT 6 TIMES. THEY HAVE A 35 PAGE LIST OF BORDERLINE PUBLICATIONS AVAILABLE FOR A BUCK. ALSO THEY'RE INTO SPIRITUAL HEALING IF YOU'RE INTERESTED.

8

WELL....PAGE 8 AND I HAVEN'T RUN OUT OF WIND YET. I WONDER IF THIS IS A SIGN OF THINGS TO COME. WILL EACH ISSUE OF THE TRUTH CARRY 8 PAGES OF MATERIAL STRICTLY FOR PAGANS, WILL THEY CARRY MORE THAN 8 PAGAN PAGES, OR LESS? ONLY TIME (AND YOUR INTEREST IN THIS TYPE MATERIAL) WILL DECIDE THE ANSWER.

YOU'RE INVITED TO REPLY AND COMMENT ON ANY PAGAN SUBJECT. ALL REMARKS WILL BE ASSUMED AS BEING FOR PUBLICATION TO OTHER PAGANS UNLESS YOU SPECIFICALLY TELL ME OTHERWISE. NO NAMES WILL BE USED UNLESS YOU TYPE YOUR NAME AND ADDRESS DIRECTLY ON THE PAGE OF MATERIAL YOU SUBMIT FOR PUBLICATION.

YES, YOU CAN SUBMIT LESS THAN A PAGE. IN THAT CASE, TYPE IT ON ANY PAGE 8 1/2 INCHES WIDE. SET YOUR TYPEWRITER STOPS AT ABOUT 75 CHARACTERS. ALSO, LEAVE AT LEAST AN INCH OF SPACE AT THE TOP OF THE PAGE SO I CAN ADD ANY NECESSARY HEADLINES AFTER IT GETS HERE.

HOW WOULD YOU LIKE A "PERSONAL CONTACT SECTION"? FOR A BUCK WE'LL PUBLISH YOUR NAME AND ADDRESS IN THE PAGAN PAGES ALONG WITH A BRIEF OUTLINE OF WHAT YOUR SPECIFIC INTERESTS ARE. MAXIMUM OF 75 CHARACTERS (AND SPACES) OF ADDRESS AND 75 CHARACTERS OF YOUR INTERESTS OR COMMENTS. GROUPS AND INDIVIDUALS ONLY AT THIS PRICE. WE'RE WILLING TO CARRY COMMERCIAL PAGAN ADS BUT NOT AT THESE PRICES. MAYBE NEXT ISSUE...GOTTA THINK ON THAT ONE A WEE BIT. FOR ONE THING I GOTTA DECIDE RATES BASED ON LOCATION. PAGAN PAGES GO ONLY TO PAGAN SUBSCRIBERS. ADS PLACED IN THE GENERAL SECTION ARE SEEN BY EVERYONE, NATURALIST, PAGAN, AND NON-PAGAN GENERAL PUBLIC.

WHICH WAY, RR 1, BOX 601C, POMPAÑO BEACH, FLA. 33067. EVERYBODY IN SIGHT SEND A BUCK OR TWO AND HELP GET A GREAT NEWSLETTER ON A PAYING BASIS BEFORE IT BITES THE DUST LIKE SO MANY OTHERS BEFORE IT. "LABOR OF LOVE" IS GREAT BUT A LITTLE LOOT SURE GOES A LONG WAY TOWARD HELPING HER LOVE HER LABOR A LITTLE MORE.

DR LEO LOUIS MARTELLO, 153 W 80TH ST, 1B, NEW YORK, N Y 10024 - ONE OF OUR OUTSTANDING PAGAN WRITERS. SOME OF MY BEST BOOKS WERE WRITTEN BY HIM. GOT A LITTLE QUICKIE FROM HIM YESTERDAY ALONG WITH PAGES OF GOODIE. SEND HIM A BUCK AND ASK FOR HIS LISTS OF AVAILABLE BOOKS AND COURSES IN WITCHCRAFT.

HAZEL, I'LL SEND YOU SOMETHING NICE IN AMETHYST BUT MAY DECIDE TO SEND YOU RUBIES ON AN APPROVAL BASIS. I HAVE RUBIES AS BIG AS BIRD EGGS BUT THEY'RE ABSOLUTELY UNCUT AND UNTUMBLER. THEY NEED A FEW WEEKS IN THE TUMBLER TO BRING UP THE RED IN THEM. CAN YOU WAIT A MONTH ON RUBIES? LET ME KNOW.

CYPRION, GLAD YOU LIKED THE HANDBOOK OF APHRODISIACS. JUST SOMEHOW GOTTA FIND TIME FOR A LONG WINDED REPLY BUT NO CAN DO JUST NOW. YOU TOO MARLENE. I GET THE GUILTIES BUT CAN'T DO IT WHILE THE PRINTER IS STANDING ON ONE FOOT AND SUBSCRIBERS ARE BEGINNING TO SQUIRM.

THIS WILL END ABRUPTLY WITHOUT FANFARE WHEN BOTTOM OF PAGE ARRIVES SO I'D BETTER CHECK MY MAIL QUICKLY FOR ANYTHING I MISSED.

RALPH, WRITE TO CIRCLE FOR WITCH MUSIC. ANY BOOKS I HAVE ARE LISTED IN MY LITERATURE. ON ANY SUBJECT, IF IT AIN'T OFFERED, I DON'T HAVE IT. NO, I DO NOT SELL OPALS AND GARNETS. PRICE OF EMERALD HAS ALREADY BEEN PRINTED. THE BOOK YOU ORDERED IS ENROUTE.

GRACE, I SAT ON YOUR HERB ORDER BECAUSE I THOUGHT YOU WERE COMING OVER FOR A VISIT. WILL SHIP IT TOMORROW AND AGAIN WATCH MY MAIL BOX FOR REPLY TO MY LAST LONG-WINDED. DID YOU GET THAT ONE?

BARBARA, YOUR LETTER RAISES QUESTIONS THAT WILL TAKE MORE TIME THAN I CAN DEVOTE TO ANSWERING. I HOPE YOU'LL FIND ENOUGH ANSWERS IN THESE PAGES TO KNOW WHAT WE STAND FOR.

PRUDENCE, DEBBIE ASKED ME TO ADD YOU TO MY MAILING LIST. HOPE YOU LIKE. DEBBIE, THANKS LOADS FOR THE PHOTO. VERA AND I BOTH LOVE IT.

MARLENE, THE PHOTO IS OF YOU AND ME.

JAN & BETTY, IT'LL BE ALONG DIRECTLY. HOPE THIS HOLDS YOU TILL THEN.

ROBIN, A GOOD CIRCLE WILL LEAVE YOU LIKE THAT. OBVIOUSLY YOU'RE GETTING MORE

OUT OF IT ALREADY THAN YOU REALIZE. HANG IN THERE, KID; IT'LL COME!

SUSAN, LOVED YOUR NOTE. ORDERS RECORDED. NO GOT IF IT AIN'T LISTED.

MAJOR & MRS, ITS ON ITS WAY. USE A BIGGER SHEET OF PAPER NEXT TIME.

RAY, ITS OUTBOUND TODAY. YOU'RE CLOSE ENOUGH TO VISIT ANYTIME YOU WANT TO.

CLARENCE, "THE TRUTH" TEACHES WHAT YOU ASKED ABOUT.

EVERYBODY.... BLESSED BE.

Johnny

YULE

VIRTUALLY ALL THE ANCIENT HOLIDAYS OF NATURE ARE CELEBRATED UNIVERSALLY IN ONLY SLIGHTLY ALTERED FORM THROUGHOUT THE CIVILIZED WESTERN WORLD. YULE IS THE ANGLO-SAXON WORD FOR THE FESTIVAL OF THE WINTER SOLSTICE. OUR CELEBRATION OF CHRISTMAS IS A BLEND OF VARIOUS TRADITIONS, CELTIC, ROMAN AND SAXON, WITH THE WHOLE ADAPTED LATER TO CHRISTIANITY.

THE CELTIC FESTIVAL OF THE WINTER SOLSTICE WAS CALLED "ALBAN ARTHAN" BY THE DRUIDS, ACCORDING TO BARDIC TRADITION. AT THAT TIME THE DRUID LEADER CUT THE SACRED MISTLETOE FROM THE OAK, A CUSTOM THAT STILL LINGERS WITH OUR OWN USE OF MISTLETOE AS A CHRISTMAS DECORATION. OWING TO ITS HEAVY ANCIENT PAGAN CONNOTATIONS, MISTLETOE IS BANNED FROM MANY CHURCHES AT CHRISTMAS. A NOTEABLE EXCEPTION IS THE TOWN OF YORK MINSTER IN ENGLAND. HERE, ACCORDING TO STUKELEY, AN EXPERT ON DRUIDISM, "ON THE EVE OF CHRISTMAS DAY THEY CARRY MISTLETOE TO THE HIGH ALTAR OF THE CATHEDRAL AND PROCLAIM A PUBLIC PARDON TO ALL SORTS OF INFERIOR AND WICKED PEOPLE, "TOWARDS THE FOUR QUARTERS OF HEAVEN."

THE IDEA OF HOLDING A FESTIVAL AT THE WINTER SOLSTICE, TO CELEBRATE THE REBIRTH OF THE SUN, WAS SO UNIVERSAL IN THE ANCIENT WORLD THAT THE CHRISTIANS ADAPTED THE POPULAR FEAST INTO THE CELEBRATION OF THE BIRTH OF CHRIST. NO ONE REALLY KNOWS WHEN CHRIST'S BIRTHDAY WAS, BUT BY HOLDING THIS FEAST AT MID-WINTER, CHRIST WAS MYSTICALLY IDENTIFIED WITH THE SUN.

THE ROMANS CELEBRATED THE WINTER SOLSTICE WITH A MERRY FESTIVAL CALLED THE SATURNALIA. THE WINTER SOLSTICE TAKES PLACE WHEN THE SUN ENTERS THE SIGN OF CAPRICORN. SATURN, IN ADDITION TO RULING CAPRICORN, WAS ALSO SUPPOSED TO HAVE RULED THE FAR-OFF GOLDEN AGE OF THE PAST WHEN THE EARTH WAS PEACEFUL AND FRUITFUL AND EVERYONE WAS HAPPY. AT THIS TIME OF YEAR THE HOUSES WERE DECKED WITH BOUGHS OF EVERGREEN TREES AND BUSHES AND ALL NORMAL BUSINESS SUSPENDED. SOCIAL DISTINCTIONS WERE TEMPORARILY FORGOTTEN, GREAT COMMON FEASTS WERE HELD, PEOPLE GAVE EACH OTHER PRESENTS, AND THE SATURNALIA BECAME A BYWORD FOR RIOTOUS FUN AND MERRIMENT.

THE PAGAN SAXONS CELEBRATED THE FEAST OF YULE WITH PLENTY OF ALE AND BLAZING FIRES, OUR "YULE LOG" BEING THE LAST RELIC OF THEIR TRADITION. YULE WAS THE MIDWINTER INDOOR EQUIVALENT OF THE OUTDOOR BONFIRES ON MIDSUMMER EVE. ITS RITUAL NATURE IS EVIDENCED BY THE OLD CUSTOM OF SAVING "FOR LUCK" A PIECE OF THE YULE LOG TO KINDLE NEXT YEAR'S CHRISTMAS BLAZE.

THE WORD "YULE" COMES FROM THE OLD NORSE WORD "IUL", MEANING WHEEL. OLD CLOG ALMANACS USED THE SYMBOL OF THE WHEEL TO MARK YULETIDE, THE IDEA BEING THAT THE YEAR TURNS LIKE A WHEEL, THE WHEEL OF LIFE, THE GREAT WHEEL OF THE ZODIAC, OF WHICH THE SPOKES ARE THE ANCIENT HOLIDAYS OF NATURE, THE EQUINOXES AND THE SOLSTICES, AND THE FOUR CROSS-QUARTER DAYS OF CANDLEMAS, MAY EVE, LAMMAS AND HALLOWEEN. THE WINTER SOLSTICE, THE REBIRTH OF THE SUN, IS A PARTICULARLY IMPORTANT TURNING POINT OF THE WHEEL OF THE YEAR. HENCE, MODERN NATURALISTS CELEBRATE CHRISTMAS WITH A WILL, ONLY WE RECOGNIZE IT AS YULE, ONE OF THE GREAT NATURE FESTIVALS OF OLD.



WHETHER YULETIDE, CHRISTMAS, SATURNALIA OR ALBAN ARTHAN, THE MIDWINTER FESTIVAL WAS TRADITIONALLY A HAPPY TIME. WITH THE REBIRTH OF THE SUN, THE GIVER OF LIFE, LIGHT AND WARMTH, PEOPLE HAD GOOD REASON FOR HAPPINESS, AND ALL KINDS OF MERRY OLD CUSTOMS, ROOTED IN THE ANCIENT RELIGIONS OF NATURE, THRIVED EVERYWHERE. CHRISTMAS LASTED A FULL TWELVE DAYS AND WORK WAS SUSPENDED THE ENTIRE TIME.

YULETIDE DECORATIONS HAD TO BE GATHERED AND BURNED BY CANDLEMAS, THAT TIME WHEN THE NEW TIDE OF LIFE HAD STARTED TO FLOW THROUGH THE WORLD OF NATURE AND WINTER PUT BEHIND. SPRING CLEANING, LIKE THE CHRISTMAS HOLIDAYS, WAS ORIGINALLY A RITUAL OF NATURE.

OTHER NATURAL SCIENCE STUDIES

SHOULD PROSTITUTION BE LEGALIZED?
CAN A PREACHER BE "HUMAN"?
TRASH ON OUR NEWS STANDS.
A HARD LOOK AT NUDISTS AND NUDIST CLUBS.
WAS DARWIN RIGHT?
CAN A RICH MAN GO TO HEAVEN?
THE SEX DEVIATE.
FOOD, CHEMICALS, AND HEALTH.
DOCTORS, MEDICINE, AND HEALTH.
JESUS CHRIST - THE MAN AND THE MYTH.
IS THERE LIFE AFTER DEATH?
DOES PRAYER HELP?
DO ANIMALS HAVE SOULS?
"HAVE FAITH" - THE ULTIMATE COP OUT!
SHOULD WE OWN GUNS?
IS THERE LIFE ON OTHER PLANETS?
MOTIVATIONS - SEX, MONEY, POWER, PRESTIGE, SELF-ESTEEM.
IS GREED A SIN?
THE HYPOCRACY OF RELIGION.
LIVING IN SIN.
WHAT ABOUT GAYS?
ETHICS, LEGALITY, AND SIN.
WHAT IS A MIRACLE?
LIFE IN THE TWENTY-FIRST CENTURY.
FOUR-LETTER WORDS.
THE PURPOSE OF LIFE.
THE RELIGIOUS FANATIC.
WHAT REALLY IS A SIN?
WHAT ABOUT MERCY KILLING?
"THE INSPIRED WORD OF GOD".
WHAT CHANCE DOES A BLACK MAN HAVE?
WHO IS GOD?
THE STRUGGLE FOR MIND CONTROL.
IS ADULTERY A SIN?
WHAT ABOUT BAPTISM?
THE FAMILY AS A SOCIAL UNIT.
SUPERSTITION AND RELIGION.
VIRGINITY AND THE MARRIAGE BED.
CONTRIBUTING TO THE DELINQUENCY OF A MINOR.
CAPITAL PUNISHMENT.
DO PREACHERS NEED CELIBACY?
POT, PILLS, AND DRUGS.
MAN IS AN ANIMAL.
IS PORNOGRAPHY HARMFUL?
WHAT CONSTITUTES A CHURCH?
ANOTHER LOOK AT ABORTION.
ARE MARRIAGES MADE IN HEAVEN?
THE CHURCH ROLE IN CHARITY.
THE VEGETARIAN.
CHURCH INFLUENCE ON THE LAW.
WHERE IS HEAVEN?
DO WE ANSWER FOR OUR SINS?
WHAT ABOUT "SWINGING"?
CAN WE BE BORN AGAIN?
DO PLANTS FEEL PAIN?
THE INFLUENCE OF QUEEN VICTORIA.
A CHURCH FOR THE FUTURE, NOT THE PAST.
CRIME AND PUNISHMENT.
THE AGE OF SEXUAL PERMISSIVENESS.
THE INQUISITION AND OTHER DARK CHAPTERS IN CHURCH HISTORY.
THE DOUBLE STANDARD.
PROGRAMMING FOR LIFE.
THE VICTIMLESS CRIME.
WHAT IS E.S.P.?
YOU CAN LIVE A HUNDRED YEARS.
A LOOK AT WOMEN'S LIB.
WHAT'S THE DIFFERENCE BETWEEN A CULT AND A RELIGION?
IS RELIGION OUT OF TOUCH WITH REALITY?
THE TRUE BELIEVER.

COLD CURE ?

A CURE FOR THE COMMON COLD.... THERE IS NO SUCH THING! THERE ARE THOUSANDS OF REMEDIES, MOSTLY WORTHLESS, AND THERE IS A PREVENTION. BUT THERE IS NO CURE.

I DON'T SUPPOSE THERE'S A PERSON ALIVE WHO'S MORE "COLD PRONE" THAN I AM OR HAVE BEEN ALL MY LIFE. BACK WHEN I WAS A KID, THEN A YOUNG MAN, I REMEMBER BEING LAID UP IN BED WITH COLD RELATED AILMENTS SO BAD I COULDN'T EVEN GET MY TEETH APART TO TAKE A SPOONFUL OF MEDICINE. EVEN AFTER I WAS MARRIED, I STILL RECALL THE DOCTOR AT MY BEDSIDE PAINTING MY THROAT WITH METHIOLATE IN A VAIN EFFORT TO COMBAT MY AILMENTS. AND THIS WASN'T JUST ONCE IN AWHILE. I WAS DOWN FOR THE COUNT AT LEAST SEVERAL TIMES EVERY WINTER. EVEN IN FLORIDA I RECALL THE DOCTOR COMING TO MY HOME TO TREAT ME FOR PNEUMONIA. SO, IF I SOUND OFF LIKE THE VOICE OF EXPERIENCE, BELIEVE ME, I AM.

NOW, AGAIN I REMIND YOU, "THERE IS NO CURE FOR THE COMMON COLD". TO THIS DAY I STILL CATCH COLD EVERYTIME THE ROOM TEMPERATURE FLUCTUATES EVEN A FEW DEGREES. BUT, I HAVE FINALLY MASTERED THE COLD AND YOU'LL UNDOUBTEDLY HAVE AT LEAST AN EQUAL DEGREE OF SUCCESS IF YOU'RE AS CONSCIENTIOUS IN YOUR HABITS AS I HAVE BEEN. LAST WINTER, FOR THE FIRST TIME IN MY ENTIRE LIFE, I WAS NOT DOWN FOR THE COUNT EVEN ONE SINGLE DAY!

WHAT IS THE MAGIC FORMULA?....PLAIN OLD VITAMIN C! NO MATTER WHO TELLS YOU OTHERWISE, VITAMIN C DOES WORK IF YOU PUT FORTH THE EFFORT. GOVERNMENT REPORTS STATE YOU NEED 30 MG OF VITAMIN C A DAY FOR YOUR WELL-BEING AND NUTRITIONAL CONTENT LABELS ON EVERYTHING SEEM TO BE BASED ON THIS FIGURE. HOWEVER, IN ACTUALITY OUR NEEDS APPEAR TO BE CLOSER TO 1,000 MG A DAY. THERE IS A SCHOOL OF THOUGHT (INCLUDING ME) THAT BELIEVES YOU NEED MANY THOUSANDS OF UNITS PER DAY.

HERE'S THE WAY I DO IT....I BUY THE CHEAP VITAMIN C IN BOTTLES OF 100 AT OUR LOCAL GNC HEALTH STORE. CURRENTLY I PAY ONLY \$1.98 FOR 100 OF THE BIG 1,000 MG TABLETS. I KEEP A BOTTLE ON MY DESK, ONE BY MY EASY CHAIR, ONE ON THE VANITY ALONGSIDE THE TOILET (I READ IN THE BATHROOM), ONE ON THE DASH IN EACH OF MY VEHICLES, AND A BOTTLE IN MY BRIEFCASE. THAT WAY, THERE IS NO PLACE I CAN GET STRANDED AND NOT HAVE IT HANDY. EVERYTIME I SNEEZE, SNIFFLE, OR OTHERWISE SEE EVEN THE SLIGHTEST INDICATION OF AN ONCOMING COLD, I POP A VITAMIN C. THEN, WITHIN AN HOUR I TRY TO REMEMBER TO HAVE ANOTHER. AND IF I CAN, A THIRD. BY THEN ALL TRACES OF THE ONCOMING COLD HAVE VANISHED. BEST OF ALL, THERE ARE NO SIDE EFFECTS OF ANY KIND TO THESE MASSIVE DOSES. A FEW PEOPLE, TAKING AS HIGH AS 10,000 UNITS AND MORE IN A DAY, REPORT SOME LOOSNESS IN THE BOWELS FOLLOWING MASSIVE DOSES BUT I PERSONALLY HAVE NEVER EXPERIENCED ANY SUCH PROBLEM. IF YOU SHOULD, JUST CUT BACK A LITTLE BIT ON THE NUMBER OF C'S YOU'RE TAKING.

ON DAYS WHEN I'M HAVING REAL BAD LUCK WITH CATCHING COLD MORE THAN ONCE, I HAVE BEEN KNOWN TO TAKE AS MANY AS 8 OR 10 TABLETS. AT 2¢ EACH THAT COMES TO ONLY 20¢ MAXIMUM. BY COMPARISON, WHAT DOES ONE PACKAGE OF WORTHLESS COLD REMEDY COST? FOR THAT MATTER, WHAT DOES A WEEK LOST FROM WORK COST? EVEN IF YOU CONSUME 10,000 MG EVERY SINGLE DAY, YOU'RE STILL ONLY TALKING ABOUT \$6.00 FOR THE ENTIRE MONTH. AND, NOBODY USES THAT MUCH!

THE KEY WORD, I BELIEVE, IS "DISCIPLINE". YOU CAN NOT EXPECT TO FOLLOW IT ON A HIT AND MISS BASIS AND GET RESULTS. NATURAL REMEDIES NEVER PRODUCE THE DRAMATIC REACTIONS THAT CHEMICAL CONCOCTIONS PRODUCE. AT THE FIRST SIGN, BE IT A SNEEZE, A SNIFFLE, OR A COUGH, YOU ABSOLUTELY MUST TAKE YOUR VITAMIN C PROMPTLY AND WITHOUT FAIL. THEN YOU MUST REPEAT SEVERAL TIMES, PREFERABLY LESS THAN AN HOUR APART. IF YOU STICK TO THE RULE, I CAN ABSOLUTELY STATE THAT YOU WILL ELIMINATE COLDS. GET THE "LAZIES" AND YOU'LL STILL GET THE COLDS.

SOME FOLKS REPORT GETTING COLDS EVEN THOUGH THEY'RE TAKING AS HIGH AS 3,000 OR 4,000 UNITS OF VITAMIN C A DAY. HOWEVER, THEY ADMIT, THEY'RE GETTING FEWER COLDS AND Milder COLDS, NONE OF THOSE MONSTERS THAT LAY YOU UP FOR A WEEK AT A CLIP. YOU TOO CAN EXPECT THE SAME TYPE RESULTS. A 100% EFFORT CAN PRODUCE 100% RESULTS. LESS THAN A TOTAL EFFORT CAN BE EXPECTED TO PRODUCE LESS THAN PERFECT RESULTS. NOW, THERE YOU HAVE "THE TRUTH"! YOU WON'T FIND IT ELSEWHERE BECAUSE A MULTI-BILLION DOLLAR COLD REMEDY INDUSTRY DEPENDS ON MILLIONS OF PEOPLE GETTING SICK MANY TIMES EACH SEASON AND VITAMIN C JUST IS NOT A BIG MONEY INDUSTRY BY COMPARISON.

WILL YOU SURVIVE ?

AS SOON AS WE LEARN TO READ, THE PROCESS OF BOMBARDING US WITH LITERATURE BEGINS. IN THE CONTEST FOR CONTROL OF MINDS THE TRUTH DOES NOT ALWAYS PREVAIL. AS A MATTER OF FACT, IT USUALLY LOSES BECAUSE MINDS ARE GENERALLY INFLUENCED FAR MORE BY EMOTIONS THAN BY LOGIC. THIS PARTICULAR MATERIAL WILL, THEREFORE, FIRST APPEAL TO YOUR EMOTIONS AND THEN GIVE YOU THE LOGICAL REASONS BEHIND THAT APPEAL.

DISASTER BEYOND YOUR WILDEST IMAGINATION FACES OUR SOCIETY IN THE VERY NEAR FUTURE. WIDESPREAD CHAOS AND LOOTING WILL REACH EVEN INTO YOUR OWN NEIGHBORHOOD WITH A VIRTUAL "JUNGLE LAW" PREVAILING. SHOPKEEPERS AND HOME OWNERS WILL BE KILLED ATTEMPTING TO DEFEND THEIR PROPERTY AND BEGIN EVENTUALLY KILLING IN DEFENSE. YOUR MONEY WILL BECOME USELESS AND YOUR WORLDLY WEALTH WILL BOIL DOWN TO MERELY THAT WHICH YOU CAN DEFEND WITH A GUN. SIMPLY FINDING ENOUGH FOOD WILL BECOME A MAJOR PREOCCUPATION.

FRIGHTENING....OF COURSE! UNREALISTIC..... NOT AT ALL! OUR SOCIETY IS PLUNGING HEADLONG TOWARD DISASTER THE LIKES OF WHICH WE HAVE NEVER SEEN. SINCE THE ABANDONMENT OF THE GOLD STANDARD A GENERATION OR SO AGO, OUR WORLD GOVERNMENTS HAVE BEEN INDULGING IN FISCAL IRRESPONSIBILITY THAT MUST INEVITABLY SOON CAUSE RUNAWAY INFLATION AND AN ULTIMATE COLLAPSE OF OUR CURRENCY. AND WITHOUT A PAYDAY EVEN OUR POLICE WILL CEASE TO FUNCTION. AS A MATTER OF FACT, UNDOUBTEDLY MOST OF THEM WILL USE THE UNIFORM, THE BADGE, AND THE GUN TO FIND AND BRING HOME THE NECESSITIES OF LIFE THEIR OWN FAMILIES NEED TO SURVIVE DURING THE PERIOD OF INTERNAL CRISIS.

NATURALLY ORDER WILL EVENTUALLY RETURN BUT, WHAT WILL THE "NEW ORDER" BE? IN THE WAKE OF CHAOS AND CONFUSION SOCIETY WILL BE RIPE FOR THE TAKE-OVER OF A "SAVIOR". FOLLOWING THE DISASTEROUS INFLATION IN GERMANY DURING THE 1920'S JUST SUCH A SAVIOR APPEARED, OFFERING THE GERMAN PEOPLE A RETURN TO PROSPERITY. HIS NAME.... ADOLPH HITLER!

MILLIONS OF PEOPLE WILL STARVE TO DEATH WORLDWIDE THIS YEAR! SO WHAT? EVEN IF WE'RE INDIFFERENT TO STARVATION FAR FROM OUR OWN SHORES, WE'VE GOT TO UNDERSTAND THAT THE CONDITION WILL ONLY CONTINUE TO WORSEN. FOR ONE THING, AS STARVATION BECOMES A MORE UNIVERSAL THREAT, ADVANCED NATIONS WILL BEGIN TO MANEUVER POLITICALLY FOR CONTROL OF A LARGER SHARE OF THE EXISTING AND POTENTIAL WORLD FOOD SUPPLY AND THE DANGER OF WAR WILL INCREASE ACCORDINGLY. AND, NEEDLESS TO SAY, SINCE WAR IS A TOTALLY NEGATIVE AND DESTRUCTIVE ACT, THE WAR WILL ONLY AGGRAVATE THE EXISTING FOOD SHORTAGE. FURTHERMORE, WHILE AMERICA IS CONSIDERED TO BE THE FOOD BASKET OF THE WORLD, OUR OWN FOOD RESERVES ARE ACTUALLY AT AN UNBELIEVABLY LOW LEVEL. THE SLIGHTEST UNFORESEEN ALTERATION OF CURRENT PROJECTIONS COULD RESULT IN ACTUAL AND SERIOUS SHORTAGES RIGHT HERE IN THE UNITED STATES. OUR WORKED-OUT SOIL MUST HAVE FERTILIZER AND OUR MECHANIZED AGRICULTURE MUST HAVE FUEL. EVEN WITH RATIONING, A 20% DROP IN AVAILABLE MOTOR FUELS NATIONALLY COULD RESULT IN A SUBSTANTIAL DROP IN AMERICAN AGRICULTURAL PRODUCTION. AND, ALL THIS IS ON THE ASSUMPTION THAT OUR WEATHER WILL CONTINUE TO BLESS US. IN REALITY, WEATHER SEEMS TO EXPERIENCE CYCLES AND WE'RE ALREADY OVERDUE FOR A PERIOD OF DEVASTATING DROUGHT.

OVER-POPULATION AND STARVATION, RUNAWAY INFLATION AND CURRENCY COLLAPSE, WAR ALL THESE ARE BUT A FEW OF THE MANY NEGATIVE INFLUENCES UPON OUR SURVIVAL AND WELL-BEING IN THE VERY NEAR FUTURE. AN OVERLY PROTECTIVE GOVERNMENT HAS, WHILE TRYING TO UPLIFT OUR MINORITIES, ACTUALLY ROBBED THEM OF THEIR ABILITY TO STAND ON THEIR OWN FEET AND SURVIVE DURING ANY MAJOR DISASTER. WELL-MEANING SOCIAL WORKERS HAVE TURNED BACK ONTO THE STREETS ALL BUT THE WORST CRIMINAL REPEAT OFFENDERS AS BEING THE VICTIMS OF SOCIETY RATHER OFFENDERS TO BE PUNISHED. CONSEQUENTLY, WE HAVE THE HIGHEST CRIME RATE IN OUR HISTORY. DURING ANY BREAKDOWN OF LAW, THESE CRIMINALS WILL GO ON A CRIME BINGE THAT WILL HAVE LAW-ABIDING PEOPLE IN VIRTUAL PANIC. TO FURTHER COMPLICATE THIS PROBLEM WE HAVE ADVOCATES OF GUN CONTROL WHO WOULD, IF ALLOWED TO GET AWAY WITH IT, TAKE AWAY YOUR ABILITY TO DEFEND YOUR HOME AND FAMILY. WHILE WE ARE, IN THEORY, STILL PERMITTED BY OUR CONSTITUTION TO OWN GUNS, IN ACTUAL PRACTICE WE ARE NOT ALLOWED TO CARRY THEM. MY OWN SON, A LAW-ABIDING MERCHANT, CURRENTLY HAS AN OUTSTANDING FELONY CHARGE AGAINST HIM FOR HAVING A DEFENSIVE GUN

IN HIS AUTOMOBILE. WITH SUCH PERSECUTION OF INNOCENT PEOPLE FOR SIMPLE POSSESSION OF DEFENSIVE WEAPONS, I SERIOUSLY FEAR FOR THE WELFARE OF SOCIETY DURING THE COMING PERIOD OF CRISIS.

FRIGHTENING? YES, BUT NOT UNDULY ALARMIST. OUR NATIONAL INFLATION RATE HAS ACCELERATED 50% ABOVE LAST YEARS RATE AND LAST YEAR WAS A FULL 50% ABOVE THE YEAR BEFORE THAT. AND, THIS IN THE FACE OF EXTRAORDINARY EFFORTS BY GOVERNMENT TO CONTROL INFLATION. THE TRUTH, IN FACT, IS THAT INFLATION IS ALREADY OUT OF CONTROL. EVEN ATTEMPTS TO CREATE RECESSION AS A MEANS OF SLOWING INFLATION HAVE FAILED. MEANWHILE, THERE IS NOW A SERIOUS RISK OF THROWING OUR ECONOMY INTO REVERSE, TOUCHING OFF THE SEEDS OF A POTENTIAL DEPRESSION. THE COST OF ENERGY TO KEEP THE WHEELS OF AMERICAN INDUSTRY TURNING CONTINUES TO RISE ALMOST DAILY AND, AFTER SIX YEARS OF AWARENESS OF THE WORSENING ENERGY SITUATION OUR CONGRESS HAS BEEN UNABLE TO AGREE ON A VIABLE ENERGY PROGRAM. DURING FORTY YEARS OF PROSPERITY THE GOVERNMENT HAS PROVEN ITSELF ABSOLUTELY INCAPABLE OF EVER ACHIEVING A BALANCED BUDGET OR, FOR THAT MATTER, OF CONTAINING THE EVER-EXPANDING BUREAUCRACY.

BECAUSE "THE TRUTH" IS COMPLETELY WRITTEN WITH AN EDITORIAL STAFF OF ONE, ARTICLES WITHIN ANY ONE PARTICULAR EDITION ARE ACCUMULATED SLOWLY OVER AN EXTENDED TIME PERIOD. AS IS OBVIOUS BY NOW, UP TO THIS POINT THIS ARTICLE WAS WRITTEN BEFORE THE RECENT ELECTIONS. WHILE THE REPUBLICAN SWEEP WILL UNDOUBTEDLY ALTER THE COURSE OF EVENTS, I BELIEVE IT IS AN ECONOMIC IMPOSSIBILITY FOR THE UPCOMING ADMINISTRATION TO BE EXPECTED TO CURE IN FOUR YEARS THE DAMAGE DONE IN FORTY YEARS OF CONGRESSIONAL WRECKLESSNESS. THERE ARE BUILT INTO THE BUDGET FOR YEARS TO COME MAJOR SOCIAL PROGRAMS THAT WILL MAKE IT IMPOSSIBLE FOR THE GOVERNMENT TO ACHIEVE A BALANCED BUDGET IN THE FORESEEABLE FUTURE. AND, WITHOUT A BALANCED BUDGET THERE IS NO WAY THE NEW ADMINISTRATION CAN STOP OUR HEADLONG PLUNGE TOWARD DISASTER. THESE PROGRAMS ARE THE LAW OF THE LAND, PASSED BY THE PREVIOUS CONGRESSES AND CAN NOT BE LEGALLY ABOLISHED, EXCEPT BY FURTHER CONGRESSIONAL ACTION, REGARDLESS OF HOW FINANCIALLY DEVASTATING THEY ARE TO US.

IT SEEMS INCONCEIVABLE THAT ANY CONGRESS COULD GO ON AND ON IGNORING THE OBVIOUS YEAR AFTER YEAR. EVERY YOUNG ADULT LEARNS THE RULES OF FISCAL RESPONSIBILITY ALMOST AS SOON AS THEY ENTER THE JOB FORCE AND BEGIN USING THEIR EASILY-OBTAINED PLASTIC MONEY. BEFORE LONG THEY'RE IN UP TO THEIR EARS WITH MONTHLY PAYMENTS CONSUMING MOST OF EACH PAYCHECK. AUSTERITY IS THE WAY OUT FOR FINANCIALLY TROUBLED INDIVIDUALS. THEY MUST LEARN TO LIVE WITHIN THEIR BUDGETS AND THEY MUST, ADDITIONALLY, PAY DOWN THEIR ACCUMULATED DEBT WITH A MAJOR PART OF THEIR INCOME. TO ACCOMPLISH THIS TASK THEY HAVE TO CUT EVERYTHING FROM THEIR BUDGET BUT THE BAREST ESSENTIALS OF LIFE, ELIMINATE ALL WASTE AND ALL FOOLISHNESS, AN EXERCISE SELF-DISCIPLINE EVERY TIME THERE IS A TEMPTATION TO "BUY NOW, PAY LATER". EVERY FAMILY, EVERY BUSINESS, AND EVERY LOCAL GOVERNMENT MUST FOLLOW CERTAIN RULES OF FISCAL RESPONSIBILITY OR ULTIMATELY FACE THE REALITIES OF IMMINENT BANKRUPTCY. I OFTEN WONDER WHAT MADE OUR CONGRESS THINK THE FEDERAL GOVERNMENT WAS IMMUNE TO THE LAWS OF ECONOMICS? THE ONLY DIFFERENCE BETWEEN THE FEDERAL GOVERNMENT AND ANY OTHER ENTITY, OTHER THAN SIZE, IS ITS ABILITY TO PRINT MORE MONEY WHEN THEY RUN OUT.

YOU WORK HARD FOR EVERY DOLLAR YOU GET. DON'T YOU HATE TO SEE YOUR HARD-EARNED DOLLARS COMPETING FOR GOODS IN THE MARKET PLACE WITH THE PHONEY DOLLARS THE GOVERNMENT RAN OFF ON THE PRINTING PRESS TO COVER ITS FISCAL FOOLISHNESS? THE CARTER ADMINISTRATION HAS BEEN BLAMING THE PRICE OF FUEL FOR THE RUNAWAY INFLATION WE'VE BECOME SO ACUTELY AWARE OF DURING THE PAST 4 YEARS. BUT, LET'S HAVE AN HONEST LOOK AT THE FACTS. WHEN I WAS A YOUNG MAN I EARNED 88¢ AN HOUR IN THE STEEL MILL. OUT OF THAT I PAID 22¢ FOR A GALLON OF GAS, ABOUT ONE-FOURTH OF THAT HOUR'S WAGES. TODAY, WITH GASOLINE AT ABOUT \$1.30 A GALLON A STEEL WORKER WOULD HAVE TO EARN \$5.20 AN HOUR TO STILL ENJOY THE SAME BUYING POWER AT THE GAS PUMPS AS I HAD 35 YEARS AGO. SINCE A TYPICAL STEELWORKER EARNS MORE LIKE \$8.00 AN HOUR BEFORE TAXES, IT'S EASY TO SEE THAT GASOLINE IS NOT OVERPRICED AS CARTER CLAIMS. THE PRICE HAS MERELY BEEN CATCHING UP WITH THE INFLATION. FOR DECADES IT HAS BEEN FAR UNDERPRICED COMPARED TO OTHER ELEMENTS IN OUR ECONOMY.

NOW, IN 1934 A TRUCKDRIVER MADE \$3 A DAY. TODAY HE HAS TO EARN POSSIBLY 20 TIMES THAT MUCH TO ENJOY THE SAME STANDARD OF LIVING AS THOSE \$3 WOULD SUPPORT BACK THEN. MY DAD BOUGHT A BRAND NEW 1934 OLDSMOBILE ON THOSE \$3 WAGES WHILE MEANWHILE MEETING THE MORTGAGE PAYMENTS ON A NEW HOUSE. HOW MUCH DOES IT TAKE TO DO THAT NOW WHILE YOU'RE FEEDING A BIG FAMILY? THE

REALITY OF IT IS THAT A DOLLAR WITH 1934 BUYING POWER IS NOW WORTH MORE LIKE 5¢. MAYBE IT DOESN'T MATTER WHEN YOU'RE EARNING \$8 AN HOUR BUT, HAVE YOU CONSIDERED WHAT HAPPENED TO THE DOLLAR A CONSERVATIVE FAMILY SUCCEEDED IN PUTTING IN THE BANK WAY BACK THEN TOWARD A SECURE RETIREMENT. SAVINGS ACCOUNT INTEREST HAS NEVER IN HISTORY KEPT UP WITH THE DEPRECIATION IN VALUE OF THE DOLLARS SQUIRRELED AWAY AS A HEDGE AGAINST BAD TIMES. WE SAY THAT INFLATION ROBS PEOPLE OF THEIR SAVINGS. LET'S BE A LITTLE MORE REALISTIC AND SAY IT LIKE IT IS, "THE GOVERNMENT THAT DELIBERATELY INFLATES ITS CURRENCY IS ROBBING ITS CITIZENS OF THEIR SAVINGS".

A DEALER IN GOLD AND SILVER COINS HAS A GREAT COMMERCIAL THAT ILLUSTRATES THE POINT FAR BETTER THAN I CAN. HE POINTS OUT THAT IN 1934, WITH 25 GOLD \$20 COINS OR 25 PAPER \$20 BILLS YOU COULD BUY AN AVERAGE FULL SIZED CAR. TODAY THOSE SAME 25 GOLD COINS WOULD PAY FOR TWO FULL SIZED CARS WITH SOME LEFT OVER. MEANWHILE, WITH 25 PAPER \$20 BILLS YOU CAN'T EVEN MAKE THE DOWN PAYMENT ON ONE AUTOMOBILE. THOSE WHO PUT THEIR FAITH IN GOLD OR SILVER HAVE SEEN THEIR SAVINGS APPRECIATE WHILE THOSE WHO'VE TRUSTED THE MONEY ISSUED BY THE GOVERNMENT SINCE THEN HAVE SEEN THEIR MONEY DISAPPEAR AS IF BY SOME KIND OF FISCAL MAGIC.

NOTHING....AND I MEAN NOTHING, THAT IS REPRESENTED BY A PIECE OF PAPER CAN BE CONSIDERED A SAFE INVESTMENT. ALL PAPER MERELY REPRESENTS A RECEIPT FOR THE WEALTH YOU'VE HANDED OVER TO SOMEONE ELSE AND IS PAID BACK IN DOLLARS THAT HAVE DEPRECIATED IN VALUE EVEN FURTHER. AND, THAT'S IF YOU'RE LUCKY AND MANAGE TO GET PAID. SHOULD THE FISCAL BUBBLE UNEXPECTEDLY BURST, MOST SUCH DEBTORS WILL SIMPLY DEFAULT AND FOLD UP THEIR TENTS WITH YOUR MONEY. ONLY BY INVESTING IN SOMETHING TANGIBLE CAN YOU PROTECT YOUR HARD-EARNED DOLLARS FROM THE TWIN HAZARDS OF FINANCIAL COLLAPSE AND INFLATION'S STEADY EROSION.

GOLD, UNFORTUNATELY, DOES NOT COME IN SMALL ENOUGH DENOMINATIONS TO MAKE IT A PRACTICAL MEDIUM OF EXCHANGE IN THE NORMAL DAY TO DAY TRANSACTIONS YOU'D CONDUCT IN THE COURSE OF KEEPING YOUR FAMILY FED DURING A PERIOD OF SOCIAL OR FISCAL UPEHAVAL. IT DOES, THOUGH, HAVE ENOUGH VALUE TO MAKE IT POSSIBLE TO STORE OR TRANSPORT SUBSTANTIAL GENUINE WEALTH EASILY.

SILVER, BY COMPARISON, HAS ABOUT 30 TIMES THE WEIGHT AND BULK THAT GOLD HAS, AND IS, THEREFORE, PROPORTIONATELY LESS PORTABLE AND EASILY HIDDEN OR STORED. BUT, IT DOES HAVE THE ADVANTAGE OF COMING IN SMALL ENOUGH DENOMINATIONS TO BE READILY EXCHANGEABLE IN SMALL TRANSACTIONS. HOW DO YOU MAKE CHANGE FOR AN OUNCE OF GOLD?

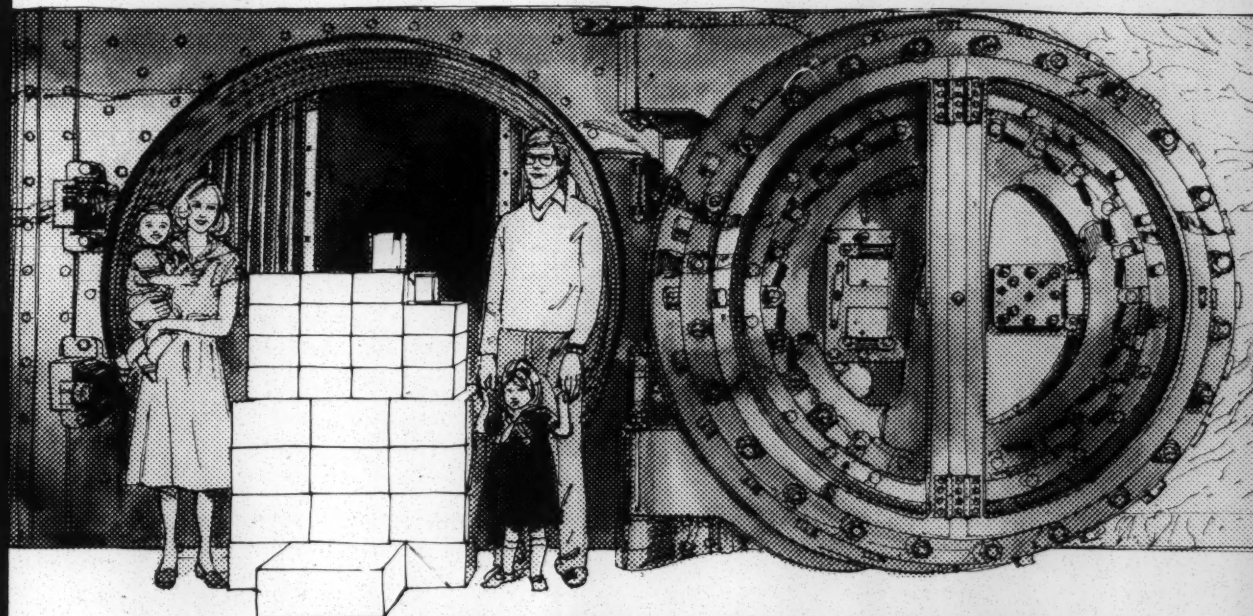
A PRACTICAL SURVIVAL PROGRAM CALLS FOR A PORTION OF YOUR CASH RESERVES TO BE IN GOLD AND A PORTION IN SILVER. BUT, NO MATTER HOW MUCH VALUE THEY BOTH HAVE, YOU CAN'T EAT EITHER ONE OF THEM. THE ULTIMATE WEALTH IS FOOD. NO COMMODITY YOU CAN INVEST IN HAS THE CAPACITY TO KEEP YOUR FAMILY ALIVE WHEN FOOD VANISHES FROM THE STORE SHELVES EXCEPT FOOD ITSELF AND NO SURVIVAL PROGRAM IS COMPLETE WITHOUT ADEQUATE FOOD RESERVES TO PROVIDE FOR THE TOTAL NUTRITIONAL NEEDS OF YOUR FAMILY FOR AN EXTENDED PERIOD OF TIME. CALL ME A NUT IF YOU WILL BUT I'VE CHOSEN TO STOCKPILE SUFFICIENT FOOD HERE AT THE CHURCH TO FEED AN ARMY. WHETHER THE FUTURE BRINGS A SHORT CHAOTIC UPEHAVAL, YEARS OF SHORTAGE AND RATIONING, OR AN UNEXPECTED NATURAL DISASTER, WE'RE PREPARED RIGHT NOW TO FEED EVERYONE WE TAKE IN.

WILL IT SPOIL? NOT FOR AT LEAST 20 YEARS! VACUUM-PACKED CANNED GOODS STILL CONTAIN SOME AIR THAT SOONER OR LATER CAUSES SPOILAGE. SURVIVAL FOOD IS PACKED, INSTEAD, IN NITROGEN. IN ADDITION, THE CANS ARE SPECIALLY MADE TO RESIST THE NORMAL RAVAGES OF TIME AND CLIMATE FAR BETTER THAN ORDINARY CANS. ALMOST EVERYTHING IS DEHYDRATED AND IS RECONSTITUTED SIMPLY BY ADDING WATER. I'VE EATEN A VARIETY OF SURVIVAL FOODS ALREADY AND CAN STATE WITHOUT RESERVATION THAT ITS UNBEATABLE AS FAR AS FLAVOR IS CONCERNED. WHILE THE INITIAL COST APPEARS HIGH, WHEN YOU CONSIDER THAT A TYPICAL POUND OF DRY SURVIVAL FOOD RECONSTITUTES INTO ABOUT 6 POUNDS OF WHOLE FOOD, THE PRICE BECOMES REALISTIC. AND THEN WHEN YOU CONSIDER THAT THE FOOD PURCHASED IN 1980 AT 1980 PRICES MAY VERY WELL BE CONSUMED IN 1990, THE 1980 PRICE BEGINS TO LOOK LIKE A BARGAIN. CAN YOU THINK OF A BETTER WAY TO INVEST YOUR SPARE DOLLARS THAN IN GOOD FOOD FOR YOUR FUTURE?

AT NO TIME SINCE THE CIVIL WAR HAS THE FUTURE OF AMERICA BEEN SO SHAKY NOR THE GOVERNMENT SO INCAPABLE OF PROTECTING US FROM THOSE UNCERTAINTIES. WE MUST, IF WE'RE TO BE AMONG THE SURVIVORS, BEGIN BEFORE IT'S TOO LATE TO DEVELOP THE SELF SUFFICIENCY AND RESERVES TO FEED AND PROTECT OURSELVES.

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THE POWER OF PRAYER

GETTING PEOPLE TO READ THIS ARTICLE WILL BE TOUGH BECAUSE NOTHING IN THE WORLD HAS BEEN SO UNIVERSALLY ABUSED AND OVERWORKED AS THE PHRASE, "THE POWER OF PRAYER". PRAYER, AS WE'VE COME TO KNOW IT IN OUR JUDIA-CHRISTIAN SOCIETY, IS FOR PREACHERS, OUR CHILDREN, AND THE NOT-SO-BRIGHT ELEMENT WE DON'T WANT CONFUSED WITH. IT BEGAN WITH CHILDHOOD INSTRUCTION IN SCHOOL, SUNDAY SCHOOL, AT BEDTIME, AND SOMETIMES AS "GRACE" BEFORE MEALS. YEARS OF CHILDHOOD PRAYERS, WE LATER DISCOVERED, MADE NO DIFFERENCE WHATSOEVER IN OUR PHYSICAL WELFARE. SO, ALMOST WITHOUT BEING AWARE OF IT, WE DRIFTED AWAY FROM THE HABIT OF PRAYING. AND, EVIDENTLY IT DIDN'T MATTER. LIFE WENT ON JUST ABOUT THE SAME WITHOUT PRAYING AS IT DID WHEN WE WERE WEARING OUT THE KNEES OF OUR BRITCHES IN AN EFFORT TO COMMUNICATE WITH GOD.

BUT, WE NEVER GIVE UP THE DEEPLY INGRAINED AWARENESS OF GOD NOR THE DESIRE TO COMMUNICATE WITH "THE ALMIGHTY". WE'D ALL LIKE GOD TO SHOW US A SIGN, TO REINFORCE THE LAGGING FAITH CREATED BY YEARS OF UNANSWERED PRAYERS. ON OCCASION WE STILL FIND OURSELVES INCLINED TOWARD PRAYER, REGARDLESS OF ITS POOR TRACK RECORD. BECAUSE, AT BEST, PRAYER IS ONLY "SO SO", WHEN THINGS ARE GOING GOOD WE JUST DON'T BOTHER. BUT, JUST GET THE DAYLIGHTS SCARED OUT OF YOU ROYALLY AND WATCH HOW QUICK EVEN THE MOST CONFIRMED CYNIC CALLS ON GOD FOR HELP. THE POINT IS.... WE STILL HAVE ALL THE FAITH IN GOD THAT WE WERE RAISED WITH. WE JUST AREN'T GETTING ANY RESULTS FROM PRAYING.

OK, IF YOU KNOW GOD'S OUT THERE AND WORKING BUT YOUR PRAYERS AREN'T, ISN'T IT LOGICAL THAT THE PRAYER IS TO BLAME, NOT GOD? SOME CHURCHES EXPLAIN AWAY THE FAILURE OF PRAYER BY STATING, "GOD WORKS HIS WONDERS IN MYSTERIOUS WAYS". WHAT A COPOUT! WHAT THEY REALLY MEAN IS, "WE DON'T HAVE THE FAINTEST IDEA WHY SOME PRAYERS WORK AND OTHERS DON'T". WELL, WE KNOW WHY. HAPHAZARD EFFORT RETURNS HAPHAZARD RESULTS. INEFFECTUAL PRAYERS ARE NOT PARTIALLY EFFECTIVE; THEY'RE 100% INEFFECTIVE! THOSE CASES IN WHICH YOUR PRAYERS HAVE APPARENTLY BEEN ANSWERED WERE CASES IN WHICH CHANCE PREVAILED. THAT WHICH YOU WERE PRAYING FOR WAS PREDESTINED TO HAPPEN ANYWAY. BUT, SINCE YOU HAD PRAYED FOR IT BEFORE IT HAPPENED, YOU BELIEVED THAT IT HAPPENED AS AN ANSWER TO YOUR PRAYER.

I'M NOT SAYING, "DON'T PRAY"; I'M SAYING, "LEARN HOW TO PRAY AND YOUR PRAYERS WILL BE ANSWERED". THERE'S AN AWFUL LOT MORE TO PRAYING THAN JUST MUMBLING A BUNCH OF WORDS YOU WERE TAUGHT. TO UNDERSTAND HOW TO PRAY YOU MUST FIRST UNDERSTAND GOD AND THE FORCES OF NATURE THAT TOUCH UPON YOUR LIFE.

THE ANCIENT PHILOSOPHERS HANDED DOWN TO US THE IDEA OF THE FOUR ELEMENTS OF LIFE, NAMELY EARTH, AIR, FIRE, AND WATER. BUT ABOVE AND BEYOND THESE, THE ELEMENTS OF THE VISIBLE WORLD, THEY ASSIGNED A FIFTH WHICH THEY CALLED THE QUINTESSENCE, ETHER, OR SPIRIT. WE CALLED THIS ARTICLE, "THE POWER OF PRAYER". BUT "POWER", THE REAL BASIS FOR THIS ARTICLE, MANIFESTS ITSELF IN MANY WAYS, OR AT LEAST BY MANY NAMES, THE POWER OF PRAYER, THE POWER OF MAGIC, WILL POWER, MIND POWER, THE POWER OF POSITIVE THINKING, WITCH POWER, GOD POWER, TO NAME BUT A FEW. REGARDLESS OF THE NAME GIVEN TO IT, JUST WHAT IS THIS POWER AND HOW DOES IT WORK?

POWER IS NOTHING MORE THAN THE FLOW OF ENERGY. DID YOU REALIZE THAT PRAYER CAUSES A FLOW OF ENERGY? ANY THOUGHT, WHETHER SPOKEN OR NOT, CAUSES SUCH A FLOW OF THE UNIVERSAL UNSEEN ENERGY. THE EXISTENCE OF THIS UNSEEN ENERGY HAS BEEN SCOFFED AT BY MATERIALISTS DURING THE PAST CENTURY WHO HAVE STATED IT WAS MERELY SUGGESTION OR A FORM OF HYPNOTISM. THE ANCIENTS, OF ALL LANDS AND ALL PHILOSOPHIES, UNIVERSALLY BELIEVED IN THE EXISTENCE OF THIS UNKNOWN ENERGY, GAVE IT A VARIETY OF NAMES, AND INCORPORATED IT INTO THEIR RESPECTIVE RELIGIONS. THE REMARKABLE THING ABOUT THIS UNSEEN FORCE IS THAT MODERN SCIENCE AND THE CONCEPT OF ATOMIC PHYSICS HAVE REAWAKENED AND PROVEN ITS ANCIENT THEORY. WE'VE BECOME QUITE ACCUSTOMED TO THE IDEA THAT MATTER AND ENERGY ARE INTERCHANGEABLE TERMS. ALTHOUGH MANY SCHOLARS IN THE PAST HAD MADE STUDIES OF THE SUBJECT, VERY LITTLE ATTENTION WAS PAID TO THEIR FINDINGS BECAUSE EACH OF THEM, ACCORDING TO THEIR OWN IDIOSYNCRASIES, HAVE BESTOWED THEIR OWN PARTICULAR TITLE UPON WHAT IS FUNDAMENTALLY THE SAME THING. EVEN TODAY MANY WHO HAVE A MASTERFUL CONTROL OF THIS POWER DO NOT UNDERSTAND WHAT THE POWER IS. CHRISTIAN PSYCHICS, FOR EXAMPLE, CALL IT GOD POWER. PAGANS, MEANWHILE, REFER TO IT AS "WITCH POWER". SINCE THIS POWER IS DISTRIBUTED ACROSS THE RELIGIOUS SPECTRUM INDISCRIMINATELY, LOGIC TELLS

US IT DOES NOT COME FROM A PAGAN GOD, A CHRISTIAN GOD, OR THE GOD OF ANY OTHER PARTICULAR SECT OR CREED. THIS IS A NATURAL POWER, A FORCE WITHIN ALL OF US REGARDLESS OF WHICH DIETIES WE HAVE CHOSEN TO IDENTIFY WITH.

I WON'T WASTE PAGES AND PAGES HERE IN DETAILING THE SCIENTIFIC EVIDENCE OF SUCH A POWER. YOU CAN FIND ALL THE EVIDENCE YOU WANT IN ANY LIBRARY. WE'LL CONSIDER, INSTEAD, THAT WHICH YOU CAN'T FIND THE ANSWER TO AT YOUR LIBRARY, "HOW THIS UNSEEN POWER CAN AND DOES AFFECT YOUR LIFE".

SCIENCE HAS ALREADY PROVEN ITS EXISTENCE. NOW PARAPSYCHOLOGISTS AND OTHERS ARE BEGINNING TO AMASS MOUNTAINS OF EVIDENCE THAT THE HUMAN MIND IS ABLE TO CONTROL THIS POWER AND, IN SO DOING, ACTUALLY INFLUENCE THE PHYSICAL WORLD AND EVENTS THAT TOUCH OUR LIVES. WITNESS, FOR EXAMPLE, UNIVERSITY TESTS OF THE MIND'S ABILITY TO INFLUENCE THE ROLL OF THE DICE OR TOSS OF A COIN. IF THE HUMAN MIND CAN, IN LABORATORY EXPERIMENTS, CONTROL SOLID OBJECTS AND EVENTS INVOLVING THEM, DOESN'T IT STAND TO REASON THAT PEOPLE OUTSIDE THE LABORATORY WHO HAVE MASTERED THE TECHNIQUE CAN ALSO INFLUENCE EVENTS AND THINGS THAT TOUCH UPON THEIR LIVES? AS A MATTER OF FACT, FOR THOUSANDS OF YEARS "WISE MEN" HAVE BEEN DOING EXACTLY THAT!

WEBSTER DEFINES "MAGIC" AS BEING THE ART OF INFLUENCING NATURE OR FUTURE EVENTS BY OCCULT MEANS. THEN HE GOES ON TO DEFINE "OCCULT" AS MEANING MYSTERIOUS, MAGICAL, OR SUPERNATURAL. NATURAL SCIENCE DEFINES "SUPERNATURAL" AS BEING MERELY THE NATURAL THAT WE DO NOT YET UNDERSTAND. THE WISE MEN OF OLD HAD MASTERED THE REAL "POWER OF PRAYER" AND USED IT TO PERFORM WHAT THEN APPEARED TO BE MIRACLES. I'M NOT SUGGESTING THAT YOU'LL EVER BE ABLE TO TURN WATER INTO WINE, AS JESUS DID, OR PART THE WATERS, AS MOSES DID, BUT I AM SUGGESTING THAT YOU CAN, WITHIN REASON, HAVE YOUR PRAYERS ANSWERED ONCE YOU'VE MASTERED THE TECHNIQUES. I'VE BEEN DOING IT SUCCESSFULLY NOW FOR ABOUT TEN YEARS AND I'M SURE YOU CAN TOO..... IF YOU REALLY WANT TO.

AND THIS BRINGS US TO THE FIRST INGREDIENT NEEDED TO GENERATE THE POWER OF PRAYER, "DESIRE". ANYTHING WORTH HAVING IS WORTH THE EFFORT IT TAKES TO GET IT. MASTERING THE ABILITY TO INFLUENCE THE FORCES OF NATURE IS A LONG, HARD JOB. IF YOU HAVE TWO POUNDS OF LAZINESS AND ONLY A POUND OF DESIRE, YOU'LL GIVE UP BEFORE YOU SUCCEED AND TRY TO RATIONALIZE YOUR FAILURE WITH EXCUSES. BETTER, IF YOU DON'T HAVE SUFFICIENT DESIRE, TO JUST STICK TO TAKING YOUR CHANCES WITH LUCK. GOD HELPS HE WHO HELPS HIMSELF!

SINCE PRAYER IS DIRECTED TO GOD, SHOULDN'T WE START BY IDENTIFYING THE GOD WE'RE REFERRING TO? I DON'T KNOW; MAYBE YOU'LL GET RESULTS AS GOOD BY INVOKING YOUR OWN GOD AS I DO WITH MINE. BEING A NATURALIST, OF COURSE, I RECOGNIZE BOTH OUR FATHER IN HEAVEN AND OUR MOTHER IN NATURE. AND, SINCE BODY AND SPIRIT ARE IN MOST SITUATIONS INSEPARABLE, I GENERALLY INVOKE BOTH MOTHER AND FATHER. IF YOU'RE PAGAN UNDOUBTEDLY YOU'D CALL UPON DIANA. IF YOU'RE A CHRISTIAN MAYBE YOU'D CHOOSE JESUS CHRIST. (BEFORE YOU DO, HOWEVER, I SUGGEST YOU READ OUR NATURAL SCIENCE STUDY, "JESUS CHRIST, THE MAN AND THE MYTH"). MEANWHILE, I SUGGEST YOU INVOKE GOD RATHER THAN JESUS, JUST TO BE ON THE SAFE SIDE.

NOW COMES THE MOST ERRONEOUS FACTOR IN PRAYER. YOU DO NOT ASK GOD TO DO THIS OR THAT FOR YOU; YOU ONLY ASK FOR THE POWER TO DO IT FOR YOURSELF! AGAIN I REMIND YOU, "GOD HELPS HE WHO HELPS HIMSELF". THIS BIT ABOUT BEING GOD'S CHILDREN CAN BE CARRIED TOO FAR. GOOD PARENTS DO NOT DO EVERYTHING FOR THEIR CHILDREN; THEY MERELY LAY THE FOUNDATION SO THEY'RE ABLE TO MEET LIFE'S CHALLENGES THEMSELVES. GOOD PARENTS PROTECT US FROM HARM WHILE WE'RE TOO YOUNG TO PROTECT OURSELVES, THEY TEACH US AND PROVIDE US WITH WHATEVER GOOD START THEY CAN GIVE US BEFORE TURNING US LOOSE TO TRY OUR WINGS IN LIFE. BEING PERFECT PARENTS, CAN YOU REALLY EXPECT MOTHER NATURE OR OUR HEAVENLY FATHER TO SPOON-FEED US THROUGH OUR ADULT PROBLEMS? NO, YOU MUST EITHER TRUST TO CHANCE OR USE THE POWER OF NATURE THEY GRANT YOU. REMEMBER, WE'RE ALL GOD'S CHILDREN. CAN YOU HONESTLY EXPECT OUR LOVING FATHER OR MOTHER TO INTERCEDE IN FAVOR OF ONE CHILD OVER ANOTHER? ASK ONLY FOR WHAT THEY ALLOW YOU TO HAVE AND YOUR PRAYERS CAN BE ANSWERED.

NOW, UNFORTUNATELY, THE POWER OF PRAYER WORKS EQUALLY WELL WHEN INVOKED FOR EVIL PURPOSES AS IT DOES FOR GOOD. HUMAN BEINGS, BEING HUMAN, ARE SUBJECT TO HUMAN WEAKNESSES. CONSEQUENTLY, THERE ARE THOSE WHO WILL TRY TO USE THE POWER OF GOD TO DO WRONG. I CAN'T TELL YOU WHY BUT, FORTUNATELY, ANYTHING YOU DO WITH THE POWER YOU GET FROM GOD COMES BACK TO YOU THREEFOLD. MAYBE THIS IS A MANIFESTATION OF THE INFINITE WISDOM OF GOD. REGARDLESS OF THE REASON, IT DOES HAPPEN SO YOU MUST ALWAYS BE SURE OF THE JUSTICE IN WHAT

YOU'RE DOING BEFORE YOU DO IT. BECAUSE OF THE INHERENT POTENTIAL FOR EVIL THAT LIES WITHIN THE POWER, CHURCHES THAT TEACH THE TECHNIQUES EMPLOYED IN GENERATING AND DIRECTING IT USUALLY REQUIRE AN OATH AND AN EXTREMELY DISCRIMINATING SCREENING PROCESS BEFORE THE INDIVIDUAL IS EXPOSED TO THE INNER SECRETS OF THE TECHNIQUES. AND THIS IS NOT A NEW IDEA. THOUSANDS OF YEARS AGO THESE SECRETS OF POSITIVE PRAYER WERE KNOWN TO A SMALL SELECT GROUP OF "WISE MEN" WHO ASTOUNDED THE MASSES WITH THEIR MIRACLES OF HEALING AND PROPHECY. ONLY VERY RARELY IN ITS THOUSANDS OF YEARS OF HISTORY HAS MAJOR INJUSTICE BEEN DONE THROUGH MISUSE OF THIS GOD-GIVEN FORCE BY ANYONE ENTRUSTED WITH ITS SECRET. NEVERTHELESS, JUST AS SOME CHURCHES TEACH IT, OTHERS FEAR ITS INDISCRIMINATE USE AND FORBID THE FAITHFUL EVEN TO STUDY IT. QUITE FREQUENTLY, IN ORDER TO UNDERSCORE THAT PROHIBITION, THEY CHOOSE TO MISLABEL IT, "SATAN'S HANDIWORK".

AGAIN LET ME EMPHASIZE, "THERE IS NOTHING EVIL ABOUT THE POWER ITSELF. IT IS NOT SATAN'S HANDIWORK. SATAN IS A CHRISTIAN DIETARY ONLY, WHILE THE POWER OF PRAYER IS A FORCE AVAILABLE TO ANYONE OF ANY RELIGIOUS PERSUASION. COUNTLESS THOUSANDS OF PEOPLE HAVE BEEN HEALED THROUGH THE POSITIVE FORCE OF PRAYER. PSYCHICS ASSIST LAW ENFORCEMENT AGENTS IN SOLVING CRIMES THROUGH IT'S POWER. THE LIST OF BENEFICIAL USES TO WHICH IT HAS BEEN PUT IN OUR MODERN SOCIETY IS ENDLESS. STILL, BECAUSE IT RECEIVES SO MANY DIFFERENT LABELS BY IT'S STUDENTS, ALMOST NO ONE IS EVEN AWARE THAT ALL THESE VARIOUS FORCES ARE REALLY ONE AND THE SAME, THE POSITIVE USE OF THE POWER OF GOD.

BUT, YOU SAY, PSYCHICS ARE "GIFTED". YES, ADMITTEDLY THEY ARE TO A CERTAIN EXTENT. WE ARE NOT ALL IDENTICAL. JUST AS SOME ARE TALL AND SOME ARE SHORT, SOME HAVE MORE NATURAL ABILITY TO DIRECT THE FORCES OF NATURE THAN OTHERS. BUT, JUST AS THE SHORT MAN HAS SOME HEIGHT, SO ALSO DOES EVERYONE HAVE SOME NATURAL POWER. ANYONE WITH ANY DEGREE OF INTELLIGENCE AND THE DETERMINATION TO DO SO CAN LEARN TO GENERATE AND DIRECT HIS NATURAL POWER. FROM TIME TO TIME EACH OF US EXPERIENCES AN EXAMPLE OF THE MANIFESTATION OF THAT NATURAL FORCE WITHOUT TRYING. THINK WHAT YOU CAN DO ONCE YOU DEVELOP IT. A FEW OF US ARE ACCLAIMED AS MUSICAL GENIUSES. YET, WITHOUT GENIUS VIRTUALLY ANYONE CAN LEARN TO PLAY THE PIANO IF THEY PRACTICE HARD ENOUGH. LIKEWISE ANYONE WITH SUFFICIENT DESIRE CAN LEARN TO GUIDE THE FORCES OF NATURE THAT TOUCH UPON THEIR LIVES THROUGH THE POSITIVE USE OF THE POWER OF PRAYER.

THE COMMON TERM USED IN DESCRIBING THE FLOW OF SPIRITUAL ENERGY IS "VIBRATIONS". TO GET THE PICTURE OF THE FLOW OF ENERGY, COMPARE IT TO THE SIGNAL OF A RADIO. LET'S SAY, FOR INSTANCE, YOU OWN TWO IDENTICAL C.B.'S, ONE IN YOUR CAR AND THE OTHER IN YOUR HOUSE. SPEAKING ON YOUR CAR C.B. YOU TRANSMIT A SIGNAL FOR POSSIBLY 10 MILES EQUALLY IN ANY DIRECTION. BUT, ON THE C.B. AT HOME YOU'VE INSTALLED A DIRECTIONAL ANTENNA. BY AIMING THAT DIRECTIONAL ANTENNA YOU CAN BOUNCE YOUR SIGNAL OFF THE IONOSPHERE AND CAN CHAT WITH OTHER HAMS HUNDREDS, SOMETIMES THOUSANDS OF MILES AWAY. THE ONLY DIFFERENCE WAS IN THE AIMING OF YOUR SIGNAL. LET'S SAY YOU'RE TALKING ON CHANNEL 19 ON YOUR CAR C.B. ANYONE WITHIN THE RANGE OF YOUR SIGNAL CAN PICK IT UP IF THEY TOO ARE TUNED TO THE SAME CHANNEL. LIKEWISE YOUR PSYCHIC TRANSMITTER BROADCASTS A SIGNAL THAT CAN BE "HEARD" BY ANYONE WITHIN ITS RANGE WHO IS ATTUNED TO YOUR VIBRATIONS. "TWO MINDS WITH A SINGLE THOUGHT" IS AN EXPRESSION OFTEN USED BY PEOPLE WHO PICK UP YOUR THOUGHT VIBRATIONS WITHOUT REALIZING IT. AND HOW MANY TIMES HAVE YOU HAD THAT HAPPEN? AS AN UNTRAINED LAYMAN THESE VIBRATIONS EXTEND NORMALLY A VERY LIMITED DISTANCE AND ARE PICKED UP ONLY BY THOSE WITH WHOM YOU HAVE A STRONG EMOTIONAL BOND. WITH EXERCISE AND PRACTICE SOME PEOPLE REPORT SUCCESSFULLY SENDING AND RECEIVING THE VIBRATIONS OF EQUALLY ATTUNED FRIENDS AND LOVED ONES FOR DISTANCES OF THOUSANDS OF MILES. MEANWHILE FOLKS WHO ARE NOT ATTUNED, SOMETIMES EVEN IN THE SAME ROOM, ARE COMPLETELY OBLIVIOUS TO THAT SPIRITUAL TRANSMISSION.

BUT, THERE'S MUCH MUCH MORE TO THE ABILITY TO ORGANIZE AND PROJECT THOUGHTS. AS STATED EARLIER, THOUGHTS CAUSE A FLOW OF ENERGY. KNOWING THAT MATTER AND ENERGY ARE INTERCHANGEABLE TERMS, IT'S EASY TO UNDERSTAND HOW YOU CAN ALTER THE COURSE OF EVENTS AND BEND THE FORCES OF NATURE THAT TOUCH UPON YOUR LIFE THROUGH THE POSITIVE USE OF DIRECTED THOUGHT. ITS MERELY A MATTER OF LEARNING HOW TO INCREASE YOUR OUTPUT THEN AIMING YOUR POWER LIKE A RIFLE INSTEAD OF SCATTERING IT LIKE A SHOTGUN. THESE TECHNIQUES, OF COURSE, ARE THE ONES YOU HAVE TO LEARN THROUGH THE LONG HARD ROUTINE OF STUDY AND PRACTICE.

LIKE THE AIR ITSELF, THE ENERGY GENERATED BY THOUGHT IS A DELICATE THING. THE FLOW OF AIR IS CALLED WIND. WHEN WIND HAS SUFFICIENT FORCE IT CAN MOVE

VIRTUALLY ANYTHING IT TOUCHES. LIKEWISE, IT IS POSSIBLE TO GENERATE POWER CAPABLE OF ALMOST ANYTHING THROUGH THE POSITIVE USE OF PRAYER. HAVE YOU EVER WATCHED THAT COMMERCIAL ON TV WHERE ELLA FITZGERALD BREAKS A GLASS BY HITTING A HIGH NOTE WHILE SHE'S SINGING? YOU HAVE NO TROUBLE UNDERSTANDING THE INVISIBLE SOUND VIBRATIONS THAT BREAK THE GLASS. HAVE YOU HEARD ABOUT THOSE RARE INDIVIDUALS WHO DEMONSTRATE THE ABILITY TO ACTUALLY BEND METAL THROUGH MIND POWER ALONE? OF COURSE, YOU CAN UNDERSTAND HOW THEY USE THE INVISIBLE VIBRATIONS OF SPIRIT JUST AS ELLA USES THE INVISIBLE FORCE OF SOUND VIBRATIONS. AND, YOU CAN BEND A LOT MORE THAN METAL WITH THE POWER; IT'S POSSIBLE TO BEND ALMOST ANY FORCE OF NATURE THAT TOUCHES UPON YOUR LIFE.

PICTURE THE VIBRATIONS GENERATED BY THOUGHT AS BEING LIKE ELECTRICITY. WE KNOW THERE IS NEGATIVE AS WELL AS POSITIVE FLOW. NOW REMEMBER, WE'RE DEALING HERE WITH A DELICATE ENERGY GENERATED BY EMOTION. DON'T EXPECT IT TO BE HANDLED THE SAME AS HIGH TENSION WIRES. THOUGHTS PASS FROM PERSON TO PERSON WORDLESSLY SOMETIMES THROUGH WHAT WE CALL E.S.P. OTHER THOUGHTS ARE TRANSMITTED BY TOUCH. BEING DELICATE THINGS, THOUGH, ALL THOUGHT TRANSMISSIONS OF EITHER KIND ARE SUBJECT TO INTERFERENCE BY NEGATIVE VIBRATIONS. TO PREVENT THIS INTERFERENCE YOUR PRAYER OR INVOCATION IS CONDUCTED ONLY IN CONSECRATED SPACE. SINCE MOST PRACTITIONERS CAN'T AFFORD TO MAINTAIN A PRIVATE TEMPLE, THEY USUALLY USE A DESIGNATED AREA IN THEIR HOMES. OF COURSE, IN USING A DUAL PURPOSE SPACE, THAT SPACE MUST BE RECONSECRATED OR "CLEANSED" BEFORE EACH RITE IN ORDER TO AGAIN REMOVE ACCUMULATED NEGATIVITY.

IN ADDITION TO CONSECRATING OR CLEANSING THE SPACE, YOU MUST REMOVE THE NEGATIVE FORCES FROM YOUR BODY, YOUR CLOTHES, AND EVERYTHING ELSE THAT ENTERS THE CONSECRATED SPACE WITH YOU. EVEN THE AIR ITSELF WITHIN YOUR SPIRITUAL SPACE MUST BE CLEANSED. ONCE YOU'VE ENTERED THE CONSECRATED AREA, YOU LITERALLY WALL YOURSELF IN BY ERECTING AN INVISIBLE SPIRITUAL WALL, THEREBY SHUTTING OUT NEGATIVE FORCES AND ALLOWING GENERATED POSITIVE FORCES TO BE ACCUMULATED AND CONCENTRATED WITHIN.

CERTAIN REQUISITES REGARDING MINIMUM STANDARDS ACCEPTABLE FOR SUCCESSFUL PRAYER MUST BE MET. FOR INSTANCE, ABSOLUTE PRIVACY AND COMPLETE FREEDOM FROM DISTURBANCE ARE MANDATORY. WE'RE TALKING ABOUT DELICATE THOUGHTS AND ABSOLUTE CONCENTRATION. CAN YOU VISUALIZE A SUCCESSFUL INVOCATION WITH AN ACTION-PACKED TV SHOW BLARING IN THE NEXT APARTMENT, OR THE KID UPSTAIRS PRACTICING ON THE CLARINET WHILE YOU'RE TRYING TO SHUT OUT THE PHYSICAL WORLD? EVEN WORSE, CAN YOU IMAGINE YOUR BROTHER-IN-LAW BURSTING IN WITHOUT INVITATION AND BLURTING OUT, "HOW COME THE LIGHTS ARE OUT, AND WHAT THE HECK YOU BURNING THE CANDLES FOR? DIDN'T YOU PAY YOUR ELECTRIC BILL?" HOURS OF PREPARATIONS ARE GONE DOWN THE DRAIN JUST THAT QUICK. AND THEN, ARE YOU GOING TO BE ABLE TO EXPLAIN IT WITHOUT SOUNDING LIKE YOU'RE ONLY PLAYING WITH A PART OF A DECK? FAR BETTER, ISN'T IT, TO AT LEAST WAIT UNTIL A LATE HOUR WHEN THE POSSIBILITY OF DISTURBANCE OR DISTRACTION IS AT A MINIMUM.

HUSBANDS, BY THE WAY, ARE FAR MORE TOLERANT THAN WIVES ARE. AN AVERAGE WIFE HAS LITTLE TROUBLE WITH A HUSBAND WHO DOESN'T BELIEVE OR DOESN'T CARE TO PARTICIPATE. MEN EXPECT WIVES TO DO SILLY THINGS. WHEN THE SHOE IS ON THE OTHER FOOT, HOWEVER, ITS NOT SO EASY. WOMEN DO NOT ALLOW THEIR HUSBANDS TO INDULGE IN ANYTHING THEY'RE EXCLUDED FROM WITH THE POSSIBLE EXCEPTION OF FOOTBALL OR FISHING. IF YOU WANT TO PRACTICE THE POSITIVE EXERCISE OF PRAYER, YOU'D BETTER GET YOUR WIFE ENTHUSIASTICALLY INVOLVED WITH YOU OR ELSE SHE'LL DELIBERATELY MAKE IT IMPOSSIBLE FOR YOU TO COMPLETE EVEN ONE SUCCESSFUL INVOCATION. AND, SHARING WITH YOUR WIFE ISN'T SO BAD AT ALL. TWO MINDS WORKING IN HARMONY CAN GENERATE TWICE AS MUCH FORCE AS ONE ALONE CAN.

THE NEXT CONSIDERATION IN SUCCESSFUL PRAYER IS RITUAL. THE NATURALIST RITUAL IS DELIBERATELY FAR MORE INVOLVED THAN SOME PEOPLE FEEL IT SHOULD BE. HOWEVER, RITUAL SERVES A VERY IMPORTANT PURPOSE. AN EXPERIENCED PERSON CAN ACCOMPLISH ANYTHING WITH LITTLE OR NO RITUAL AT ALL. BUT, FOR THE BEGINNER, EVERY BIT OF HELP HE CAN GET FROM ANY SOURCE TENDS TO GIVE HIM A LITTLE HIGHER CHANCE OF SUCCESS. RITUAL IS THE MEDIUM FOR TUNING OUT THE PHYSICAL WORLD AROUND YOU AND TUNING IN ON THE SPIRITUAL. CANDLE LIGHT, INCENSE, MYSTIC TRAPPINGS, ELABORATE ROBES, ALL THESE THINGS ADD TO THE BEGINNER'S ABILITY TO ZERO HIS MIND IN ON THE SUBJECT. UNDER THE BRIGHT LIGHTS ITS EXTREMELY HARD TO FORGET YOU'RE IN YOUR LIVINGROOM AND TO CLOSE YOUR MIND TO ALL THE MUNDANE REMINDERS AROUND YOU. BUT, BY CANDLE LIGHT A WHOLE NEW MYSTICAL AND SPIRITUAL ATMOSPHERE UNFOLDS EASILY BEFORE YOUR EYES. YOU COULD SAY THAT RITUAL SERVES AS A FOCAL POINT. IT FOCUSES YOUR MIND ON ESOTERIC SUBJECTS.

ON OUR FRONT COVER YOU'LL FIND THE EMBLEM OF THE NATURALIST TRINITY. TRY TO VISUALIZE THAT AS BEING A THREE-DIMENSIONAL OBJECT AS IF YOU'RE LOOKING DOWN ON IT FROM ABOVE. OK, NOW YOU CAN SEE WHAT APPEARS TO BE A PYRAMID WITH ONLY THREE SIDES TO ITS BASE. THIS REPRESENTS THE TRINITY OF POWER. THE CORNERSTONES ARE: IMAGINATION, WILL, AND FAITH. THE APEX, OF COURSE, IS THE POWER GENERATED BY THE POSITIVE USE OF THESE EMOTIONS.

THE FIRST, OF COURSE, IS "FAITH". ITS OFTEN BEEN SAID, "FAITH CAN MOVE MOUNTAINS". FAITH ALONE CAN'T MOVE EVEN A MOLEHILL BUT FAITH PROPERLY COUPLED TO THE EMOTIONAL GENERATOR AND THE EMOTIONAL MOVER CAN ACCOMPLISH VIRTUAL MIRACLES. IMAGINATION, AS YOU CAN WELL UNDERSTAND, IS THE GENERATOR, THE ORIGIN OF THE THOUGHT. "WILL" IS THE MOVER THAT DRIVES THE BREATH-LIKE WHISPER OF THOUGHT TO HURRICANE-LIKE POWER. FAITH IS LIKE THE RUDDER THAT GUIDES THE FORCE TO LOFTY PURPOSE WHILE PROTECTING IT FROM DESTRUCTIVE NEGATIVE PATHS DOWN WHICH IT COULD STRAY.

AS A FIRST EXERCISE IN IMAGINATION, VISUALIZE, IF YOU WILL, A CAMPSITE WITH A FIRE WHERE YOU WANT TO COOK UP A BREW. VISUALIZE THE COOKPOT THERE READY TO GO ON THE FIRE. NOW, IN YOUR MIND, ERECT A TRIPOD OF POLES FROM WHICH TO SUSPEND THE POT OVER THE FIRE. MENTALLY TIE THE POLES TOGETHER AT THE TOP (APEX) AND SUSPEND THE POT OVER THE FIRE FROM THIS POINT. HERE, IN YOUR MIND, YOU HAVE ASSEMBLED ALL THE INGREDIENTS TO BREW A POWERFUL PRAYER. THE FIRE OF GOD WILL DO THE COOKING IF YOU CAN PROPERLY ASSEMBLE THE COMPONENTS.

NOW, IF YOU THINK ANY ONE COMPONENT IS UNIMPORTANT OR LESS IMPORTANT THAN THE OTHERS, LET'S SEE YOU SUCCESSFULLY REMOVE ANY ONE OF THEM. WITHOUT THE FIRE GOD GIVES YOUR BREW, ALL YOUR EFFORTS AT ASSEMBLY ARE AS NOTHING. YOU STILL HAVE A COLD, RAW DINNER. LIKEWISE, SHOULD YOU ATTEMPT TO COOK YOUR DIVINE BREW WITHOUT ANY SINGLE ONE OF THE THREE LEGS OF YOUR TRIPOD (TRINITY OF POWER) THE WHOLE WORKS WOULD "BITE THE DUST" JUST AS A PRAYER WITHOUT ALL THE ESSENTIAL INGREDIENTS. THE WHOLE CAN NOT STAND WITHOUT ALL ITS COMPONENT PARTS. THE POWER OF SUCCESSFUL PRAYER CAN NOT EXIST WITHOUT ALL THREE, FAITH, WILL, AND IMAGINATION.

NO HUMAN MIND IS ABSOLUTELY PERFECT. EACH OF US HAS OUR GOOD POINTS AND OUR WEAK POINTS AND ALL OF US ARE UNIQUE IN OUR INDIVIDUALITY. MY WIFE, FOR EXAMPLE, HAS A ROCK-HARD WILL THAT CAN MAKE THINGS HAPPEN BY SHEER FORCE OF DETERMINATION. I, BY COMPARISON, HAVE A SOFTER DISPOSITION BUT HAVE AN IMAGINATION CAPABLE OF INSTANTLY EVOKING VISIONS ALMOST AS CLEAR AND SHARP AS IF THEY WERE A PART OF THE PHYSICAL WORLD. NEITHER OF US ALONE HAS ALL THE NECESSARY ATTRIBUTES IN SUFFICIENT BALANCE TO DO GREAT THINGS. BUT, TOGETHER OUR PRAYERS PERFORM WONDERS.

AS YOU KNOW, WHEN THE EMOTIONAL BOND IS STRONG ENOUGH THOUGHTS CAN PASS FROM ONE PERSON TO ANOTHER WITHOUT PHYSICAL CONTACT OR SPEECH. YOU COULD SAY, "THOUGHTS HAVE WINGS". STILL, ACTUAL PHYSICAL CONTACT, FOR INSTANCE HOLDING HANDS, FACILITATES THE EASY, EFFECTIVE MINGLING OF ENERGIES GENERATED BY THOUGHT. AND, WITHIN THE LIMITS OF PRACTICALITY, THE LARGER THE GROUP, THE MORE POWERFUL THE PRAYER.

I HAD A LETTER THE OTHER DAY FROM A GIRL WHO TOLD ME SHE HAD VISITED MANY CHURCHES OF NATURE SEEKING WHAT, FOR HER, WOULD HAVE BEEN THE RIGHT ONE. BUT, SHE WENT ON, ALL SEEMED TO BE LACKING SOMETHING SHE WAS HUNTING. THEN SHE WENT ON TO DESCRIBE A GROUP PRAYER SHE HAD PARTICIPATED IN WITH ONE SUCH GROUP. SHE TURNED TO WALK AWAY, SHE STATED, AFTER THE PARTICIPANTS UNCLASPED HANDS, AND ALMOST FELL ON HER FACE. SHE TOLD ME SHE HAD EXTREME DIFFICULTY WALKING PROPERLY BECAUSE SHE FELT LIKE SHE WAS A FOOT OR SO OFF THE GROUND. I STAYED "HIGH" LIKE THAT FOR OVER A WEEK FROM THE POWER THAT WAS GENERATED THEN NOT SUFFICIENTLY GROUNDED. AT OUR BIG SUMMER FESTIVAL I HAD JOINED HANDS WITH OVER A HUNDRED OTHERS IN A GIANT OUTDOOR INVOCATION. HAVING ALREADY HAD THE EXPERIENCE, I REPLIED TO HER, "HANG IN THERE, KID, YOU'RE BEGINNING TO GET MORE OUT OF IT THAN YOU REALIZE."

AS I TOLD YOU EARLIER, "I CAN'T PROMISE YOU'LL TURN WATER INTO WINE", BUT I CAN PROMISE YOU THAT IF YOU PUT FORTH THE EFFORT, ADD THE PROPER PERSONAL INGREDIENTS, AND PERSEVERE WHILE YOU'RE LEARNING TO DEVELOP YOUR POWER, IN TIME YOU WILL GET NOTICABLY BETTER AT IT.

TO BEGIN WITH, YOU MUST REALIZE WE ARE NOT GODS. NO HUMAN WILL EVER HAVE THE POWER OF GOD. WE HAVE ONLY THAT NATURAL POWER GOD CHOOSES TO GIVE US. HOW WELL WE USE THAT POWER DEPENDS STRICTLY UPON OURSELVES. IF YOU HAVE

SUFFICIENT MOTIVATION TO HANG IN THERE DURING THAT SEEMINGLY ENDLESS PERIOD WHILE YOUR BIG EFFORTS ARE PRODUCING LITTLE OR NO TANGIBLE SIGN OF SUCCESS, YOU WILL, IN TIME, BEGIN TO SEE GENUINE PHYSICAL MANIFESTATIONS OF YOUR OWN ABILITY TO BEND THE FORCES OF NATURE TO YOUR OWN WILL THROUGH THE POWER OF PRAYER. IT, OF COURSE, CAN BE EXPECTED TO BE ONLY LITTLE THINGS WHILE YOU LEARN. BUT, AS EXPERIENCE MAKES YOU MORE ADEPT, YOU'LL SLOWLY ADVANCE TO THE ACCOMPLISHMENTS YOU'VE ALWAYS WISHED FOR BUT NEVER DREAMED YOU COULD EVER DO.

IT'S IMPORTANT, FROM THE START, TO REALIZE YOUR OWN HUMAN LIMITATIONS, BOTH AS A HUMAN AND AS A BEGINNER. "FAITH" IS ONE OF THE CORNERSTONES OF SPIRITUAL POWER. WITH EACH VISIBLE SUCCESS AT LITTLE THINGS, YOUR FAITH IS STRENGTHENED AND REINFORCED. BUT, A FAILURE CAN SHAKE YOUR FAITH AND SET YOU BACK DAYS, WEEKS, EVEN MONTHS IN YOUR SPIRITUAL GROWTH. AVOID RISKING FAILURE BY BEING REALISTIC IN YOUR ATTEMPTS TO INFLUENCE MAJOR FORCES TOO SOON. REMEMBER, EVERYTHING HAS VIBRATIONS AND EVERY LIVING THING IS TRANSMITTING THEM, JUST AS YOU ARE. YOU MUST BE ABLE TO GENERATE A FORCE OF SUFFICIENT STRENGTH TO OVERCOME THE VIBRATIONS OF ANYTHING OR ANYONE YOU'RE ATTEMPTING TO INFLUENCE.

REMEMBER, ALSO, THAT THOUGHTS ARE EXTREMELY DELICATE FORCES. WHILE IT'S AN EASY TASK TO GET UP FROM YOUR CHAIR AND CLOSE THE DOOR IF YOU'RE CHILLY, IT'S A TASK REQUIRING A MENTAL GIANT IF YOU THINK YOU CAN CLOSE THAT DOOR BY THOUGHT ALONE. OF COURSE, THERE IS A THIRD ALTERNATIVE...YOU CAN, BY THOUGHT, HAVE SOMEONE ELSE CLOSE THE DOOR FOR YOU. THE POINT IS, WHY BURN YOURSELF OUT ON FOOLISHNESS OR FUTILE EFFORTS? WHEN THE PHYSICAL ACT IS SO EASY, WHY NOT ASSIST THE SPIRITUAL ENERGY WITH A LITTLE PHYSICAL ENERGY? LET'S SAY YOU'RE UNEMPLOYED. IF YOU SIT AT HOME AND TRY TO GET A JOB THROUGH THE POWER OF PRAYER, CHANCES ARE YOU'LL FAIL, THEREBY WEAKENING YOUR FAITH IN ITS POWER. BUT, IF YOU GET OUT THERE PHYSICALLY AT INTERVIEW AFTER INTERVIEW, YOU CAN IMPROVE THE ODDS. INSTEAD OF TELLING GOD TO GO FIND YOU A JOB, GET OUT AND FIND YOUR OWN JOB. YOU CAN, HOWEVER, ACCEPT A LITTLE ASSISTANCE SPIRITUALLY BY PROJECTING THE POSITIVE FORCE THAT INFLUENCES THE PERSONNEL MAN FAVORABLY TOWARD YOU. THE FORCE GENERATED BY A GOOD INVOCATION DOES NOT WEAR OFF QUICKLY. YOU CAN, IF YOU'RE SO INCLINED, THE NIGHT BEFORE AN IMPORTANT INTERVIEW GENERATE SUCH A POSITIVE FORCE WITHIN YOURSELF THAT YOU'LL RADIATE THAT POSITIVE POWER FOR DAYS. BE REASONABLE IN YOUR ATTEMPTS TO INFLUENCE THE WORLD AROUND YOU AND YOU'LL SOON BEGIN TO HIT OFTENER THAN YOU MISS WITH YOUR INVOCATIONS. THEN, AS YOU SEE YOUR OWN SUCCESSES AND YOUR FAITH IS REINFORCED, YOU CAN GRADUALLY ATTEMPT MORE DIFFICULT FEATS.

OF COURSE, AS YOU CAN SEE, ALL THIS INVOLVES PRACTICE. "PRACTICE MAKES PERFECT", IN THIS MORE THAN ANYTHING I CAN THINK OF. JUST LIKE THE ASPIRING YOUNG MUSICIAN WITHOUT GENIUS, YOU HAVE TO WORK YOUR HEART OUT EVERY SINGLE DAY IF YOU REALLY WANT TO BECOME GOOD AT IT. "TITHE" IS A PHRASE USED BY MANY CHURCHES TO INDICATE YOU'RE SUPPOSED TO GIVE THEM 10% OF YOUR WAGES. I RECOMMEND, INSTEAD, THAT YOU TITHE YOUR TIME, GIVING 10% TO GOD. IF YOU DO, HE'LL SOON SHOW YOU TANGIBLE REWARDS FOR YOUR SPIRITUAL EFFORT. DO YOU HAVE AN HOUR OR SO YOU WASTE EACH EVENING? THINK WHAT LIFE WOULD BE LIKE IF YOU INVESTED THAT HOUR DAILY DEVELOPING YOUR POWER OF PRAYER. IN ALMOST NO TIME AT ALL YOU'D SOON FIND YOURSELF ABLE TO DO THINGS YOU NEVER DREAMED HUMANLY POSSIBLE.

NOW, THE POWER OF PRAYER MAY ULTIMATELY BE LIMITLESS. BUT, AT LEAST WHILE YOU'RE DEVELOPING IT, YOU MUST RECOGNIZE ITS LIMITATIONS. FIRST OFF, WE'RE SPEAKING OF THE FLOW OF ENERGY AND ENERGY FLOWS IN CYCLES. AT TIMES IT FLOWS OUTWARD, PUSHING US TO CHANGE THE WORLD. AT OTHER TIMES IT FLOWS INWARDLY, TRANSFORMING OURSELVES. ENERGY CAN NOT BE INDEFINITELY EXERTED EXCLUSIVELY IN ONE DIRECTION BUT MUST ALWAYS TURN AND RETURN TO BE RENEWED.

VIBRATIONS ARE SPIRITUAL ENERGIES. WE ALL KNOW THAT ENERGIES ARE CONVERTED FROM ONE FORM TO ANOTHER IN OUR WORLD BY A VARIETY OF INFLUENCES. ELECTRIC ENERGY, FOR EXAMPLE, IS CONVERTED TO HEAT ENERGY IN YOUR FRYPAN. IN OUR GALAXY THE MOST SIGNIFICANT PHYSICAL INFLUENCE IS THE SUN. SOLAR ENERGY IS RADIATED OUTWARD IN ALL DIRECTIONS. OF COURSE, SOME OF IT STRIKES OUR EARTH DIRECTLY INFLUENCING IT AND ALL LIFE UPON IT ACCORDING TO A REASONABLY UNIFORM PATTERN. MEANWHILE, SOME OF THE SOLAR RADIATIONS HEADING OFF IN OTHER DIRECTIONS WILL STRIKE THE OTHER PLANETS WITHIN OUR SOLAR SYSTEM AND BE REFLECTED TO EARTH. THESE PLANETS TOO HAVE THEIR OWN INFLUENCES AND THE REFLECTED SOLAR ENERGY FROM THEM CARRIES WITH IT PLANETARY INFLUENCES THAT WAX AND WANE ACCORDING TO THE RELATIVE PROMINENCE OF THE PLANET IN RELATION

TO US AT THE GIVEN TIME. THE MOON, WHILE BEING FAR FROM THE LARGEST, STILL EXERTS THE MOST INFLUENCE BECAUSE OF ITS NEARNESS TO US AND COMPARATIVELY LARGE REFLECTION. ITS PHYSICAL INFLUENCE IS UNDENIABLE EVEN THOUGH WE CAN SEE ONLY A SOFT WHITE BLOB UP THERE IN THE SKY. THE INVISIBLE FORCE OF ITS GRAVITY, FOR INSTANCE, CREATES OUR TIDES AS IT WAXES AND WANES. LIKEWISE, IT EXERTS AN INVISIBLE INFLUENCE ON OVULATION AND PREGNANCY. IN ADDITION IT EXERTS AN INVISIBLE INFLUENCE ON SPIRITUAL ENERGIES AS THEY WAX AND WANE IN RHYTHM WITH IT. WHILE IT'S NOT IMPOSSIBLE TO DO, IT'S AN UPHILL SWIM WHEN YOU ATTEMPT TO INVOKE ENERGIES CONTRARY TO THEIR NATURAL FLOW. TIMING, SO AS TO TAKE ADVANTAGE OF THE NATURAL WAXING OR WANING, IS CRITICAL. DOWN THROUGH THE AGES MANKIND HAS BEEN AWARE THAT FULL MOONS DO STRANGE THINGS TO SENSITIVE PEOPLE. THE WORD "LUNACY" HAS ITS ORIGIN IN THE EMOTIONAL INFLUENCE THE FULL MOON EXERTED ON THOSE WHO LACKED GOOD EMOTIONAL BALANCE. MODERN MEDICAL RECORDS AND POLICE RECORDS PROVE THAT TO THIS DAY "LUNATICS" SEEM TO CRAWL OUT OF THE WOODWORK EVERYTIME THE MOON IS FULL. CAN I POSSIBLY EMPHASIZE HOW MUCH THE MOON EFFECTS YOUR EMOTIONS OR HOW MUCH IT EFFECTS YOUR ABILITY TO GENERATE, AIM, AND CONTROL EMOTIONS AS AIDS TO POSITIVE USE OF THE POWER OF PRAYER?

ALL THINGS ARE RELATIVE. WHEN YOU MASTER THE POWER OF PRAYER, YOU'LL BE ABLE TO INFLUENCE LIFE'S FORCES AT GREAT DISTANCES. UNTIL YOU'VE DEVELOPED A MASTERY, HOWEVER, I SUGGEST YOU LIMIT THE DISTANCE YOU ATTEMPT TO REACH OUT SPIRITUALLY. BIG RADIO STATIONS REACH OUT A THOUSAND MILES BUT THE SMALL LOCAL STATIONS THROW OUT A SIGNAL ONLY ABOUT 10 MILES. POWERFUL SPOTLIGHTS SEND A BEAM FOR A MILE YET MY FLASHLIGHT IS CAPABLE OF CASTING A USABLE LIGHT ONLY ABOUT 10 OR 15 FEET. YOUR SPIRITUAL SPHERE OF INFLUENCE WILL LIKEWISE GROW AS YOUR ABILITY TO GENERATE POWER GROWS. REMEMBER, TRY TO AVOID FAITH-SHAKING FAILURES BY AVOIDING BITES BIGGER THAN YOU'RE YET ABLE TO CHEW. I'VE HAD A FEW DISASTEROUS FAILURES BY TRYING TO INFLUENCE EVENTS IN MY HOMETOWN 50 MILES AWAY. YET, IN THE MEANTIME I CONTINUE TO HAVE ONE SUCCESS RIGHT AFTER ANOTHER WHEN I BEAM MY SPIRITUAL SIGNAL TO A CITY 25 MILES THE OTHER DIRECTION. EVIDENTLY, ALL OTHER FACTORS BEING EQUAL, I'VE DEVELOPED MY OWN POWER NOW TILL I CAN PROJECT IT WITH IMPACT SOMEWHERE IN EXCESS OF 25 MILES BUT DEFINITELY LESS THAN 50 MILES. WITHIN A REASONABLE PERIOD YOU TOO WILL BE ABLE TO ACTUALLY MEASURE THE EFFECTIVE RANGE OF YOUR OWN SPIRITUAL INFLUENCE.

LIKE ANY OTHER PREACHER, GIVE ME AN AUDIENCE AND I DON'T KNOW HOW TO STOP. WHAT STARTED OUT AS A TWO PAGE BRIEF ON THE POSITIVE POWER OF PRAYER, HAS NOW BECOME TOO LENGTHY FOR ITS PRESENTATION HERE. THEREFORE, WHILE I'D LIKE TO GO ON AND ON, IT MUST COME TO AN END. WHILE I ALWAYS ENJOY READER MAIL, I'D PARTICULARLY ENJOY YOUR COMMENTS ON THIS ARTICLE. DO YOU WANT TO KNOW MORE? SHOULD I PREPARE CORRESPONDENCE LESSONS? OR SHOULD WE CONTINUE IN THE FUTURE AS WE DO NOW BY TEACHING ONLY IN PERSON?

THERE IS A SERIOUS DIFFERENCE IN RELIGIOUS OPINION. SOME CHURCHES FEEL STRONGLY THAT NOBODY SHOULD EVER ATTEMPT TO INFLUENCE GOD OR NATURE. THESE CHURCHES BELIEVE THAT WE SHOULD BEG GOD, THROUGH THEM, FOR WHATEVER CRUMBS WE CAN GET. SUCH CHURCHES TEACH THAT, "THE MECK SHALL INHERIT THE EARTH". NATURALISTS KNOW, HOWEVER, THAT THIS QUOTE IS A MISQUOTE. DUE TO TRANSLATION ERROR A WHOLE RELIGION HAS BEEN BUILT ON THE FALSE SUPPOSITION THAT WE'RE EXPECTED BY GOD TO SIT IDLE BY AND ACCEPT WHATEVER LIFE CHOOSES TO GIVE US. IN ACTUALITY THAT PARTICULAR PASSAGE, IN ITS ORIGINAL LANGUAGE STATED, "THE WISE SHALL INHERIT THE EARTH". AND, OF COURSE, YOU ALREADY KNOW THAT "THE WISE" WERE THE SELECT GROUP WHO, DOWN THROUGH THE AGES, HAVE BEEN PRIVILEGED TO LEARN THE REAL SECRETS OF SUCCESSFUL PRAYER.

NATURAL SCIENCE TEACHES THE POWER OF PRAYER AND RECOGNIZES THAT GOD HAS GRANTED US THIS POTENTIAL TO DO GREAT THINGS. IN HIS INFINITE WIDOM GOD MUST HAVE REALIZED THE NECESSITY FOR PLACING LIMITATIONS ON ITS INDISCRIMINATE USE, HOWEVER, BECAUSE HE MADE IT PROGRESSIVELY MORE DIFFICULT AS WE ATTEMPT TO EXTEND IT. ONLY THE VERY WISEST ARE CAPABLE OF MIRACLES THROUGH THIS DIVINE POWER AND EVEN THE SIMPLEST ACCOMPLISHMENTS REQUIRE AT LEAST A FAIR INTELLIGENCE. IN THAT FASHION HE KEPT IT RESTRICTED TO THOSE WITH THE NATURAL CAPACITY TO USE IT WITHOUT ABUSING IT. I TRY TO NEVER ABUSE THIS SPIRITUAL COMMITMENT BY USING THE POWER I'VE DEVELOPED FOR SELFISH GAIN BUT I'M STILL HUMAN AND WEAK ENOUGH TO RATIONALIZE MY OWN SELFISHNESS WITH NOBLE GARB. MAYBE I STILL HAVE TO DO A LOT OF GROWING SPIRITUALLY BEFORE I CAN QUALIFY. HOW ABOUT YOURSELF; DO YOU THINK YOU'RE ABLE AND WILLING TO MAKE THE PERSONAL SACRIFICES REQUIRED TO REALLY ATTUNE YOURSELF TO GOD AND THE FORCES OF NATURE THAT TOUCH YOUR LIFE? IF SO, THE REAL "GLORY OF GOD" AWAITS YOU.

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QUESTIONNAIRE

THROUGHOUT THE WORLD NOTHING HAS BEEN SO UNIVERSALLY SUPPRESSED AND LIMITED AS INDEPENDENT SPIRITUAL THOUGHT. ONLY DURING RECENT YEARS HAVE THE MEDIA DARED TO AIR CONTROVERSIAL SUBJECTS AND EVEN NOW, STILL WITH EXTREME DELICACY. CONSEQUENTLY VERY LITTLE ORGANIZED DATA ON SPIRITUAL ATTITUDES HAS BEEN AMASSED. WHILE MANY CHURCHES DENOUNCE ALL OCCULT OR UNEXPLAINABLE PHENOMINA, ALL OF US HAVE CERTAIN AREAS OF BELIEF OR INTEREST INDEPENDENT OF OFFICIAL CHURCH POSITION. INTELLIGENT THOUGHT CONFLICTS WITH ANTIQUATED RELIGIOUS DOGMA TO SOME EXTENT IN ALL OF US. IN ORDER TO ASSESS SPIRITUAL VALUES AS OPPOSED TO REGIMENTED THOUGHT, YOUR ASSISTANCE IS NEEDED. PLEASE FILL OUT AND RETURN THIS QUESTIONNAIRE TO HELP US ANALYZE THE TRUE PICTURE OF MODERN ATTITUDE AND BELIEF.

IF YOU BELIEVE IN, HAVE EVER INVESTIGATED, OR WOULD LIKE TO KNOW MORE ABOUT A SUBJECT BELOW, CHECKMARK THE FIRST (YES) COLUMN. IF YOU DON'T AGREE, CONDEMN, DISAGREE, OR DISAPPROVE OF A SUBJECT, PLEASE CHECKMARK THE SECOND (NO) COLUMN. IF YOU ARE INDIFFERENT, DON'T KNOW, CAN'T DECIDE, OR DON'T KNOW THE MEANING OF A TERM BELOW, PLEASE CHECKMARK THE THIRD (N.D.) COLUMN. "N.D." MEANS "NO DECISION" OR UNDECIDED. PLEASE CHECKMARK ONE OF THE THREE CHOICES FOR EACH ITEM LISTED BELOW.

YES	NO	N.D.		YES	NO	N.D.	
()	()	()	ASTROLOGY	()	()	()	FAITH HEALING
()	()	()	E.S.P.	()	()	()	SPIRITUALISM
()	()	()	REINCARNATION	()	()	()	CLAIRVOYANCE
()	()	()	WITCHCRAFT	()	()	()	GHOSTS
()	()	()	ASTRAL PROJECTION	()	()	()	HYPNOTISM
()	()	()	TRANCE MEDIUMS	()	()	()	PALMISTRY
()	()	()	LIFE AFTER DEATH	()	()	()	MAGIC
()	()	()	HUMAN AURA	()	()	()	NUMEROLOGY
()	()	()	PSYCHIC PREDICTION	()	()	()	UFO'S
()	()	()	POWER OF PRAYER	()	()	()	FORTUNE TELLING
()	()	()	GOOD LUCK CHARMS	()	()	()	TELEPATHY
()	()	()	NECROMANCY	()	()	()	MIRACLES
()	()	()	HOROSCOPES	()	()	()	DREAMS
()	()	()	DIVINING	()	()	()	SEANCES
()	()	()	PHROPHETS & SEERS (NOSTRADAMUS, EDGAR CAYCE, JEAN DIXON)				
()	()	()	WATER WITCHING OR DOWSING				

TO ASSIST IN TABULATING DATA, ANSWERS TO THE FOLLOWING QUESTIONS WOULD BE HELPFUL. LEAVE BLANK ANY SPACE YOU DO NOT WISH TO ANSWER. NO NAME REQUIRED SINCE INFORMATION REMAINS 100% CONFIDENTIAL.

AGE _____ SEX _____ RACE _____ I.Q. IF KNOWN _____
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() CHECKMARK HERE IF YOU'D LIKE TO RECEIVE A FREE COPY OF THE FINDINGS OF THIS SURVEY ONCE IT'S COMPLETED. PLEASE ALLOW SUFFICIENT TIME FOR RESULTS TO ARRIVE AND BE TABULATED.

A SICK WITCH

HOW DO YOU HANDLE A SICK WITCH? ABOUT THE SAME WAY YOU'D HANDLE A PORCUPINE WITH RABIES. LEASTWISE, FROM MY OWN FIRST EXPERIENCE, THAT'S WHAT I'D HAVE TO CONCLUDE. IT ALL BEGAN LIKE THIS.....

FOLLOWING THE BIG FESTIVAL LAST SUMMER I PUT OUT A BULLETIN TELLING ABOUT IT AND MAILED HUNDREDS OF THEM TO INTERESTED FOLKS WHO WEREN'T ABLE TO BE PRESENT. SOME OF THOSE COPIES WERE MAILED TO FOLKS LISTED IN THE NEW AGE DIRECTORY. THIS, IS HOW WE MADE CONTACT.

ANYWAY, BACK CAME AN ORDER FOR A SUBSCRIPTION TO "THE TRUTH" AND A SMALL ORDER FOR A FEW HERBS WE HAD LISTED ALONG WITH AN ENTHUSIASTIC LETTER THAT INDICATED A DESIRE TO VISIT PERSONALLY HERE. FOLLOWING A LITTLE EXCHANGE OF CORRESPONDENCE WE FINALLY SET A DATE IN OCTOBER. AT THE LAST MINUTE IT WAS DISCOVERED THAT SHE HAD MADE AN ERROR IN THE DATE OF THE FULL MOON SO SHE HAD TO DO SOME HASTY RESCHEDULING. IT SEEMS SHE HAS TO GO TO A HOSPITAL EVERY OTHER DAY FOR DIALYSIS. SINCE SHE COULDN'T RESCHEDULE THE MOON, SHE HAD TO MAKE A LAST MINUTE RESCHEDULING OF HER HOSPITAL TIME. ANYWAY, FINALLY SHE HEADED OUR WAY. THEN SHE MADE AN ERROR IN THE DIRECTIONS I HAD SENT HER AND I WOUND UP WITH A COLLECT CALL LONG DISTANCE FROM A LOST WITCH.

EVENTUALLY, IN SPITE OF ALL THE ERRORS, SHE ARRIVED HERE ABOUT SUNDOWN ON THE EVENING OF THE FULL MOON. I WILL GIVE HER CREDIT; SHE HAD THOUGHTFULLY BROUGHT A BOTTLE OF RED WINE. THE EVENING BEGAN WITH A PLEASANT PERIOD OF CONVERSATION FOLLOWED BY ONE OF VERA'S TERRIFIC SPAGHETTI DINNERS AND A GLASS OF WINE. EVENTUALLY TIME FOR RITUAL APPROACHED.

DURING CONVERSATION SHE TOLD US OF AN IMPENDING FESTIVAL SHE PLANNED TO PARTICIPATE IN AND ASKED WHAT WE HAD AVAILABLE THAT SHE COULD OFFER AT THE EVENT. SHE WAS EVIDENTLY REFERRING TO HERBS TO MAKE INTO LITTLE SACHETS AND CONJURE BAGS. MEANWHILE, MY MIND ZEROED IN ON AMETHYST NECKLACES. WE THINK IN TERMS OF HEALING RATHER THAN SPELLS AND CURSES. I SUGGESTED THAT I HAD ON HAND DOZENS OF CHAINS, BELL CAPS, JUMP RINGS, CRAZY GLUE, AND A PRIME SELECTION OF GEM-GRADE UNCUT AMETHYST. SINCE THE OCCULT BELIEF IN THE HEALING POWER OF AMETHYST IS ALMOST UNIVERSAL, I COULD THINK OF NO MORE APPROPRIATE ITEM TO OFFER DURING THE FESTIVAL THAN NECKLACES OF AMETHYST THAT HAD BEEN CHARGED WITH POSITIVE POWER DURING A RITUAL.

BECAUSE NATURAL SCIENCE IS A RELIGION OF NATURE, IT STANDS TO REASON THAT WE HAVE A LOT OF FRIENDS WHO FOLLOW VARIOUS RELIGIONS OF NATURE OTHER THAN OUR OWN. FOR THIS REASON WE HAVE HUNDREDS, MAYBE THOUSANDS OF PAGAN FRIENDS WE SOCIALIZE AND PRAY WITH. IN ALL OUR LITERATURE TO PAGANS WE MAKE IT CLEAR THAT OUR RITUAL IS DIFFERENT THAN THEIRS BUT THAT WE WILL FOLLOW AND RESPECT THEIRS ANYTIME WE GATHER FOR A JOINTEVENT. WE ALSO STATE THAT OUR RITUAL WILL PREVAIL WHEN THEY COME AS GUESTS TO A NATURALIST EVENT. SO, ON THE BASIS WE INVITED OUR GUEST, THE SICK WITCH, TO LEAD THE RITUAL CHARGING THE AMETHYST.

TO DESCRIBE THE RITUAL I MUST FIRST DESCRIBE THE PLACE. PARADISE IS BIG, 70 ACRES OF FLORIDA WEEDS....AND IT WAS NIGHT TIME....AND SHE WAS OLD AND SICK. THEREFORE, INSTEAD OF CARRYING EVERYTHING UP TO OUR CHAPEL, WE CHOSE THE HOUSE. NOW, OUR HOUSE IS CROWDED WHEN THREE PEOPLE OCCUPY IT AT THE SAME TIME BECAUSE WE LIVE IN A MOBILEHOME AND HAVE MY OFFICE IN THE LIVINGROOM. ALSO, WE HAVE SHELVES WITH HUNDREDS OF JARS OF HERBS, A CONSOLE COPIER, FILING CABINETS, ETC. THUS...A RITUAL ON THE KITCHEN TABLE.

ALTHOUGH I CLEARLY POINTED OUT TO HER WHICH WAY WAS NORTH, SHE DID NOT USE THE POINTS OF THE COMPASS OR, FOR THAT MATTER, A CIRCLE. SHE DID, HOWEVER, PUT ON AN IMPRESSIVE VERBAL DEMONSTRATION. I WILL SAY THIS, "EVEN IF SHE HAS NOTHING ELSE, SHE SURE DOES HAVE A GIFT OF GAB." ANYWAY, IT WAS AN OK RITUAL, EVEN IF NOT ACCORDING TO ANY KNOWN PAGAN TRADITION. VERA AND I, OF COURSE, FOLLOWED INSTRUCTIONS AS WOULD ANY NOVICE TO ANY TRADITION.

THE FOLLOWING MORNING I LAID OUT THE CHARGED AMETHYST, CHAINS, AND MAKINGS, AND SHOWED HER HOW TO ASSEMBLE THEM INTO NECKLACES. SURELY, I THOUGHT, A NECKLACE, HAND-MADE BY A WITCH AND CHARGED WITH POWER DURING A RITUAL HELD ON A NIGHT OF THE FULL MOON, SHOULD OFFER A SPECIAL APPEAL TO THOSE LAYMEN WHO ARE INTERESTED IN THE OCCULT BUT NO YET BRAVE ENOUGH TO PURSUE IT PERSONALLY. I COULD VISUALIZE OUR WITCH AS BEING ABLE TO SELL AS MANY AS SHE WAS WILLING TO MAKE AND CARRY TO THAT FESTIVAL.

UNFORTUNATELY SHE LACKED THE NIMBLE FINGERS, THE PATIENCE, OR SOMETHING IT REQUIRED BECAUSE SHE GAVE UP AFTER ASSEMBLING ONLY 6 NECKLACES. A FEW HOURS LATER SHE GATHERED HER NECKLACES AND PERSONAL EFFECTS, BID HER FAREWELLS, AND HEADED HOME. IT WAS A PLEASANT PARTING WITH LITTLE GIFTS EXCHANGED AND HER EXPRESSED DESIRE TO RETURN AGAIN IN A MONTH.

IMAGINE MY SURPRISE WHEN, A FEW DAYS LATER, I RECEIVED A POSTAL CARD CALLING ME NAMES AND REQUESTING A REFUND OF HER SUBSCRIPTION PRICE ON THE TRUTH. A CHURCH CHECK FOR REFUND, ALONG WITH A NICE NOTE WAS SENT IMMEDIATELY. A FEW DAYS LATER ANOTHER SCATHING POSTAL CARD ARRIVED IN THE SAME MAIL WITH THE RETURN OF OUR REFUND LETTER MARKED "REFUSED".

WHAT MAKES A PERSON REFUSE THE REQUESTED REFUND THEN WRITE POSTAL CARDS TO COMPLAIN ABOUT NOT GETTING IT? FOR THAT MATTER, WHAT MAKES A PERSON LEAVE SO HAPPY THEY INVITE THEMSELVES BACK THEN SUDDENLY START WRITING VINDICTIVE POSTAL CARDS? THEN THERE'S THE QUESTION OF WHO OWED MONEY TO WHOM ANYWAY. SHE LEFT HERE WITH 6 AMETHYST NECKLACES "ON CONSIGNMENT". SHE WAS TO USE HER OWN JUDGEMENT ABOUT HOW MUCH SHE SOLD THEM FOR AND HER OWN DISCRETION AS TO WHAT SHE FELT LIKE PAYING US LATER.

I WAS AWARE FROM THE ONSET THAT SHE WAS A SICK WOMAN AND ADMIT IT STRUCK ME AS RATHER ODD THAT A PERSON WHO PURPORTED TO BE A WHITE WITCH SHOULD BE SO PHYSICALLY ILL. YOU'VE HEARD THE OLD EXPRESSION, "PHYSICIAN, HEAL THYSELF". I KNOW A LOT OF WHITE WITCHES AND KNOW THAT MOST OF THEM ARE CAPABLE HEALERS. DURING HER VISIT WITH US WE HAD A RATHER LENGTHY DISCUSSION OF HER ILLNESS AND ESTABLISHED TENTATIVELY THAT THE ILLNESS FOLLOWED A PERIOD OF EXTREME EMOTIONAL STRAIN. IT SEEMS SHE WAS FIRED FROM HER JOB BECAUSE OF HER WITCHCRAFT ACTIVITIES INVOLVING CUSTOMERS OF HER EMPLOYER. THEN SHE SUED HIM AND LOST HER COURT CASE. DURING THAT SAME CONVERSATION, HOWEVER, SHE MADE IT CLEAR THAT, WHILE SHE CONSIDERED HERSELF TO BE A WHITE WITCH, HER THINKING AND HER ACTIONS TOWARD MANY PEOPLE WHOSE LIVES TOUCHED HERS WAS "BLACK". SHE BRAGGED REPEATEDLY OF THE NASTINESS AND DIRTY TRICKS SHE PULLED ON EVERYONE SHE HAD A REAL OR FANCIED DISAGREEMENT WITH.

NOW, DON'T GET THE WRONG IMPRESSION ABOUT WITCHES FROM THIS ONE. I'VE MET HUNDREDS OF THEM AND FIND THAT ALMOST WITHOUT EXCEPTION THEY'RE DERNED NICE PEOPLE WHO LOVE THE EARTH AND ALL THE CREATURES ON IT. THERE IS AN INSEPARABLE LINK BETWEEN YOUR SPIRITUAL AND PHYSICAL HEALTH AND THIS WITCH IS SICK, SICK, SICK. MAYBE SHE GOT SICK IN SPIRIT AFTER HER PHYSICAL ILLNESS STRUCK. THEN MAYBE SHE GOT PHYSICALLY ILL AS AN AFTEREFFECT OF HER SPIRITUAL SICKNESS. I HAVE NO WAY OF KNOWING WHICH CAME FIRST, THE CHICKEN OR THE EGG! I DO KNOW SHE EXPRESSED BLACK THOUGHTS ABOUT EVERYTHING AND EVERYBODY IN HER PAST WHILE SHE VISITED US AND I GOT THE IMPRESSION FROM THE FRIENDLY DEPARTURE THAT SHE HAD NO GRIEVANCE OF ANY KIND AGAINST US. THEN I KNOW WE, WITHOUT PROVOCATION, BECAME THE TARGETS OF HER WRATH. I KNOW ALSO THAT SHE PULLED THE KIND OF STUNTS NO PERSON WOULD CONSIDER UNLESS THEY WERE SICK.

HOW DO YOU HANDLE A SICK WITCH? ABOUT THE SAME WAY YOU'D HANDLE A PORCUPINE WITH RABIES! A RATIONAL PERSON USUALLY HAS A REASON FOR THE THINGS THEY DO. FURTHER, IF A PERSON IS THINKING NORMALLY THERE IS A CLEAR AND PREDICTABLE PATTERN TO THEIR ACTIONS. A SPECIFIC COURSE OF ACTION WILL PRODUCE A PREDICTABLE RESULT. BUT A SICK PERSON HAS NO REASON FOR WHAT THEY DO AND THEREFORE ITS VIRTUALLY IMPOSSIBLE TO PREDICT THE PATTERN TO FUTURE ACTS. I HAVE NOTHING IN THIS WORLD AGAINST PORCUPINES, SICK OR WELL, BUT, FOR DERNED SURE, I WANT NOTHING TO DO WITH HANDLING THEM. THIS IS, LIKEWISE, MY ATTITUDE ABOUT A SICK WITCH. MY MOMMY TAUGHT ME, AS A LITTLE BOY, THAT IF YOU LAY DOWN WITH A DOG, YOU GET UP WITH FLEAS.



"The witches brew is on the stove, that's my potty."

I'VE ALREADY TRIED TO BEFRIEND AND HELP THIS SICK OUTCAST CREATURE AND HAVE BEEN BIT. SHE HAS MY SYMPATHY BUT, FROM HERE ON FORTH SHE'LL GET THAT SYMPATHY FROM A SAFE DISTANCE. ONLY AN ABSOLUTE FOOL WOULD AGAIN TOUCH A CREATURE THAT BITES YOU WHILE YOU'RE HELPING IT.

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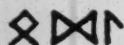
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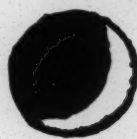
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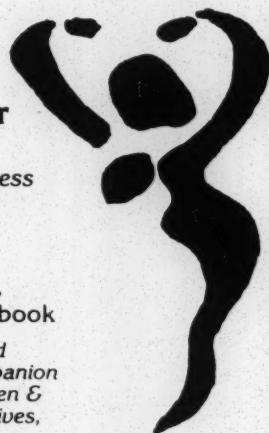
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